

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Safe Havens – Sample 1 (FGP)	<b>Work Plan ID:</b> TXH14037
<b>Issue Area:</b> Public Safety	<b>Total # Stations:</b> 1
<b>Service Category:</b> Safe Havens	<b>Total # Volunteers:</b> 3
<p><b>Community Need:</b>  Family violence is a critical problem in Green County. According to 2003 police department records, law enforcement officers in the county responded to over 3,700 incidents of family violence or domestic disturbances; children were present in over 70 percent of the cases. Green County’s Safe Harbor Family Shelter provided shelter last year to more than 1,700 people displaced by domestic violence, including 432 adults and their 675 children. According to the 2003 National Council on Family Violence Report, “Safe at Home: Family Violence in America,” children from violent homes often lack consistent adult role models to help counter the effects of the volatile home environment. Caring adult role models who can teach children that there are options to violence are a critical component to breaking the cycle of violence experienced by many families. This project will provide Foster Grandparent role models to the Safe Harbor Family Shelter to help break the cycle of violence and improve the social functioning of children from violent homes.</p>	
<p><b>Service Activity:</b>  Three Foster Grandparents will spend 20 hours each week visiting with children one-on-one at the Safe Harbor Family Shelter in Green County. Foster Grandparents will visit children at least three times per week, and may come during the day or evening, depending on the schedule of the children at the center. Foster Grandparents will be positive role models by setting limits with the children, being honest, promoting healthy, non-violent self-expression, teaching self-control, and encouraging good communication and positive social interaction. Foster Grandparents will establish relationships with children by planning activities with them and carrying out activities together. Depending on the age of the child, activities may include such things as rocking the child, reading or playing games together, walking outdoors, taking short field trips, helping with homework, eating a meal together, or just talking with each other.</p>	
<p><b>Anticipated Input:</b>  Three Foster Grandparents will spend 20 hours per week for 48 weeks working with children at the Safe Harbor Family Shelter, for a total of 2,880 hours of service. Initial training and monthly in-service training will be provided by the Foster Grandparents program. Special training on working with children from violent homes will be provided by Safe Harbor staff. Supervision will be provided by Safe Harbor’s Director of Children’s Services. Special transportation (for field trips, to movies, and so forth) will be arranged and paid for by the Foster Grandparent Program.</p>	

**Anticipated Accomplishments/Outputs:** Children will receive one-on-one visits with Foster Grandparents.

**Indicator:** Number of children visited by a Foster Grandparent volunteer at least three times per week

**Target:** Over the program year, at least 100 children will receive one-one-one visits from Foster Grandparents, three times per week, for the duration of their stay at the Safe Harbor Family Shelter.

**How Measured?** *Foster Grandparent Volunteer Logs*

**Anticipated Intermediate Impact/Outcome:** Children will cooperate with Foster Grandparents to develop a loose plan of activities that they can do together during visits.

**Indicator:** Percent of children 5 years and older matched with a Foster Grandparent who helped to develop a list of at least 3 activities to do with Foster Grandparent

**Target:** At least 55 percent of the children 5 years and older who are matched with a Foster Grandparent for at least two weeks will help their Foster Grandparent develop a plan of at least three activities that they can do together.

**How Measured?** *Safe Harbor Child Activity List*, completed by Foster Grandparents with children ages 5+

**Anticipated End Impact/Outcome:** Children will develop a relationship with Foster Grandparents.

**Indicator:** Percent of children 5 years and over who communicate with Foster Grandparent, articulate their feelings, show interest in Foster Grandparent's visits

**Target:** At least 55 percent of the children who are matched with a Foster Grandparent for at least six weeks show "some" or "a great deal" of receptivity to the Foster Grandparent in at least 4 areas.

**How Measured?** *Child Observation Checklist*, completed by Foster Grandparents for children ages 5+