

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Mentoring – Sample 1 (RSVP)	<b>Work Plan ID:</b> PAF05039
<b>Issue Area:</b> Human Needs	<b>Total # Stations:</b> 1
<b>Service Category:</b> Mentoring	<b>Total # Volunteers:</b> 35
<p><b>Community Need:</b> A survey conducted by Youth Advocates of Apple Valley in July, 2001, found that more than one-third of youth surveyed in grades 6 through 12 lacks at least 1 in 4 internal developmental asset areas (i.e., positive values, positive identity, social competencies, and commitment to learning). Many of these same youth also reported an absence of a close and caring relationship with positive adult role model. The Apple Valley RSVP project is joining forces with the Youth Volunteer Corps (YVC) to provide caring adult mentors for these youth.</p>	
<p><b>Service Activity:</b> Thirty-five RSVP volunteers will each be paired with one YVC youth member during a variety of intergenerational service learning projects, including Special Olympics activities, a Christmas service project called “Santa House,” a “Blankets for Babies” project, an oral history project, a neighborhood beautification project, and other community-based activities. Projects will take place in a variety of settings throughout the county, generally in the offices of other non-profit agencies or other public places like shopping malls, sports venues, and public parks. RSVP volunteers will meet with their assigned YVC youth member at least once per week over a period of at least nine consecutive months.</p>	
<p><b>Anticipated Input:</b></p> <ul style="list-style-type: none"> <li>• Thirty-five RSVP members will provide at least five hours of one-on-one mentoring per week to 35 YVC youth members for at least nine consecutive months (180 hours of service per youth, per year; 6,300 service hours per year).</li> <li>• YVC will provide twelve hours of pre-service training and orientation to the RSVP members, plus four hours of monthly in-service training classes covering a variety of positive youth development and mentoring topics.</li> <li>• Volunteer insurance and mileage reimbursement will be provided by RSVP.</li> <li>• Supplies and materials for service projects will be supplied by host agencies.</li> </ul>	
<p><b>Anticipated Accomplishments/Outputs:</b> Youth will receive mentoring services.</p> <p><b>Indicator:</b> Number of youth who receive at least 180 hours of mentoring services over a consecutive 9-month period.</p> <p><b>Target:</b> At least 35 youth will receive at least 180 hours of mentoring services over a consecutive 9-month period.</p> <p><b>How Measured?</b> <i>Mentoring Log</i>, completed weekly by RSVP volunteer</p>	

**Anticipated Intermediate Impact/Outcome:** Youth and mentors develop a close and caring relationship.

**Indicator:** Percent of mentored youth that indicate they enjoy the relationship and are emotionally engaged

**Target:** At least 60 percent of mentored youth will indicate they enjoy a good relationship with their mentors by scoring 3.0 or higher on the *Youth Survey*.

**How Measured?** *Youth Survey*, developed by Public Private Ventures and Northwest Regional Educational Laboratory (August 2002), and administered to youth at least 12 weeks after mentoring starts.

**Anticipated End Impact/Outcome:** Youth will improve internal developmental assets areas such as positive values, positive identity, and/or social competencies.

**Indicator:** Percent of youth who increase scores from pretest to posttest in one or more of the following developmental assets: positive values, positive identity, and social competencies

**Target:** At least 80 percent of the youth mentored will increase by one level in at least one of three internal developmental asset areas after nine months of mentoring.

**How Measured?** *Internal Assets Pre/Post Survey*, administered prior to mentoring and nine months after mentoring starts