

Senior Corps Work Plan SAMPLE

Work Plan Name: In-Home Care – Sample 1 (SCP)	Work Plan ID: STE11043
Issue Area: Health/Nutrition	Total # Stations: 4
Service Category: In-Home Care	Total # Volunteers: 30
<p>Community Need: In their 2002 annual report, the Humboldt Senior Services Alliance indicated that over 1,000 homebound elderly in our community are in need of basic assistance to maintain their independence. Providing services such as meal preparation, assistance in bathing and walking, help with light housekeeping, and transportation to shopping, medical appointments, social and community events can greatly improve the chances that a person can remain living independently in their own home rather than have to be institutionalized in a nursing home.</p>	
<p>Service Activity: Thirty Senior Companion volunteers will provide general companionship and in-home care services to 150 homebound elderly. Assistance may include meal preparation, assistance in bathing and walking, help with light housekeeping, social activities, and transportation to shopping, medical appointments, and community events.</p>	
<p>Anticipated Input: Humboldt Senior Services Alliance: One staff person will provide orientation and training to 30 Senior Companions, as well as ongoing supervision. Thirty Senior Companion volunteers will visit 150 homebound individual:</p> <ul style="list-style-type: none"> • Two visits per week for 48 weeks, three hours per visit, • Per elderly client: 288 hours of service per year, • Total service hours: 43,200 per year. <p>Mileage will be reimbursed by the Senior Companion Program.</p>	
<p>Anticipated Accomplishments/Outputs: Homebound elderly will receive in-home services.</p> <p>Indicator: Number of elderly clients who receive at least 12 weeks of service per year</p> <p>Target: Each year, one hundred fifty (150) elderly clients will each receive at least 12 weeks of service.</p> <p>How Measured? <i>Senior Companion Volunteer Log</i></p>	

Anticipated Intermediate Impact/Outcome: Client-identified needs for in-home care services will be met.

Indicator: Percent of elderly clients who indicate that their self-identified needs for in-home care services were met

Target: Eighty (80) percent of elderly clients who have received at least 12 weeks of services, will indicate that at least half of their self-identified needs for in-home care services are being met.

How Measured? *Client Need Identification Checklist*, completed jointly by volunteer and elderly client

Anticipated End Impact/Outcome: Elderly clients are able to remain in their own homes and maintain their independence.

Indicator: Percent of elderly clients receiving services for at least 12 weeks who remain in their homes at the end of the year.

Target: Sixty (60) percent of elderly clients receiving services for at least 12 weeks will remain in their homes at the end of the year.

How Measured? *Client Tracking Log*