

Senior Corps Work Plan SAMPLE

Work Plan Name: Disaster Preparedness – Sample 1 RSVP	Work Plan ID: VTB02029
Issue Area: Disaster Recovery/Relief	Total # Stations: 2
Service Category: Disaster Preparedness	Total # Volunteers: 15
<p>Community Need:</p> <p>According to a statewide survey conducted by the American Red Cross (ARC), approximately 250,000 (98%) of Vermont households are unprepared for emergencies ranging from natural disasters to terrorist attacks. An unprepared citizenry not only presents a danger to the community, it can also be an obstruction to emergency, law enforcement, and public safety workers responsible for managing disasters. To address this problem, the ARC has developed a curriculum called “Preparing for the Unexpected,” which teaches citizens three key components of a disaster preparedness plan.</p> <p>According to ARC staff who contacted RSVP for assistance, the ARC has an insufficient number of volunteers required to ensure that this curriculum is widely disseminated among Vermont households. With the help of trained RSVP volunteers, the ARC will be able to disseminate their curriculum to 2,700 more Vermont citizens than would be reached otherwise.</p>	
<p>Service Activity:</p> <p>Using the “Preparing for the Unexpected” curriculum, 15 RSVP volunteers will train community members in emergency preparedness. The volunteers will publicize community sessions, prepare and conduct the session, and follow up with attendees to determine if they used what they learned.</p> <p>The 15 RSVP volunteers will serve out of two stations in northern and central Vermont over a period of 12 months. Using the American Red Cross curriculum, each volunteer will conduct at least nine one-hour community sessions for 180 attendees (20 participants per session). Sessions will be conducted at monthly community meetings (either convened especially for this purpose, or at regular meetings convened by local community groups such as PTAs, senior organizations, neighborhood groups, etc.). In addition, each volunteer will serve approximately 40 hours to help set up and publicize training sessions, and conduct training preparation and follow-up activities. Follow-up activities include calls to previous attendees to learn the extent to which they have applied the new disaster preparedness knowledge.</p>	
<p>Anticipated Input:</p> <p>15 RSVP volunteers will serve a total of 750 hours over the program period.</p> <p>ARC staff will conduct a one-day train-the-trainer session for RSVP volunteers.</p> <p>FEMA and the ARC will provide curriculum materials and hand-outs for the public sessions, and office space and telephones for follow-up activities.</p>	

<p>Anticipated Accomplishments/Outputs: Vermont citizens will receive emergency preparedness training at Preparing for the Unexpected sessions.</p> <p>Indicator: Number of attendees</p> <p>Target: 2,700 people receive emergency preparedness training over a nine-month period.</p> <p>How Measured? Attendance sheets, which capture names and contact information for all participants, completed at sessions.</p>
<p>Anticipated Intermediate Impact/Outcome: Attendees gain emergency preparedness knowledge after participating in the Preparing for the Unexpected session.</p> <p>Indicator: Percent of attendees who attain a passing score on the post-training assessment, demonstrating their understanding of the three key elements of an emergency preparedness plan.</p> <p>Target: At least 80 percent of the attendees pass a post-training assessment, demonstrating their understanding of the three key elements of an emergency preparedness plan.</p> <p>How Measured? Preparing for the Unexpected post-test</p>
<p>Anticipated End Impact/Outcome: Attendees put disaster preparedness knowledge into practice.</p> <p>Indicator: Percent of attendees who report that they have since taken recommended actions to prepare for disasters, such as (1) preparing a personal survivor kit; (2) establishing an emergency meeting place for household members; and (3) developing a communications plan.</p> <p>Target: Seventy-five (75) percent of trained participants who complete a short telephone survey will report taking the three key actions recommended in the emergency preparedness sessions.</p> <p>How Measured? Telephone survey conducted by 15 RSVP volunteers</p>