



# 2017 Evidence-Based Programming Augmentation for RSVP Programs



# Housekeeping



- Lines on mute. Please mute your line as well for Q&A
  - \*6 on a touch-tone phone.
  - Blue microphone on Skype
- Call is being recorded
- Joining via Skype and viewing Appendix C (available at <http://go.usa.gov/x8ZNa>) highly recommended



# Agenda

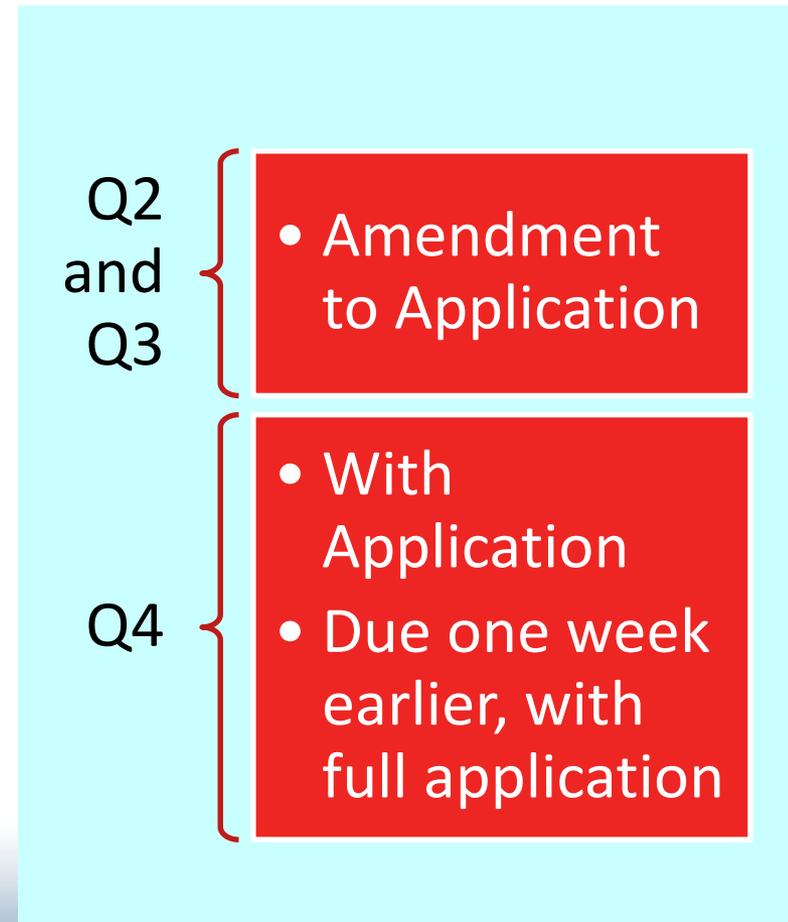


- **The Basics: Appendix C**
- What Is Evidence-Based Programming? What Will This Opportunity Support?
- Evidence-Based Programming in Practice
- How to Apply



# The Basics: Appendix C

- ❑ Available on Managing Senior Corps Grants
- ❑ Posted Nov. 1, 2016
- ❑ All FY2017 renewing grantees are eligible
- ❑ Funds available:
  - \$300,000 for SCP
  - \$400,000 for FGP
  - \$500,000 for RSVP
- ❑ All applications due **April 17, 2017**
- ❑ One-time award, expendable over three years



# An Opportunity, Not an Expectation



# Agenda



- The Basics: Appendix C
- **What Is Evidence-Based Programming? What Will This Opportunity Support?**
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# Appendix C Excerpt



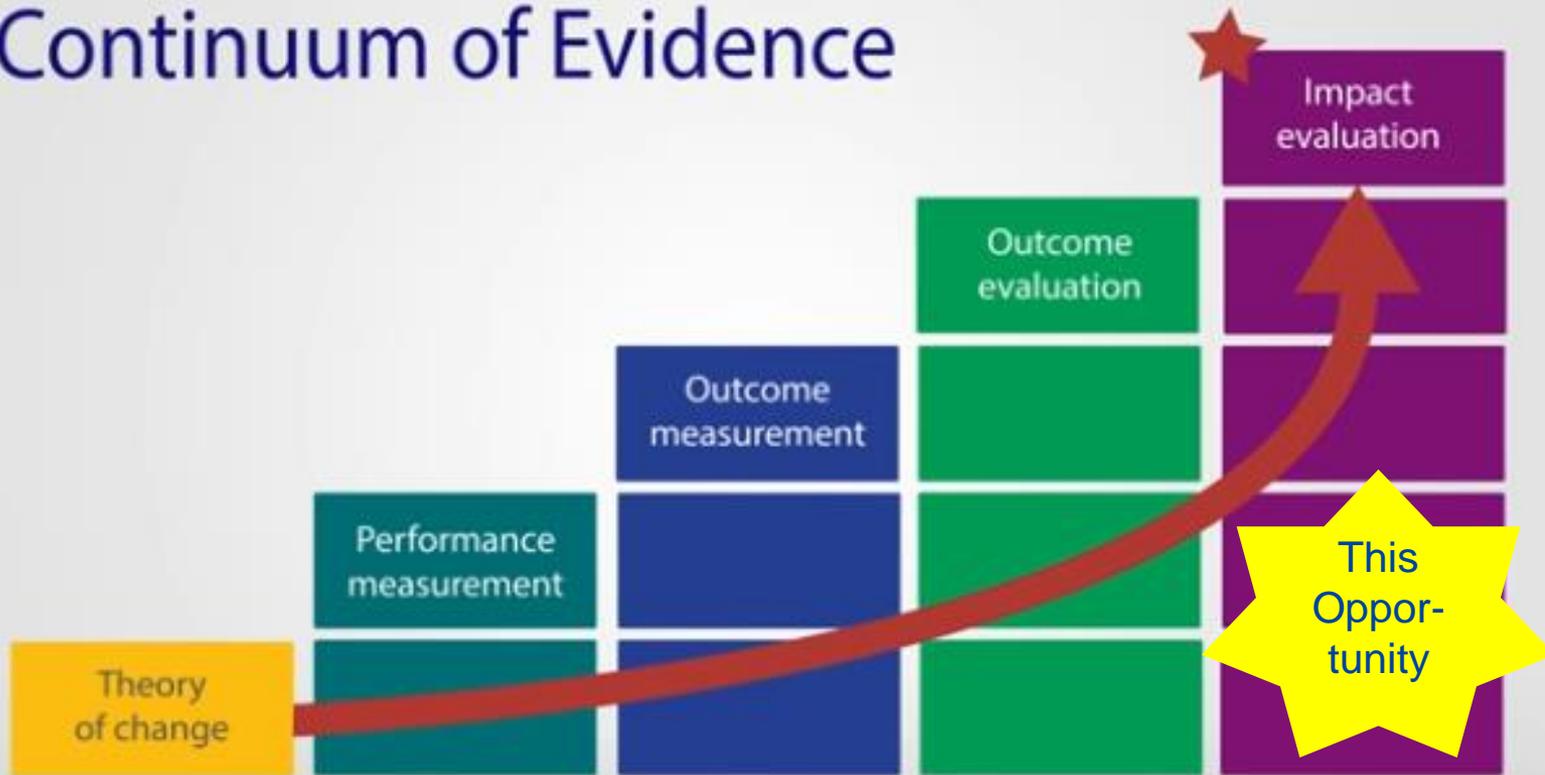
## Evidence-Based Program:

- Refers to a set of activities and practices supported by a theory of change tested through rigorous impact evaluation.
- These impact evaluations have demonstrated a causal relationship between specified program activities and outcomes.

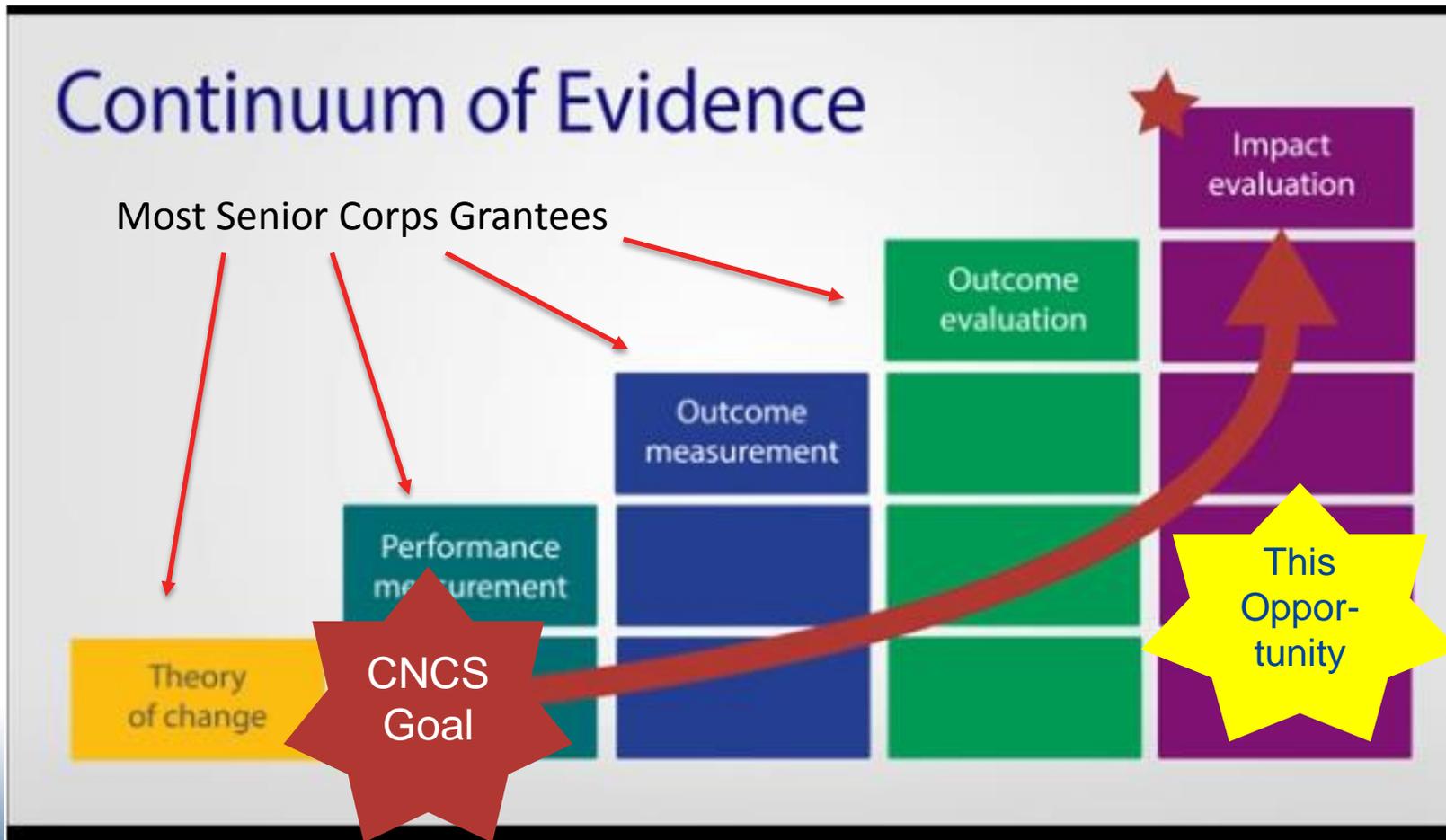


# Senior Corps and Evidence-Based Programming

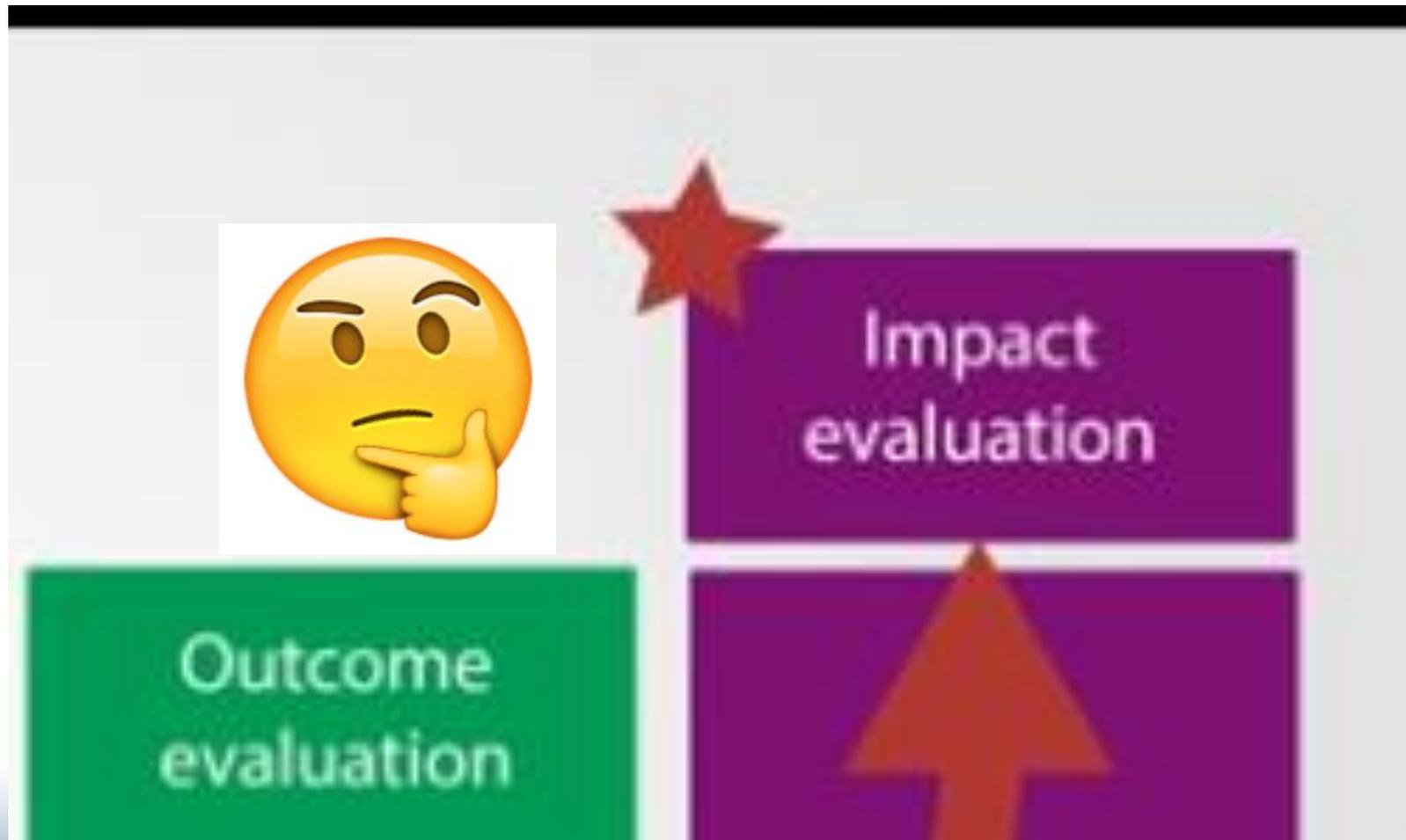
## Continuum of Evidence



# Senior Corps and Evidence-Based Programming



# What is Evidence-Based Programming?



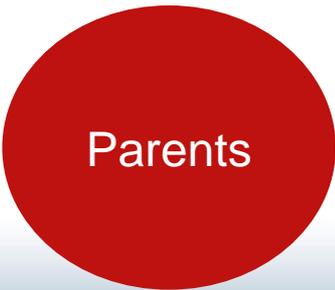
# Example: The Magic Apple



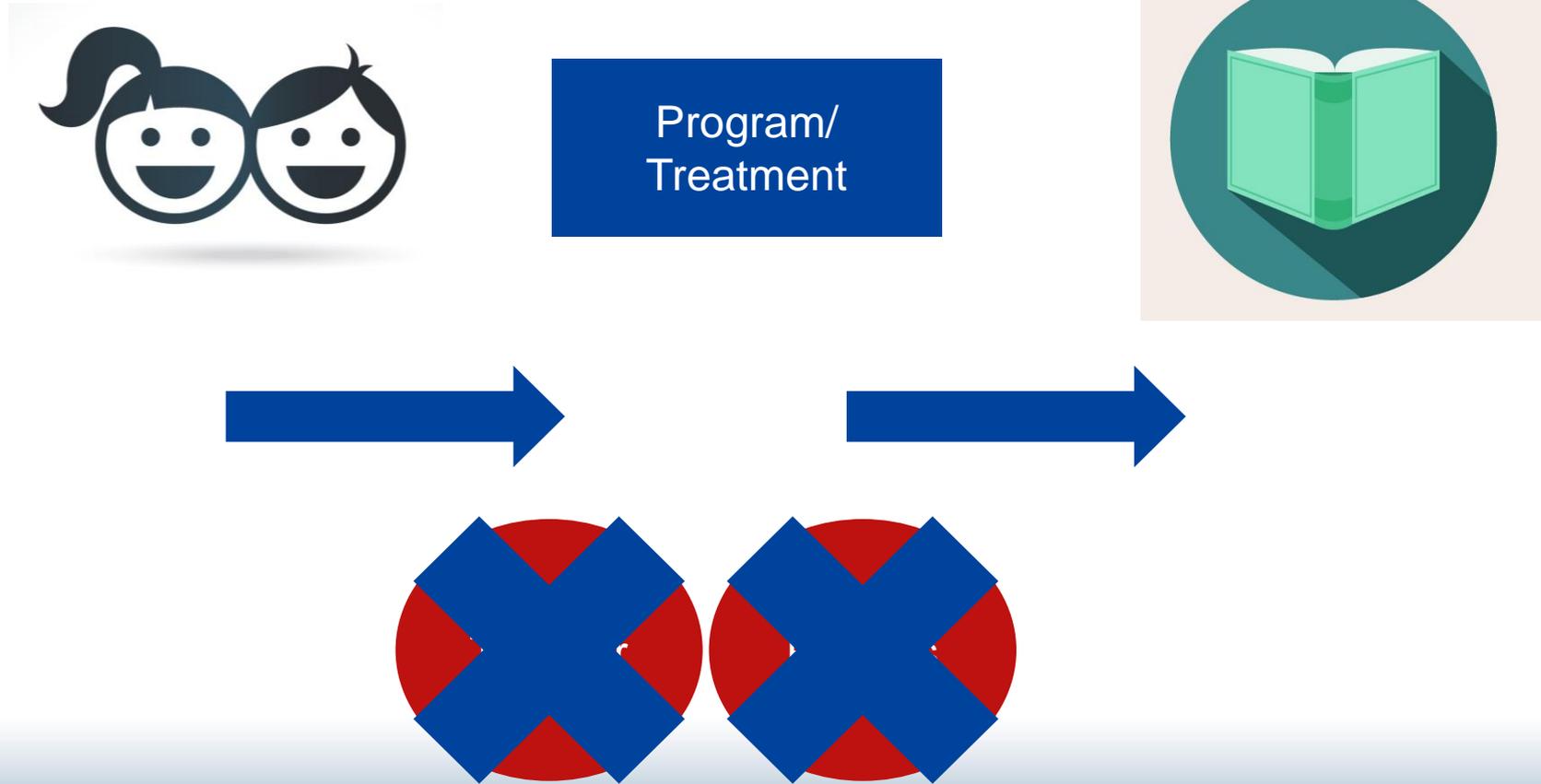
# Example: Literacy



Program/  
Treatment



# What is Evidence-Based Programming?



# The Secret Sauce

These programs have a set of standards that ensure they're implemented the same way in different contexts – the secret sauce that makes them effective.



# The Secret Sauce

## Baking

### Reading Partners

- Audience: .5 to 2.5 years behind grade level
- Standard assessment
- Standard curriculum
- Site coordinator
- Dedicated space



## Cooking

### Big Brothers, Big Sisters Community-Based Mentoring

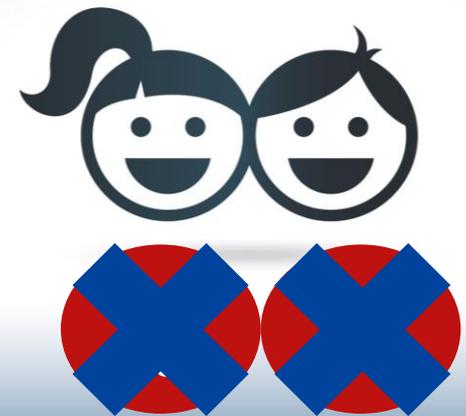
- Age 6-18, generally low-income, single-parent
- 2-4 times per month
- Meetings 3-4 hours
- Activities customized to participant
- Guided by broad operating standards



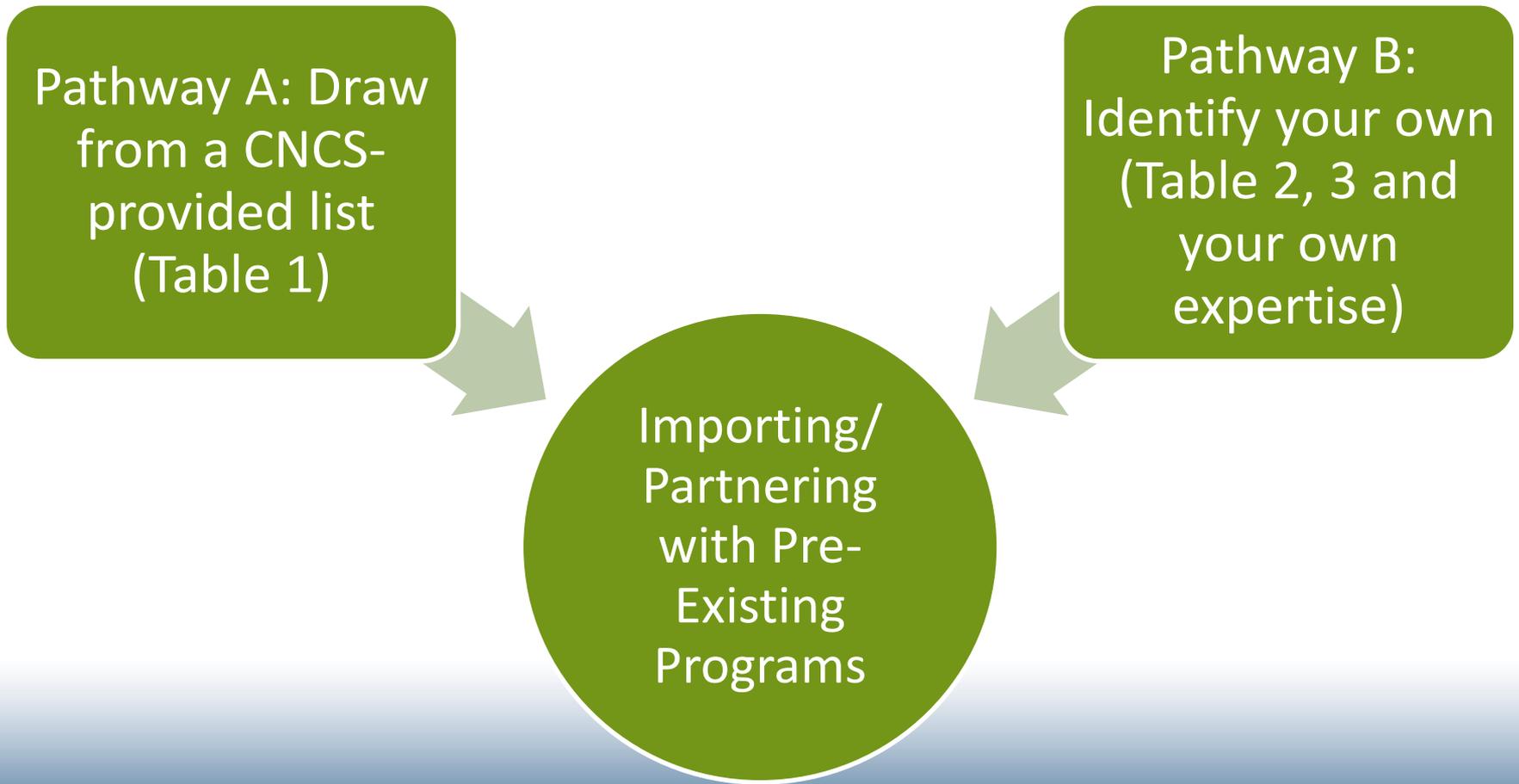
# Appendix C Excerpt

## Evidence-Based Program:

- Refers to **a set of activities and practices** supported by a theory of change tested through rigorous impact evaluation.
- These impact evaluations have demonstrated a **causal relationship between specified program activities and outcomes.**



# Appendix C: Two Pathways



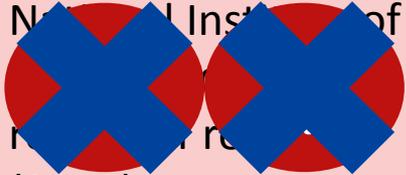
# Table 1



Program Name & Developer Website	Demonstrated Impacts	Mode & duration	Evidence Review
Across Ages <a href="http://acrossages.org">http://acrossages.org</a>	Improved attitudes toward school, future, and elders. Fewer absences from school.	Mentoring...with students 10 to 13 years old for a minimum of two hours per week...26 weekly 45-minute Social Problem-solving lessons....	For a US Department of Justice (USDOJ) National Institute of Justice-sponsored review of research (2013), see...

# Table 1



Program Name & Developer Website	Demonstrated Impacts	Mode & duration	Evidence Review
<p>Across Ages  <a href="http://acrossages.org">http://acrossages.org</a></p>	<p>Improved attitudes</p> 	<p>M            st            ye            m            ho            we            Sc            le:</p>  <p>g</p>	<p>For a US Department of Justice (USDOJ) National Institute of Corrections (NIC) report (2013), see...</p> 
<p>Program of All-Inclusive Care for the Elderly</p>	<p>Fewer hospitalizations, nursing home stays and depressive symptoms; better self-reported health</p>	<p>PACE programs coordinate and provide...Participants are transported to a center for therapies and interdisciplinary team care.</p>	<p>For an Administration for Community Living-sponsored review of research (2012) on patient outcomes within the PACE program, see...</p>

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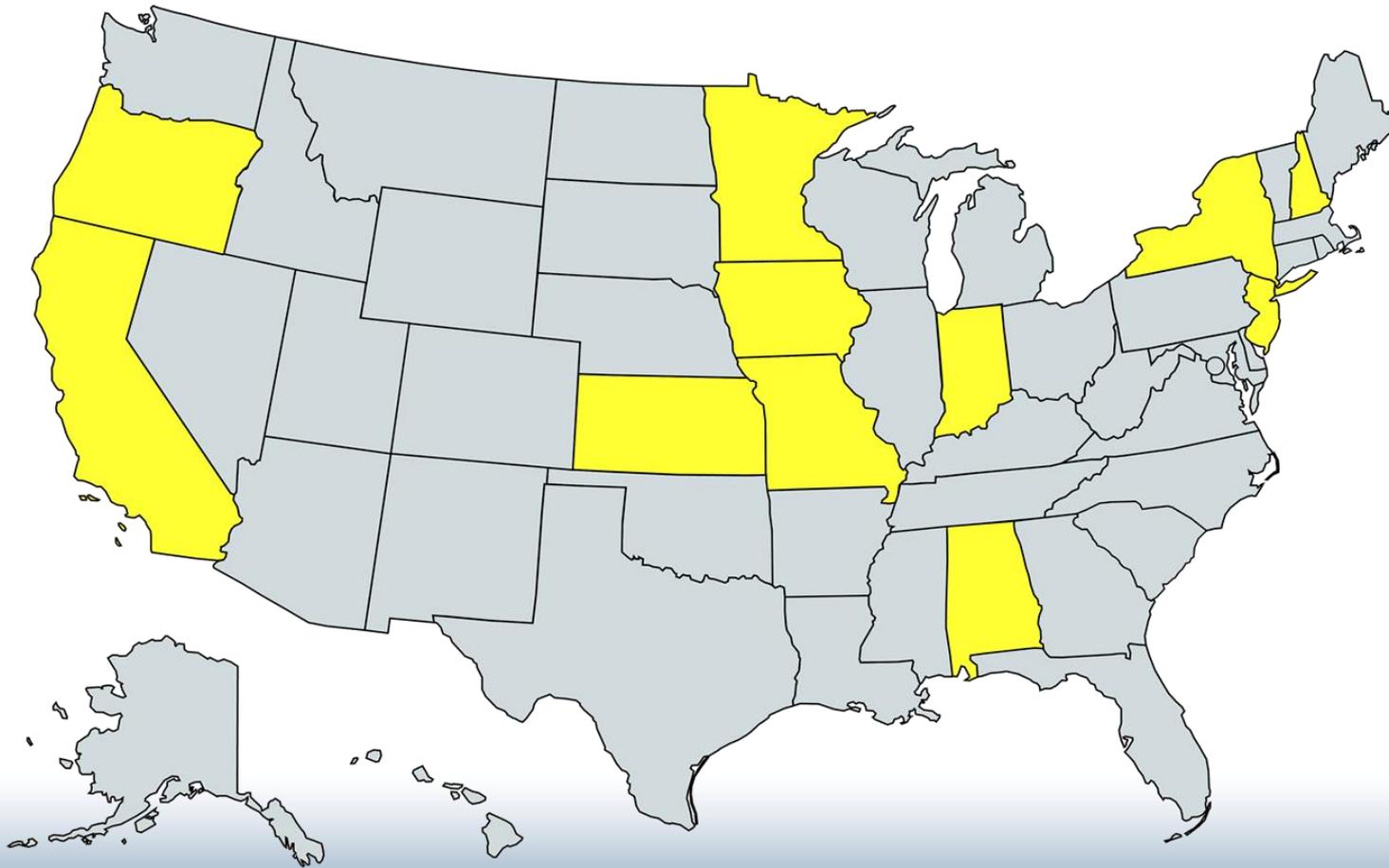
# It's About Fit



# The Augmentation in 2016

- Award Size: \$7,000 to \$127,000
- Urban and Rural
- Additional Persons Served: 33-600
- Activities:
  - Education
  - Health Education
  - Senior Exercise
  - Care for the Elderly

# States with Successful Applicants



# Example 1: Health Education

- **Region:** Rural New England
- **Sponsor:** Community Action Program
- **Evidence-Based Program:** Matter of Balance
- **Purpose:** Decreased fear of falling and associated restrictions
- **Structure:** Eight two-hour small group sessions over 4-8 weeks
- **Work Plans:** H4 (Clients in health education programs)
- **Additional Persons Served:** ~500
- **Cost:** ~\$49,000
- **Costs Include:**
  - Master Trainer Certification
  - Supplies
  - Marketing
  - Travel for Trainers

# Example 2: Education

- **Region:** Small Midwest city
- **Sponsor:** Local human services nonprofit
- **Evidence-Based Program:** Experience Corps
- **Purpose:** Reading comprehension for high-need youth
- **Implementation:** Engage new stations and volunteers
- **Work Plans:** ED2 (participation in K-12 ed. Program) and ED27 (improved engagement)
- **Additional Persons Served:** ~114
- **Cost:** ~\$80,000
- **Costs Include:**
  - Staff management
  - Volunteer recruitment and recognition
  - Volunteer training
  - Supplies

# Example 3: Senior Care

- **Region:** Suburban/rural county in Pacific NW
- **Sponsor:** County Social Services Agency
- **Evidence-Based Program:** Senior Reach
- **Purpose:** Outreach and care to older adults in need of support
- **Implementation:** License, with three years of technical support
- **Work Plans:** H8 (independent living services) and H9 (social ties/support)
- **Additional Persons Served:** ~240
- **Cost:** ~\$59,000
- **Costs Include:**
  - Licensing
  - Training Logistics
  - Staff Management
  - Supplies for volunteers



Senior Corps

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# How to Apply



## 2. Instructions

The request should not exceed four pages, not including citations or the Budget Information section. Using the template below, create a narrative with all requested information. In eGrants, paste the narrative into the 'Other' section of the application narratives (see Senior Corps grant application instructions, Part II. Section F: Other NOFA Requirements). Print the application from eGrants to ensure that the page restriction is maintained.



# Budget Information



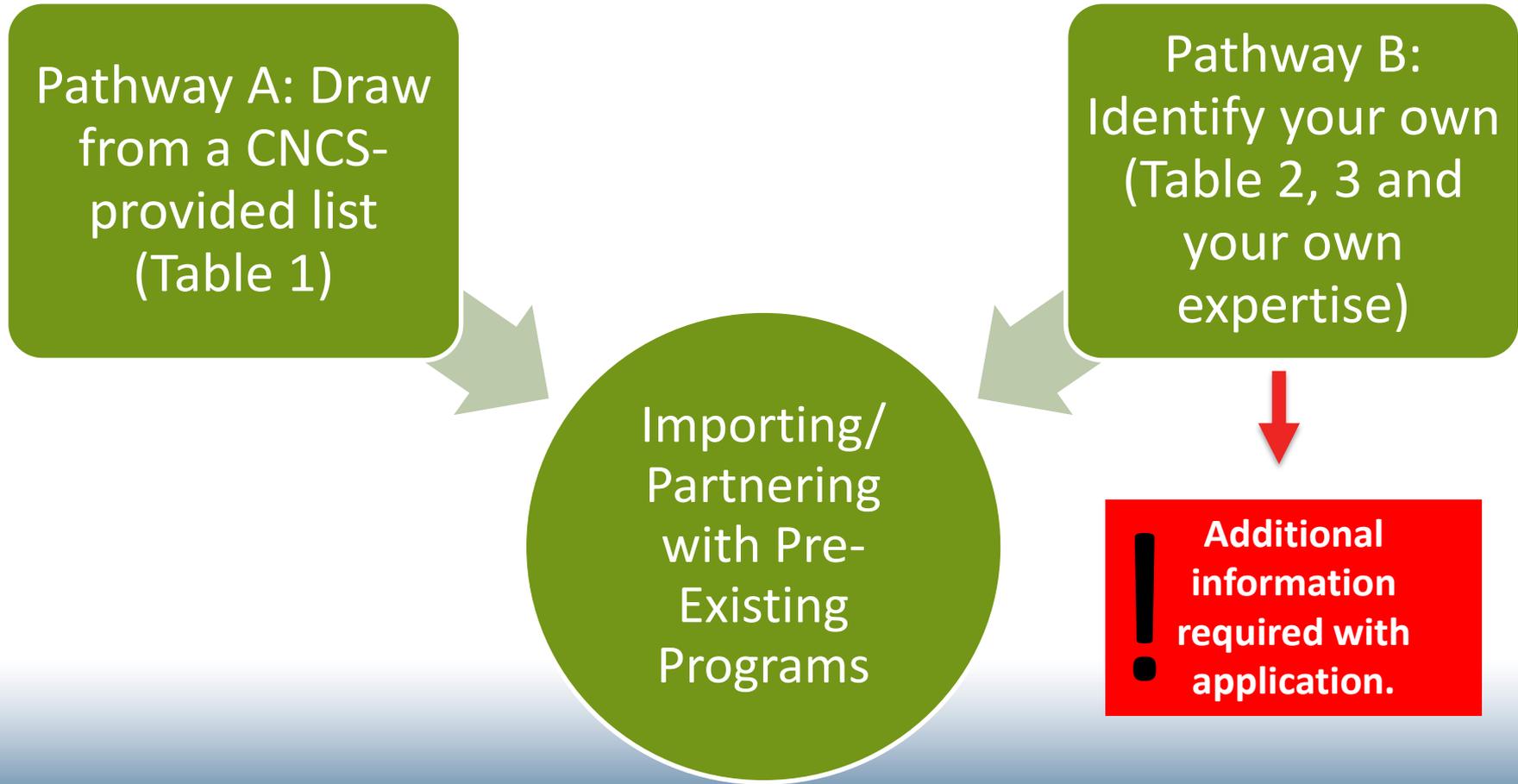
## BUDGET INFORMATION

- 9) What is the total augmentation request through end of project period? Please state the aggregated total and provide a break out by year. (i.e. Year 1 \_\_\_ Year 2 \_\_\_ Year 3 \_\_\_ Total \_\_\_):
  
- 10) Describe how augmentation funds will be used to support the implementation of the evidence-based program for YEAR ONE. Provide projections for Budget Section I: Volunteer Support and for Budget Section II: Volunteer Expenses. Include a description of the budget line items that typically fall in each budget category. (For example, for Volunteer Support: Personnel, Travel, Supplies, and Equipment. For Volunteer expenses: Stipend, transportation, insurance, recognition.)
  
- 11) What sources and amounts of non- CNCS support will be applied to meet the match requirement?

# Budget Considerations

- ✓ Base + augmentation may not exceed \$500,000
- ✓ Full amount awarded once, may be expended over three years
- ✓ All typical funding requirements, including match, apply
- ✓ **One time** augmentation → Plan to sustain costs after three-year award

# Pathway B



# Selection Criteria



- Clear Model and Activities
- Fidelity to program
- Volunteer training, placement and supervision
- Appropriate budget and work plan changes



# Timing



- **All applications due April 17, 2017**
- Jan. 1 and April 1 cohorts: submit as **amendment**
- July 1 cohort: submit with application, **one week early**
- **Remember!** Prepare outside of eGrants, enter only when ready to submit.





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