

Additional Training Topics

Listed below are suggestions from the Corporation for National and Community Service and Senior Corps project directors for additional training topics for either pre-service orientation or training after volunteers are placed. Check the topics that you would like volunteers providing independent living services to be trained on this year, and identify the people who could conduct the training (e.g. volunteer station staff, experienced volunteer, etc.). You may have your own ideas for topics; add those to the list and let us know so we can share them with the field. Note that not every topic listed will be appropriate, and some may not fit into your annual schedule, as volunteer assignments, level of experience, and timing of placements over the year vary.

“Providing Independent Living Support” Curriculum Module	Trainer/Resource
<input type="checkbox"/> Module 1: Types of Independent Living Services Delivered by Volunteers.	
<input type="checkbox"/> Module 2: Becoming an Effective Care Partner: Helping Volunteers Recognize Benefits to Themselves.	
<input type="checkbox"/> Module 3: Understanding the Physical, Emotional, and Social Challenges Experienced by Clients.	
<input type="checkbox"/> Module 4: Effective and Respectful Communications.	
<input type="checkbox"/> Module 5: Understanding Dementia (e.g. Alzheimer’s disease)	
<input type="checkbox"/> Module 6: Paying Attention to Body Language.	
<input type="checkbox"/> Module 7: Home Safety.	
<input type="checkbox"/> Module 8: Beyond Companionship Services: Helping Clients Improve Quality of Life.	
Psychological, Physiological and Social Aspects of Aging	Trainer/Resource
<input type="checkbox"/> Aging	
<input type="checkbox"/> Stress counseling	
<input type="checkbox"/> Emotional needs of the elderly	
<input type="checkbox"/> Sexuality and aging	
<input type="checkbox"/> Isolation/suicide prevention	
<input type="checkbox"/> Grief and loss counseling /death and dying	
<input type="checkbox"/> Memorial and funeral planning	

Community Resources and Services	Trainer/Resource
<input type="checkbox"/> Social Security and SSI benefits	
<input type="checkbox"/> Medicare and Medicaid	
<input type="checkbox"/> Food stamps	
<input type="checkbox"/> Hunger/food pantry	
<input type="checkbox"/> Public housing	
<input type="checkbox"/> Public transportation options	
<input type="checkbox"/> Case management	
<input type="checkbox"/> Community legal services	
<input type="checkbox"/> Congregate meals	
<input type="checkbox"/> Meals on wheels	
<input type="checkbox"/> Homemaker/home health aides	
<input type="checkbox"/> Multi-purpose senior center	
<input type="checkbox"/> Personal safety/Crime and elderly	
<input type="checkbox"/> Consumer Fraud and the elderly	
Advocacy/Household Management	Trainer/Resource
<input type="checkbox"/> Transportation escort services	
<input type="checkbox"/> Consumer counseling	
<input type="checkbox"/> Working with case managers (reporting status of a client's physical and mental health)	
<input type="checkbox"/> Home Safety Assessment (e.g. fall and fire hazards)	
<input type="checkbox"/> Elder Abuse	
<input type="checkbox"/> Transitions from hospital to home, or home to facility	
<input type="checkbox"/> Mobilizing community resources	
<input type="checkbox"/> Revitalizing /developing links between client and the client's family	
<input type="checkbox"/> Identity theft	

Using the Independent Living Curriculum and Planning Volunteer Training

Health and Personal Care Assistance	Trainer/Resource
<input type="checkbox"/> Reality orientation/awareness	
<input type="checkbox"/> Physical fitness for older persons	
<input type="checkbox"/> Health emergencies	
<input type="checkbox"/> Substance abuse (including resources e.g. AA, Al-Anon)	
<input type="checkbox"/> Nutrition	
<input type="checkbox"/> Meal planning/preparation	
<input type="checkbox"/> Physical therapy	
<input type="checkbox"/> Personal hygiene	
<input type="checkbox"/> Basic medication information and management issues	
<input type="checkbox"/> Managing chronic illness or disability (e.g. diabetes, arthritis, vision and hearing impairment)	
<input type="checkbox"/> Infectious disease prevention (e.g. H1N1)	
<input type="checkbox"/> Incontinence	
Skill specific training	Trainer/Resource
<input type="checkbox"/> Volunteer driver defensive driving and safety	
<input type="checkbox"/> Light housekeeping (step-by-step instructions)	
<input type="checkbox"/> Other:	
Other volunteer requested training (may or may not relate to independent living services)	Trainer/Resource
<input type="checkbox"/> Grant-writing	
<input type="checkbox"/> Social Networking	
<input type="checkbox"/> Other:	