

Journal #1: Present Stage of Transitions

HEATHER

I feel like I am always in transition, which is one of the ways I take care of myself. I keep myself busy completing projects and starting new ones. I try to think of every ending as a new opportunity. I give myself time to reflect and say goodbye, but then I look forward to moving on.

I am still in the middle of my year of service, so I think that means I am at Stage 1 right now as I prepare for the year to end. Even though I haven't made up my mind yet exactly what I am going to do, I don't see myself "severing" the connections I've made with AmeriCorps as much as I see them evolving. While I will no longer be directly involved with national service, I will still be engaged in improving this community and working with many of the same people.

I will be relieved when I reach Stage 3, as I look forward to finding a new beginning and starting to build something that will grow and that will let me grow along with it.

