

Senior Corps Work Plan SAMPLE

Work Plan Name: Hospice – Sample 1 (SCP)	Work Plan ID: TXE09068
Issue Area: Health and Nutrition	Total # Stations: 1
Service Category: Hospice/Terminally Ill	Total # Volunteers: 20
<p>Community Need: The California Hospice Foundation writes that “Hospice care seeks to enable patients to carry on an alert, pain-free life and to manage other symptoms so that their last days may be spent with dignity and quality at home or in a homelike setting” (2004). According to St. Francis Hospice, the largest provider of hospice services in Warm Springs County, there are approximately 900 persons suffering a terminal illness in the county and in need of hospice care. Most of these people have a life expectancy of about six months, and about 14% do not have a live-in caregiver.</p> <p>A local elder care advocacy agency, Open Heart of Warm Springs, has identified and referred terminally ill persons in need of in-home hospice care. SCP volunteers, working with St. Francis Hospice and Open Heart, will provide hospice support services to terminally ill persons so that they may stay in their homes for the remainder of their lives.</p>	
<p>Service Activity: Senior Companions will provide in-home support (hospice care) to at least 20 clients in Warm Springs County. Volunteers will be trained by St. Francis Hospice professionals and work closely with Open Heart of Warm Springs County. Service activities will include, but will not be limited to, bereavement outreach, counseling, and active listening; light chores and errands (e.g., helping care for a client’s pet, assisting with correspondence); and meal preparation.</p>	
<p>Anticipated Input: Twenty Senior Companions will provide hospice care for 15-20 hours per week. Total volunteer hours per year will be approximately 15,000. St. Francis Hospice will provide volunteers with 32 hours of initial training and an average of 4 hours of monthly training, with topics including: cancer, AIDS, and other terminal illnesses; hospice and the healthcare system; coping with loss, depression, bereavement and the grieving process. St. Francis Hospice professionals will supervise and be available to volunteers for consultation. Open Heart, in cooperation with St. Francis, will identify clients needing care.</p>	
<p>Anticipated Accomplishments/Outputs: Clients needing hospice care receive services in their homes.</p> <p>Indicator: Number of clients that receive hospice care services at home</p> <p>Target: 20 clients will receive ongoing hospice care service in their homes.</p> <p>How Measured? <i>SCP Volunteer Timesheet</i></p>	

Anticipated Intermediate Impact/Outcome: Hospice clients receive quality care and comfort.

Indicator: Percent of volunteers whose hospice service (e.g., skills, reliability, compassion or “bedside manner”) contributed to the clients’ comfort, quality of care, and ability to remain at home

Target: Hospice care supervisors will report that 90% of the SCP volunteers contributed to their client’s comfort, quality of care, and ability to remain in their homes.

How measured? *Hospice Care Supervisor Survey*

Anticipated End Impact/Outcome: Hospice clients will be able to remain in their homes rather than being transferred to a nursing home or hospital.

Indicator: Percentage of clients who continue to receive care at home four months later or until death

Target: 65% of clients will be able to remain in their homes at least four months after beginning hospice care or until death.

How measured? *Hospice Clients Intake Form*