

## Performance Measure Review Activity – Healthy Futures

### Background Information about Program:

The Food Depot Nutrition Program has 24 AmeriCorps members serving at local schools, non-profit organizations, community gardens, and food banks. They coordinate volunteers, lead healthy eating sessions introducing fresh produce, providing cooking instruction, demonstrating how to analyze the nutritional value of foods, taste-testing, and discussing the cultural background of each session's meal. Members also engage in support services and case management offered through the ABC Non-Profit Organization for Homeless Children, Youth, and Families, with the local food bank, and other partner agencies.

Performance Measure Title: Local Food Production Capacity

**Focus Area:** Healthy Futures

**Objective:** Obesity and Food

**No. of MSY's:** 0.60

### OUTPT1234 Output:

Number of farms, community and school gardens started or supported

**Target:** 9 Gardens/Farms

**Measured By:** Other

**Described Instrument:** Farm/Community Garden Service-project log documents number of farms/gardens served, hours performed for each service project, work performed. Garden maintenance log documents number of school gardens serviced, hours of garden work performed at school gardens, lbs of vegetables harvested for school cafeteria use, lbs of vegetables harvested for donation to food banks, and # of students engaged.

### OUTCM1235 Outcome:

Increased supply of fresh fruits and vegetables available to food insecure individuals

**Target:** 9 Gardens/Farms

**Measured By:** Other

**Described Instrument:** Farm/Community Garden log measuring lbs of vegetables harvested for sale, lbs of vegetables harvested for donation to food banks, and estimated benefit to farm in production capacity as a result of Member support. Garden maintenance log documents lbs of vegetables harvested for school cafeteria use, lbs of vegetables harvested for donation to food banks, and # of students engaged.

**Focus Area:** Healthy Futures

**Objective:** Obesity and Food

**No. of MSY's:** 1.44

**H10 Output:**

(PRIORITY) H10: Number of individuals receiving emergency food from food banks/other organizations

**Target:** 1000 Individuals

**Measured By:** Client Database, Tracking Form

**Described Instrument:** Client Database maintained via quarterly reports submitted by the ABC Food Depot's partner agencies are documented through quarterly reports submitted to the ABC Food Depot and stored in order to be able to track aggregate numbers reached. Tracking form is used for ABC Food Depot food pantry to track food donations as well as lbs of food distributed to individuals in need.

**H12 Outcome:**

(PRIORITY) H12: Number of individuals that reported increased food security

**Target:** 1000 Individuals

**Measured By:** Survey

**Described Instrument:** Survey distributed to self-selected sample of participants from community meals will assess increase in knowledge of where to access needed food assistance services, support services to end long-term hunger, participation in food assistance programs such as SNAP, use and benefit of referral services to ending hunger, Survey distributed to ABC Food Depot partner agencies to determine observed impacts among clients, qualitative evidence of impact, and feedback about the program.

**Focus Area:** Healthy Futures

**Objective:** Obesity and Food

**No. of MSY's:** 1.15

**H5 Output:**

H5: Number of youth engaged in activities to reduce childhood obesity.

**Target:** 500 Children and Youth

**Measured By:** Activity Log, Attendance Log

**Described Instrument:** Activity logs will document each healthy eating & garden session and will include date, location, description of sessions' contents, and outcomes. Attendance log will document number and age range of participants.

**OUTCM1236 Outcome:**

Number of participants introduced to nutritious meals and healthy foods

**Target:** 1000 Individuals

**Measured By:** Other

**Described Instrument:** Attendance sheets at healthy meal/cooking sessions as well as community meals prepared for community members in need.

