

Senior Corps Work Plan SAMPLE

Work Plan Name: Housing Rehabilitation/Construction – Sample 3 (RSVP)	Work Plan ID: TXG04095
Issue Area: Housing	Total # Stations: 3
Service Category: Housing Rehabilitation/Construction	Total # Volunteers: 30
<p>Community Need: Texas has the fourth-largest population of older adults (3.1 million over age 60 or 13 percent of the population). The United Way of Metropolitan Dallas (UWMD) 2006 Community Needs Assessment reports the disability rate for Texans age 65 and over is 11.2%, higher than the national average of 9.5%. The UWMD found that for many seniors, maintaining independence is a growing challenge and concern, and that for most older adults, the desire to live independently for as long as possible is a very high priority.</p> <p>According to the U.S. Department of Health and Human Services Administration on Aging, most homes are not designed to accommodate the needs of people over age 65 (2003). The Centers for Disease Control and Prevention reports that, “Among older adults, falls are the leading cause of injury deaths. They are also the most common cause of nonfatal injuries and hospital admissions for trauma” (2006, http://www.cdc.gov/ncipc/factsheets/adultfalls.htm). The CDC recommends home modifications to reduce fall hazards such as installing grab bars, improving lighting, and removing items that may cause tripping. RSVP volunteers can help make home modifications necessary to meet the needs of seniors and others with physical limitations so that they can continue to live safely and independently.</p>	
<p>Service Activity: RSVP handyman volunteers will go into the homes of seniors in need in the city of Richardson and Plano for 4 hours per week (approximately 10 homes) to do minor home repairs and yard clean-up projects, such as controlling vegetation, building fences, and installing wheelchair ramps and grab bars in showers. Seniors in need will be identified and referred by the cities of Richardson and Plano, as well as other nonprofit agencies in the community, to RSVP stations <i>The Seniors’ Net</i>, <i>Network of Community Ministries</i> and <i>The Plain-O Helpers</i>. RSVP volunteers will also mobilize 50 community volunteers to assist in the projects. RSVP handyman volunteers and other community volunteers will meet at <i>The Seniors’ Net</i> and <i>Plain-O Helpers</i> designated area to coordinate teams and projects.</p>	
<p>Anticipated Input:</p> <ul style="list-style-type: none"> • 30 RSVP volunteers will serve a total of 6,240 service hours per year. • 50 community volunteers recruited by RSVP volunteers will help form handyman teams. • 6 designated RSVP lead volunteers will provide hands-on training on how to do home repair tasks to new volunteers before the project begins. • Material resources will be donated by faith based groups in the community. 	

Anticipated Accomplishments/Outputs: Senior clients will receive home repair services from RSVP volunteers.

Indicator: Number of senior clients who receive repairs; number of projects completed.

Target: At least 250 clients will receive handyman services; 500 projects will be completed.

How Measured? Station Client/Project Logs

Anticipated Intermediate Impact/Outcome: Senior clients will be satisfied with the work of the RSVP handyman volunteers.

Indicator: Percent of senior clients reporting they are satisfied with the completed project (e.g. the repair will make life easier, the quality of work met their expectation, the volunteers explained what they were doing and answered questions, etc.).

Target: 75% of the senior clients surveyed will report they were “satisfied” or “very satisfied” with the completed project in at least 4 of 5 areas.

How Measured? *Client Interview* conducted by telephone during the week after clients receive services of RSVP handyman volunteers.

Anticipated End Impact/Outcome: Seniors who receive assistance will be able to live at home after receiving services.

Indicator: Percent of senior clients receiving assistance who are still living in their homes six months after receiving assistance.

Target: 60% of senior clients who received assistance will still be living in their homes six months after receiving assistance.

How Measured? *Client Follow-up Interview* conducted by telephone with clients six months after they receive services of the RSVP handyman volunteers.