

# Life After AmeriCorps Day 2006

## Wednesday, June 7, 2006



Planning Committee: Neil Schulman, Jennifer Bullock, Natalie Pacholl, Rebecca Nesbit, Margi Guilfoyle, Jessica Wade, Patricia Bollin

**8:30 – 9:00**

**Registration:** If you are interested in having your resume reviewed, be sure to sign up for a resume review session during registration. Resume review sign-up sheets are in the Ballroom.

**9:00-9:15**

**Welcome:** Kathleen Joy

**Room #**

**Ballroom  
355**

**9:30-11:45: One-on-One Resume Assistance      Sign up for a 20 min Session**

**Sample event program**

**TBA**

**Resume Assistance**

*If you bring your resume, you can sign up for one-on-one resume reviews with human resource professionals. After registering, you can sign up in the ballroom for a 20 minute session to get personalized advice on your resume! Review slots are limited and will be filled on a first come, first serve basis.*

**Sherrie Jackson, Recruitment Coordinator, Northwest Service Academy**

Jackson is a licensed human resources professional and has been NWSA's recruitment coordinator for eleven years.

**Bonny Cushman, Outreach Coordinator, Northwest Service Academy**

Cushman has been with Northwest Service Academy for eight years in several positions, including recruitment of AmeriCorps members. She has an academic and professional background in Communication, Journalism, and Public Relations

**Ruth Lloyd, Human Resources Director, Ankrom Moisan Associated Architects**

Currently, Lloyd oversees 170 employees. With 25 years of experience supervising people and managing offices, she has seen many resumes and knows what a strong resume looks like.

**Jeff Weintraub, Senior Technical Recruiter, Adecco Technical**

Weintraub's professional background includes recruiting, sales and recreation management. He spent numerous summers as a program director and assistant director for several residential summer camps in California, Washington and New York, hiring program staff each season.

**Mary Hood, Human Resource Specialist, Liberty NW**

Hood has over 20 years experience in the field of Human Resources, having worked in manufacturing, public sector, and service organizations. She served as Human Resources Representative for the Vancouver, WA Housing Authority from 1994 - 1996. Since 1996, Hood has worked for Liberty NW currently serving as a Principal Human Resources Generalist. She is past president and board member of the Columbia-Willamette Compensation Group, and is an active member of the Portland Human Resources Management Association. She has obtained professional certifications of Senior Professional in Human Resources (SPHR) and Certified Compensation Professional (CCP).

**Emily Leete, Human Resources Assistant, Ankrom Moisan Associated Architects**

Leete assists the HR Director with the overseeing of day to day functions of a 250 person firm. She manages the administrative staff and is responsible for hiring and supervision.

Sample event program

**9:30 – 10:30 - 60 min Workshops**

**Room #**

**Personal Finance**

*There won't be a stipend when your service is over, but there will still be a need for a budget and a desire to save. This session will address perspectives on financial change and transition. The goals of the session are to reduce the stress around finances that can accompany times of change and to provide the knowledge that leads to accomplishing personal goals. Come learn about tools that can help make your money work for you as you begin your next chapter.*

**Linda Kadoun, Career Placement Specialist, Workforce Network-Portland Community College**

Kadoun has 25 years of experience teaching financial and life skills from youth to elderly. Currently, Kadoun is out-stationed at a DHS Self-Sufficiency Office where she teaches clients about financial literacy and overcoming barriers to self-sufficiency.

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**Board/Commission Membership Panel**

*Volunteering to serve as a commissioner or board member can be an enriching experience: an opportunity to meet people, learn about organizations and how they work, utilize and contribute your skills, and more fully understand community issues. It is also an excellent avenue for developing a network of professional contacts.*

**Nancy Goss-Duran, Executive Appointments Director, Office of the Governor**

Goss-Duran has been involved in political campaigns, special events, and policy issues since moving here from Washington DC. She was the Senior Vice-President of Northwest Strategies, a public relations firm, for 14 years and worked as an Executive Analyst for the Metro Executive, Mike Burton, for five years. She has been involved in a number of high-profile political campaigns across the State and has been on the Governor's staff since 2003.

**Matt Fisher, Commissioner, Oregon Commission for Voluntary Action and Service**

Fisher currently works to keep roadless areas in Oregon's national forests protected. He served as an AmeriCorps Team Leader for the Northwest Service Academy in 2005. In 2005, he applied for and was appointed by Governor Kulongoski as a commission member for the Oregon Commission for Voluntary Action and Service.

**Eva Schwebber, Forethought Consulting**

Schwebber operates Forethought Consulting, a non-profit management and strategic planning enterprise. She is a board member of CNRG, a past board member of Habitat for Humanity, and works with the City Club of Portland.

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## Education Careers Panel

*In the past year, if your service as a tutor, community educator, or mentor has sparked or solidified your interest in education then this is the panel for you. Come hear what people working in education have to say about the challenges and benefits of working in the field.*

### **Lani Gordon, Professional Development Coordinator, ESD112**

Gordon graduated from the University of Washington with a BS and completed her Master of Education and Reading Endorsement from the University of Portland. She received her Education Administrator credential from Central Washington University. She has been in education for more than 30 years with experience in both public and private education. Her career has included paraeducator, third- and fifth-grade teacher, reading specialist for K-6, overseeing district K-12 language arts Title 1 programs, elementary principal, and Vice President of curriculum Development for an education company specializing in K-12 intervention programs in reading and math.

### **Keith Thomajan, President/CEO, Camp Fire USA**

Thomajan began his professional career in 1992 with Teach for America, teaching in South Central LA immediately after the riots there, and then spent two years teaching English in East Oakland, California. After four years of teaching, Thomajan began a seven-year stint with Outward Bound, instructing mountaineering and rock climbing courses, directing a program in the Florida Everglades for at-risk youth, and serving as Development Director in Portland.

### **Sara Carmona, Program Coordinator, Girls Leadership and Development (GLAD) at Boys and Girls Aid Society**

Carmona holds a BA in Theater from Willamette University. Her background includes teaching and touring with local and international theater companies. Carmona draws on her creativity and theater experience while working with “at-risk” teens.

### **Jeanne Bennett, Director of Workforce Programs, ESD112**

Bennett manages the Workforce Investment Youth Programs for four SW Washington counties as well as the Clark County Truancy Project and the Mentoring Advanced Placement Program. These programs work to ensure that young people have the academic and work-readiness skills necessary to be successful employees and citizens. Prior to working for ESD112, Bennett was the District Director for Congressman Baird and served eight years in various congressional positions. She holds a Bachelor’s degree in History.

### **Beth Ann Short, Art Therapist**

Short graduated from Marylhurst University with a Masters in Art Therapy and is nationally certified with the American Art Therapy Association. She has worked in the world of social service as a mental health therapist providing counseling services to groups, families, and individuals of all ages. Short has had experience in medical, outpatient, secure inpatient, juvenile justice and in a school based settings while providing these services. Her clinical background specializes in Art Therapy, although Short has also been trained in traditional verbal methodologies.

Sample event program

**International Work and Service**

*Are you looking for an international work or service experience? Come and hear stories and get tips about service and work abroad. Learn about what it's really like and what you need to know before you go.*

**Natalie Pacholl, Key Area Coordinator, Washington Reading Corps**

Pacholl served in the Peace Corps from 2001-2003, teaching English as a foreign language in the village Adjohoun in Bénin, a country in West Africa.

**Amy Potthast, Manager of Public Service Careers and Graduate Ed. Programs, Idealist.org**

Potthast served in the Peace Corps in China from 1998-2000 as part of the fifth group of volunteers in China. On her first day in China she met the Clintons and Madeline Albright who were on their 1998 China tour. She served at Fuling Teachers College, Fuling, Chongqing (pronounced chohng-cheeng), and taught American literature, history, culture, etc. in English. She also taught writing and French. Fuling is right on the Yangzi River, at the confluence with the Wu River, not too far upstream from the Three Gorges Dam project --- as she was leaving, a dike was erected around the city, to protect it from the rising waters.

**Erika Johnson, Member Support Coordinator, Links AmeriCorps Program, ESD112**

Johnson served as an Envirocorps Field Team Leader with the Northwest Service Academy in 1998. In 1996-1997 she taught Conversational English in Pusan, South Korea. Her passion is her volunteer work organizing neighborhood tree plantings in partnership with Friends of Trees.

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**10:45 – 11:45 - 60 min Workshops**

**Room #**

**Applying to Graduate School**

*Thinking about graduate school? Come and find out how to apply, what to think about, and how the whole process works.*

**Courtney Hanson, Assistant Coordinator, PSU Graduate Studies**

Hanson has worked over five years in Graduate Studies at Portland State University. She recently completed a Masters in Art History at the University of Oregon. She'll provide information on graduate school admission from both sides of the spectrum.

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**Social Work Panel**

*Considering a career in Social Work? Come and hear about the joys and challenges of doing social work from a variety of professionals with a range of education and experience. Learn about different types of jobs in social work and ask questions of the panel.*

**Julie Casey, Mental Health Specialist, Portland Community College Workforce Network**

Casey assists families with overcoming barriers to self-sufficiency. A former VISTA volunteer, she has followed a non-linear but steady career path in social services working as a Community Education Coordinator for Legal Aid, a case manager for the elderly and disabled, a welfare case manager, and a therapist in the crisis and outpatient clinics of Cascadia Behavioral Health Care.

**Art Balk, Resident Services Coordinator, Housing Authority of Portland**

While at Lewis and Clark, Balk joined the University Year for Action, a VISTA program for college students. He served at Northwest Pilot Project as a housing outreach specialist. Balk has worked as a case manager for both the Northwest Pilot Project and Friendly House. For the past 12 years, he has been a Resident Services Coordinator with the Housing Authority of Portland providing services to elderly and disabled residents.

**Jean Miley, Student Assistance Specialist, Pioneer Elementary School**

Miley worked for 25 years in a variety of administrative positions in public, private, and non-profit organizations throughout New England and Oregon before deciding she wanted to make a career change to work with children and families. She returned to school part-time, getting her MSW in 2002 from PSU; while a student, she was the Franklin Caring Community Coordinator. She worked one year as the rural case manager for teen parents and then was hired at Pioneer Elementary School in 2003.

**Beth Ann Short, Art Therapist**

Short graduated from Marylhurst University with a Masters in Art Therapy and is nationally certified with the American Art Therapy Association. She has worked in the world of social service as a mental health therapist providing counseling services to groups, families and individuals of all ages. Short has had experience in medical, outpatient, secure inpatient, juvenile justice and in a school based settings while providing these services. Her clinical background specializes in Art Therapy, although Short has also been trained in traditional verbal methodologies.

Sample event program

<p><b>Networking and Informational Interviewing</b> <i>There's a lot of work that goes into getting a job especially in Oregon, where it seems like everyone knows each other. This session highlights the importance of networking and of using informational interviews to both expand your network and find out about the career paths that are out there and how to position yourself well.</i></p> <p><b>Amy Potthast, Manager of Public Service Careers &amp; Graduate Ed. Programs, Idealist.org</b> Last year Potthast was the AmeriCorps*VISTA Leader for the Clara Barton AmeriCorps*VISTA Corps at the American Red Cross Oregon Trail Chapter in Portland. She also served as a Peace Corps volunteer in China from 1998-2000.</p>	<p><b>328</b></p>
<p><b>Careers in the Private Sector</b> <i>Considering a change and interested in expanding your options? Want to consider working in the for-profit business sector? Come hear from those working in the private sector about the challenges and benefits of their work.</i></p> <p><b>Zoia Raimer, Manager, Starbucks</b> After working with a large cosmetic company for about seven years, Raimer began to feel the need to work for a company where she could have a more positive impact on the community. She now works as a manager for Starbucks, and since then has had a chance to be involved with many community endeavors, Washington Reading Corps being one frequent partner. In her three and a half years with Starbucks, Raimer has had the opportunity to volunteer countless times, head up many events, raise money through volunteers, grants, drives, etc. She wishes many more corporations would encourage their partners, associates, and employees to be involved in their communities.</p> <p><b>Jake Wolner, Founder and Owner, Buddha Belly Bakery</b> Wolner has been a small business owner since he was 19. He started Buddha Belly Bakery several years ago out of his love of good food and concern for good health. His goal for his business is to create treats that satisfy conscience and values, as well as tummies.</p> <p><b>Matt Guilfoyle, Project Engineer, Freightliner LLC.</b> Guilfoyle received his MBA from Portland State University in May 2004. He has worked as a research engineer for Honda Research of the Americas and as a test engineer for NACCO Materials Handling Group after graduating from the University of Michigan in 1995. In addition to his professional life, Guilfoyle is an avid rock climber and mountaineer and has participated as a community volunteer with Camp Fire USA and Portland State University.</p>	<p><b>338</b></p>

**12:00 – 12:45 Lunch on your own (LOYO)**

This sample form was created by the [Northwest Service Academy – Lower Columbia Center](#) (NWSA). NWSA addresses critical environmental and educational needs, partnering with 125 community agencies with members serving in individual placements or on field teams.

Sample event program

<b>12:45 – 1:45 - 60 min Workshops</b>	<b>Room #</b>
<p><b>Traveling and Living Abroad on a Budget</b> <i>With an emphasis on Asia, this session will cover topics such as getting visa's, getting jobs, traveling, as well as touching upon cultural sensitivity while visiting another country.</i></p> <p><b>Daniel Heckmyer, Graduate Student, Master's in Education, Pacific University</b> Heckmyer lived in Taiwan for over 4 years and has traveled to various places in SE Asia such as Nepal, Thailand, and Hong Kong. He will be helping you to decide if this is something that you should do. He will be answering questions regarding finding a job, getting a visa, different types of visas, what to bring, and any other questions you may have.</p>	<b>298</b>
<p><b>Translating Your AmeriCorps Experience</b> <i>This is the session for you if you are wondering how to make sense of your year of service and how to convey its relevance and importance to prospective employers.</i></p> <p><b>Pam Rechel, Owner, Brave Heart Consulting and Commissioner for Oregon Commission for Voluntary Action &amp; Service</b> As a former HR executive and long-time supporter of AmeriCorps, Rechel will talk about how to convey the relevance of your service experience in your next endeavors.</p>	<b>328</b>
<p><b>Visioning Workshop: Now that you've finished your year of service, what's next?</b> <i>If you are not sure what is next, this session will help you determine your priorities and develop a vision for yourself.</i></p> <p><b>Deborah Caldwell, Coach, Consultant, Mediator, Owner of LifePlan Studio</b> Caldwell works with professional women struggling with the competing demands of a busy life. With over 20 years of professional experience as a mediator, teacher, school administrator and university professor in the field of Educational Psychology, she has a unique perspective and skills focused on helping clients identify their priorities and achieve and sustain balance in their work, family, and personal lives.</p>	<b>327</b>

**Sample event program**

<p><b>Making Plans for Your Ed Award</b> <i>Learning all you can about your Education Award ahead of time may save you money, frustration and unexpected taxes. Learn how to make the most of your education award and avoid the pitfalls that have cost AmeriCorps members thousands of dollars in lost financial aid. Ask a real person your questions instead of listening to telephone recordings!</i></p> <p><b>Richard Melo, AmeriCorps Network Northwest Coordinator</b> Melo served two years with NWSA EnviroCorps and now coordinates national service training activities at Northwest Regional Educational Laboratory. He is also a published author.</p>	<p><b>338</b></p>
<p><b>2:00 – 3:00 - 60 min Sessions</b></p>	
<p><b>Getting Started on a Job Search</b> <i>Are you about to embark upon a job search? Don't know where to start or have questions about how exactly to go about finding a job? Learn some tips for what to do and not to do in your job search.</i></p> <p><b>Anne Hardin Ballard, Director of Career Services, Linfield College</b> Ballard has been Director of Career Services at Linfield College in McMinnville, Oregon since 1984. With over 30 years experience in the field of career planning and development, Ballard offers individual guidance to those transitioning into the workforce and teaches a course entitled Career Exploration Experience. Ballard received her Master's and Bachelor's degrees from the University of Oregon.</p>	<p><b>Room #</b> <b>298</b></p>

**Sample event program**

**Environmental Careers Panel**

*Jobs in the environmental field fall into a few different categories, each with a different set of qualifications and a very different feel. This panel will share the particular ins and outs of jobs in science, land management, nonprofit advocacy, and environmental education.*

**Sara Hartung, Ecologist, Adolfson & Associates**

As an ecologist, Hartung works on issues surrounding wetlands, fisheries, the Endangered Species Act, and the National and State Environmental Policy Act.

**Mary Ann Schmidt, Metro Regional Education Coordinator for Healthy Waters Institute of Oregon Trout**

Schmidt coordinates the Salmon Watch program which provides middle and high school students with field trips to witness spawning salmon. Previously she was a program assistant with OSU Extension 4-H where she supported traditional club programs and natural resource education in after school and school enrichment programs. Schmidt also worked as a chemist for six years, conducting both qualitative and quantitative analysis on brewers' malt. She has a Bachelor of Science in Biology from PSU and has completed graduate course work in Environmental Science and Wetland Ecology.

**Anne Pernick, Field Organizer, Oregon League of Conservation Voters**

Pernick organizes activities for the Oregon League of Conservation Voters in Multnomah, Deschutes, and Clackamas counties. She received a Masters in Biology from UCLA and then dove into radio and print journalism before becoming involved in conservation work. While living in Bend, she helped organize a run that benefited OLCV's Deschutes County Chapter in 2002.

**Fred Nielsen, Natural Areas Manager, City of Portland Parks and Recreation Bureau**

Nielsen manages Forest Park, Portland's largest natural area. His work involves managing a natural system also heavily used for recreation.

**Elaine Stewart, Natural Resources Scientist, Metro Regional Parks and Greenspaces**

Stewart works in wetlands management for Metro Regional Parks and Greenspaces. Metro is the regional government for the Portland Metro Region.

**Kevin Kasowski, Development Director, Oregon Environmental Council**

Kasowski directs fundraising efforts for the Oregon Environmental Council. He has an M.A. in Journalism from the University of Missouri and an undergraduate degree in ecosystem studies from UCLA. He brings to the panel more than 20 years of experience in communication and development positions with non-profit environmental organizations.

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Sample event program

<p><b>Pursuing Your Art Panel</b> <i>Are you looking for outlets for your creative side? Interested in pursuing your artistic vision? Come and hear from people who have succeeded in pursuing their artistic ideas.</i></p> <p><b>James Moore, co-founder/co-artistic director, defunkt theatre</b> Moore is an actor, director, writer, and lighting designer for Portland’s award-winning defunkt theatre, a non-profit, consensus-run theatre ensemble dedicated to affordable innovative productions that challenge conventional ideas of society and theatre. defunkt was profiled in American Theater magazine in December 2004.</p> <p><b>Shannon Wheeler, Author/Illustrator/Opera Producer</b> Wheeler is the creator of the Too Much Coffee Man comic book, strip, and magazine. He's lived in Berkeley and Austin and presently resides in Portland. His latest project is an opera based on Too Much Coffee Man to premiere this fall.</p> <p><b>Wilson Vediner, Musician</b> Vediner is the guitar player in the local rock band, Point Juncture, WA, voted one of the top five bands of the year by Willamette Week. He studied English and writing at PSU and has since used both his education and interest to fuel his work in music.</p>	<p><b>328</b></p>
<p><b>Making Plans for Your Ed Award</b> <i>Learning all you can about your Education Award ahead of time may save you money, frustration and unexpected taxes. Learn how to make the most of your education award and avoid the pitfalls that have cost AmeriCorps members thousands of dollars in lost financial aid. Ask a real person your questions instead of listening to telephone recordings!</i></p> <p><b>Richard Melo, AmeriCorps Network Northwest Coordinator</b> Melo served two years with NWSA EnviroCorps and now coordinates national service training activities at Northwest Regional Educational Laboratory. He is also a published author.</p>	<p><b>338</b></p>

**Sample event program**

Time	Room 298	Room 296 Room 329	Room 328	Room 327	Room 338 (Vanport Room)
8:30	<b>REGISTRATION:</b> be sure to sign up for resume review sessions during registration. <i>Coffee and breakfast breads provided</i>				
9:00-9:15	<b>WELCOME in Ballroom:</b> Kathleen Joy				
9:30-10:30	<b>Personal Finance</b> Linda Kadoun  Facilitator: Rebecca Nesbit	<b>Resume Reviews</b> <b>Room 296</b> Sherrie Jackson Ruth Lloyd Mary Hood <b>Room 329</b> Jeff Weintraub Bonny Cushman	<b>Board/Commission Membership Panel</b> Nancy Goss Duran Matt Fisher Eva Schwebber  Facilitator: Neil Schulman	<b>Education &amp; Youth Development Career Panel</b> Lani Gordon Keith Thomajan Beth Ann Short Jeanne Bennett Sara Carmona Facilitator: Jennifer Bullock	<b>International Work and Service</b> Natalie Pacholl Amy Potthast Erika Johnson  Facilitator: Natalie Pacholl
10:45-11:45	<b>Applying to Graduate School</b> Courtney Hanson  Facilitator: Rebecca Nesbit	<b>Resume Reviews</b> <b>Room 296</b> Sherrie Jackson Ruth Lloyd Mary Hood <b>Room 329</b> Jeff Weintraub Bonny Cushman	<b>Networking and Informational Interviewing</b> Amy Potthast  Facilitator: Neil Schulman	<b>Social Work Panel</b> Julie Casey Art Balk Jean Miley Beth Ann Short  Facilitator: Margi Guilfoyle	<b>Careers in the Private Sector</b> Zoia Raimer Matt Guilfoyle Jake Wolner  Facilitator: Natalie Pacholl
12:00 – 12:45	<b>LUNCH:</b> on your own for lunch (LOYO)				
12:45-1:45	<b>Traveling and Living Abroad on a Budget</b>  Dan Heckmyer  Facilitator: Margi Guilfoyle	<b>Resume Reviews</b> <b>Room 296</b> Sherrie Jackson  <b>Room 329</b> Bonny Cushman Emily Leete	<b>Translating your AC Experience</b> Pam Rechel  Facilitator: Natalie Pacholl	<b>Visioning</b> Deborah Caldwell  Facilitator: Rebecca Nesbit	<b>Making Plans For Your Ed Award</b> Rich Melo  Facilitator: Jennifer Bullock
2:00-3:00	<b>Getting Started on Job Search</b> Anne Hardin Ballard  Facilitator: Jessica Wade	<b>Resume Reviews</b> <b>Room 296</b> Sherrie Jackson  <b>Room 329</b> Bonny Cushman Emily Leete	<b>Pursuing Your Art Panel</b> James Moore Wilson Vediner Shannon Wheeler  Facilitator: Patricia Bollin	<b>Environmental Career Panel</b> Fred Nielsen Elaine Stewart Sara Hartung Mary Ann Schmidt Anne Pernick Kevin Kasowski Facilitator: Neil Schulman	<b>Making Plans For Your Ed Award</b> Rich Melo  Facilitator: Jennifer Bullock

## Sample event program