

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Substance Abuse – Sample 2 (RSVP)	<b>Work Plan ID:</b> NYE17053
<b>Issue Area:</b> Health/Nutrition	<b>Total # Stations:</b> 1
<b>Service Category:</b> Substance Abuse	<b>Total # Volunteers:</b> 45
<p><b>Community Need:</b> According to the Jefferson County Health Department’s 2002 Annual Report, substance abuse is a widespread and growing problem among youth in the county. The Health Department report estimates that over 50% of local youth will have tried an illicit drug by the time they complete high school. In addition, nearly four out of five students will have consumed alcohol in quantities of more than a few sips by the end of high school, with nearly one out of two students having done so by the eighth grade. To address this problem, there needs to be consistent and reliable substance abuse education for youth in the County. As part of a proposed enhanced substance abuse education program, the County Health Department has asked the Jefferson County RSVP program to participate in the distribution of substance abuse education information to area youth.</p>	
<p><b>Service Activity:</b> Forty-five (45) RSVP volunteers will serve 20 hours a week for 32 weeks helping to prepare, present, and distribute substance abuse prevention information for the Jefferson County Health Department. Information will be introduced and distributed to at least 2,000 youth at junior high and high school health education classes, after school programs, and local youth organizations.</p>	
<p><b>Anticipated Input:</b> Forty-five (45) RSVP volunteers will serve 20 hours per week for 32 weeks, for a total of 28,800 hours of service. The Jefferson County Health Department will provide the substance abuse prevention education information and office space to assemble and store the material. RSVP of Jefferson County will provide volunteers with training in how to introduce the material, a list of destinations, and mileage reimbursement.</p>	
<p><b>Anticipated Accomplishments/Outputs:</b> Youth will receive substance abuse prevention information.</p> <p><b>Indicator:</b> Number of youth receiving substance abuse prevention information.</p> <p><b>Target:</b> At least 2,000 youth will receive substance abuse prevention information during the program year.</p> <p><b>How Measured?</b> <i>Prevention Information Distribution Log</i></p>	

**Anticipated Intermediate Impact/Outcome:** Youth will recognize the major risks of substance abuse.

**Indicator:** Percent of youth who can identify the major risks of substance abuse.

**Target:** At least 75 percent of the youth who receive the substance abuse prevention material and respond to the survey will correctly identify at least ten major risks of substance abuse on a self-assessment survey.

**How Measured?** *Substance Abuse Self-Assessment Survey* (to be included with substance abuse prevention material, and returned within 30 days. As an incentive, all returned surveys are eligible for a prize drawing.)

**Anticipated End Impact/Outcome:** Youth will reduce or eliminate their use of alcohol and/or drugs.

**Indicator:** Percent of youth who reduce or eliminate their use of alcohol or illegal drugs.

**Target:** At least 30 percent of the youth who received the substance abuse information will report that they reduced their use of alcohol or drugs, or eliminated their use altogether on a six month follow-up.

**How Measured?** *Substance Abuse Information Follow-Up Survey* (to be administered after six months to the same groups of youth who received the original information)