

NURSING HOME VISITOR
(Formerly titled "Adult Day Care")

Service Category: Adult Day Care
Issue Area: Human Need Services

Community Need:

According to the 2000 US Census and the Iowa Dept. of Inspections and Appeals, Health Facilities Division, 14.9% of Iowa's population is 65 years old or older; 50% of that population resides in an Iowa nursing home. In (enter name) County, (enter %) of the population is 65 and over and (enter %) reside in nursing homes. One recent study (date?) conducted by the *Something to Remember Me By* Legacy Project*, showed that contact with family members decreased by approximately one half following admission to a nursing home. The 1998 studies, done by Extencicare, Inc., one of the largest operators of long-term care facilities in North America, have *continually* shown that social contacts and interactions for nursing home residents improve their quality of life. Residents fortunate enough to develop a friendship or to be involved in an activity with an interested volunteer have shown marked improvement in their state of mind. The RSVP volunteers will provide an opportunity for residents to develop regular, meaningful relationships.

* The Legacy Project is an initiative of the Communication Project with the Parenting Coalition and Generations United, both based in Washington, D.C. and chaired by intergenerational educator, researcher, and best selling author, Susan V. Bosak.

*Additional information or details relating to **community need** in county/service area:*

Service Activity:

(Enter County) nursing home staff will identify residents most in need of social contact and interactions. RSVP volunteers will participate, regularly, in meaningful activities or spend time visiting one-on-one with identified residents. Meaningful activities could include talking, playing games, singing, outings, special events, feeding and/or other activities of daily living.

*Additional information or details relating to **service activity** in county/service area:*

Anticipated Input:

(Enter #) RSVP volunteers will visit regularly on average *(enter #)* hours per day on *(enter #)* day/s per week for a total of *(enter #)* hours per year with *(enter #)* or more identified nursing home residents. Nursing home staff will provide an initial orientation and *(enter #)* training hours on *(enter list of topics)* to ensure RSVP volunteers are informed about how to interact with nursing home residents. *(If applicable, describe volunteer supervision, evaluation, and/or recognition).*

<p><i>Additional information or details relating to inputs in county/service area:</i></p>

Anticipated Accomplishment/Outputs:

Nursing home residents who are identified as most in need of social contact will have a regular visits from an RSVP volunteer.

Indicator: Number of identified nursing home residents who have a regular visit from an RSVP volunteer.

Target: *(Enter #)* RSVP volunteers will visit with *(enter #)* nursing home residents *(enter #)* times monthly.

How Measured:* *Nursing Home Visitation Log* completed by RSVP volunteers

*If you already have an instrument that you are using to collect the number of nursing home residents receiving regular visits from RSVP volunteers, you may continue to use that instrument if you prefer.

Anticipated Impact/Data Sources:***Intermediate Outcome:***

Identified nursing home residents will increase their socialization and/or participation in nursing home activity opportunities.

Indicator: Percent of identified nursing home residents who increase socialization and/or participation in nursing home activities. (Socialization includes playing games, singing, and interacting with other residents or staff. Participation includes involvement in outings and special events.)

Target: *(Enter %)* of nursing home residents (with socialization needs listed in their care plan) will increase in socialization and/or participation in nursing home activity opportunities.

How Measured: *Activities Coordinator Questionnaire* will be completed by the facility's Activity Coordinator.

End Outcome:

Nursing home residents who were identified as most in need of social contact and visited by RSVP volunteers will have an improved state of mind.

Indicator: Percent of nursing home residents with an RSVP visitor who have an improved state of mind (as indicated by less depression, anxiety, improved enthusiasm, hope, or self interest)

Target: (Enter %) of nursing home residents with an RSVP visitor will demonstrate behavior consistent with an improved state of mind.

How measured: *Activities Coordinator Questionnaire* will be completed by the facility's Activity Coordinator.

Nursing Home Visitation Log

MONTH of _____ Year: _____

RSVP Volunteer: _____

Site/Station: _____

Instructions: Please write in the name of each resident that you visit “one-on-one” during your service and the dates of your visits. Give a very brief description of the activities you normally do. At the end of the month, total the number of days you spent with each resident in the last column, “Total Days,” and turn this sheet in to your supervisor. An example is provided in the first row.

Resident’s Name or Identification Code	Activities	Dates of Service						Total Days
Example: <i>Jim Brown</i>	<i>Played cards, talked, had lunch a few times</i>	<i>4/3</i>	<i>4/10</i>	<i>4/17</i>	<i>4/24</i>	<i>--</i>	<i>--</i>	<i>4</i>



ACTIVITIES COORDINATOR QUESTIONNAIRE

RSVP Site/Station: _____

Activities Coordinator: _____ Date: _____

During the past few months, RSVP volunteers have been visiting with some of your residents to increase their socialization and participation in facility activities. **Socialization** includes playing games, singing, interacting with other residents or staff. **Participation** includes involvement in outings and special events. For each resident listed below, please indicate whether or not their socialization and participation in facility activities has changed. Also, please indicate whether you have seen any change in the resident's state of mind since volunteers have been visiting. An "improved" **state of mind** might be demonstrated by less depression, more outgoing behavior, hopefulness, less anxiety or more interest in the care of self. Your response is very important to us and will help us improve our services.

Resident's Name or Identification Code	Change in socialization?			Change in participation in facility activities?			Change in state of mind?		
	Increased	Decreased	No change	Increased	Decreased	No change	Improved	Worsened	No change

****Coordinator: please feel free to comment on the back.****