

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Food Distribution – Sample 4 (RSVP)	<b>Work Plan ID:</b> PAE05048
<b>Issue Area:</b> Health/Nutrition	<b>Total # Stations:</b> 5
<b>Service Category:</b> Food Distribution/Collection	<b>Total # Volunteers:</b> 25
<p><b>Community Need:</b>  According to report released by the Sherwood County Salvation Army, Food Pantry, and Department of Human Services, approximately 200 families receive supplemental food items at least three times each month. The food banks report turning away at least 50 families each month due to limited resources. Eligibility for program participation is based on family income being at or below the poverty level. According to the 2000 US Census Bureau, 14% of Sherwood County residents fall at or below the poverty level-- 4% higher than the state median. Without the assistance they receive from local food distribution programs, the people served would be unable to purchase the food they need.</p>	
<p><b>Service Activity:</b>  Twenty-five RSVP volunteers will each work a minimum of 20 hours a week to gather food for ten Helping Hand Food Banks and Distribution Centers. They will assist with locating food sources, the registration of clients, and the sorting, packing, and distribution of food baskets. RSVP Volunteers will also pick up donations from grocers, farmers, caterers, and restaurants and deliver them to the distribution centers.</p>	
<p><b>Anticipated Input:</b>  Twenty-five RSVP volunteers will contribute approximately 25,000 hours of service over the year. Ten Helping Hand Food Banks and Distribution Centers.  Helping Hand with provide: three hours of training (locating and soliciting donations, packaging food, eligibility paperwork) and delivery vehicles (two trucks and two vans), and mileage reimbursement.</p>	
<p><b>Anticipated Accomplishments/Outputs:</b> RSVP volunteers will increase additional sources for food donations.</p>	
<p><b>Indicator:</b> Number of new sources of food sources located by RSVP volunteers.</p>	
<p><b>Target:</b> RSVP volunteers will locate and obtain commitments from 20 new food donors over the course of a year.</p>	
<p><b>How Measured:</b> RSVP/Helping Hand Food Collection Log</p>	

**Anticipated Intermediate Impact/Outcome:** RSVP volunteers will collect enough food to (1) increase the number of food bags for distribution each week and (2) increase the number of clients served.

**Indicator:** (1) Percent increase in number of food bags available. (2) Percent increase in the number of people receiving food bags.

**Target:** (1) At the ten distribution centers, there will be a 25% increase in the number of food bags available for distribution compared to the year prior to RSVP's involvement and (2) there will be a 20% increase in the number of people receiving food bags at the Helping Hand Food Banks and Distributions Centers from the year before.

**How Measured:** RSVP/Helping Hand Food Distribution Log

**Anticipated End Impact/Outcome:** Due to assistance from RSVP volunteers and the increase in the amount of food available for distribution, clients will report improved diets and less hunger.

**Indicator:** Percent of clients reporting less hunger and improved diets, defined as a greater variety of healthy foods consumed.

**Target:** Twenty percent of the clients will report that they are hungry less frequently and that their diets have improved and because of Helping Hand services.

**How Measured:** *Helping Hand Client Interview* (a 3-minute on-site client interview, conducted by staff and volunteers every six months, for three days of a one week period)