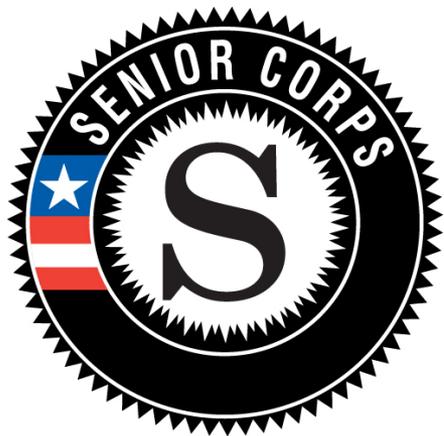


*Providing Independent  
Living Support:  
Home Safety*



Trainer: \_\_\_\_\_

Date: \_\_\_\_\_

# LEARNING OBJECTIVES

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*By the end of the session, participants will:*

- Further their awareness of the common household hazards to which elderly people are most vulnerable.
- Learn tips for helping clients reduce risks at home and be better prepared for disasters.

# STARTLING STATISTICS

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- In 2005, 15,800 people 65 and older died from injuries related to unintentional falls; about 1.8 million were treated in emergency rooms.

(Centers for Disease Control and Prevention, 2008)

- 95% of falls experienced by older adults happen in and around the home, most in the bedroom or bathroom.

(American Journal of Public Health, 1992)

# SPOT THE HAZARDS!

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This home needs your help!

With your partner, take three minutes and jot down all the potential hazards you see in the picture on the handout.



# PRIMARY SAFETY RISKS

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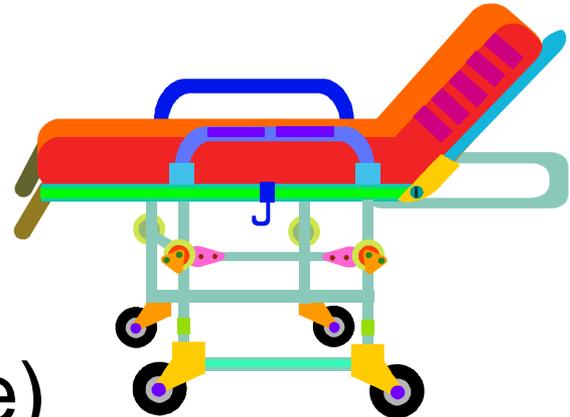
- Falling
- Residential Fires
- Other Household Hazards
- Poor Security



# VARIABLES

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- Health
- History
- Behavior and habits
- Financial resources  
(ability to maintain home)



# EXERCISE: PROBLEM SOLVING

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1. Individually, read about your assigned client. Imagine his/her living situation and state of mind.
2. In your group, discuss and answer the questions on page 2.
  - ***What are the client's issues/risks?***
  - ***What would you look for in the client's home?***
  - ***What precautions would you suggest? How would you assist?***

# HOW TO BROACH THE SUBJECT

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- Take it slowly.
- Offer information in a non-judgmental way.
- Recount stories of other seniors.
- Share with clients what you have learned at trainings
- Offer to contact services that can help.

For support, contact client's family and your supervisor.

# DISASTER PREPARATION: CONSIDERATIONS FOR SENIORS

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- Availability of family in the area
- Reaction time, ability to see or hear, ability to drive
- Mobility impairments
- Mental impairments
- Health conditions that require attention
- Language differences
- Limited financial resources



# CREATE A PLAN: STAYING "IN TOUCH"

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1. Think about a client or another elderly person in your life. How would you help them plan for an emergency?
2. Complete I, N, and T of the form to the best of your ability.

*I* Identify potential emergency situations.

*N*ote community resources.

*T*alk about individual circumstances.

3. If you like, share with a partner.

LAST BUT NOT LEAST...

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***“Safety doesn't happen by accident.”***



***~unknown***