Senior Corps Work Plan SAMPLE*

<table>
<thead>
<tr>
<th>Work Plan Name: Other Health – Transportation – Sample 4 (RSVP)</th>
<th>Work Plan ID: NYE15087</th>
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<tbody>
<tr>
<td>Issue Area: Health Nutrition</td>
<td>Total # Stations: 1</td>
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<tr>
<td>Service Category: Other Health/Nutrition</td>
<td>Total # Volunteers: 35</td>
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Community Need:
According to the Department of Labor and Statistics and the Census Report 2000, 22% of Hobbes County’s 64,066 inhabitants, or 14,095 individuals, are 60 years of age and older. Of that population, approximately 19% do not own a vehicle. In 2000, the Taskforce on Building Rural Capacity in Hobbes County cited transportation “as the most critical barrier in the service delivery system.” Lack of transportation compromises the ability of the frail elderly to keep appointments, thereby limiting their overall ability to manage their health.

The Hobbes County Office on Aging also prioritized transportation as the number one unmet community need in the county (2004 report). To address this need, the Office on Aging contacted the Good Samaritan program to provide transportation and escort services for the frail elderly living in outlying areas and/or requesting transportation outside the county limits to hospitals and doctor appointments. Presently there is no other agency or program in the county providing this service for the elderly. Good Samaritan’s transportation service, with the assistance of RSVP volunteers, will help Hobbes County seniors to access medical services in order to maintain their health and remain independent.

Service Activity:
RSVP volunteers will serve as drivers and driver dispatchers for the Good Samaritan program in Hobbes County. RSVP volunteers serving as dispatchers will take transportation requests Monday through Saturday for clients who are over 60 and/or disabled and lacking transportation options. RSVP volunteer drivers will transport and escort clients to doctor and hospital appointments and pharmacy visits. Drivers will provide door-to-door service, and remain with the client during the appointment, including a stop to a pharmacy if needed. This service will be offered six days a week (excluding holidays) throughout the program year.

Anticipated Input:
Thirty-five RSVP volunteers (33 drivers and two dispatchers) will serve a total of 6,300 hours per quarter. RSVP volunteers will receive training in driver safety, common mobility disabilities, CPR, and basic first aid from the Hobbes County Office on Aging and Good Samaritan. Good Samaritan will also be responsible for conducting background checks and motor vehicle screenings, and provide insurance. RSVP volunteer drivers will use their own vehicles and be reimbursed for mileage by Good Samaritan, if requested.

* This work plan was developed from a common measure work plan used by New York programs. This work plan is available with corresponding instruments and can be found at www.projectstar.org (see statewide work plan examples), or call Project STAR at 800-548-3656.
**Anticipated Accomplishments/Outputs:** Elderly clients will receive transportation to medical appointments.

**Indicator:** Number of clients transported to and from medical appointments/pharmacy.

**Target:** At least 200 clients will receive transportation to medical appointments/pharmacy each month.

**How Measured?** Volunteer timesheets, dispatcher logs, and *Transportation Summary Sheet*

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**Anticipated Intermediate Impact/Outcome:** Clients will be able to maintain or improve their current health status.

**Indicator:** Percent of clients served who report that the transportation service contributed to their ability to improve or maintain their health status

**Target:** Seventy-five percent of seniors served report that the transportation service helped them to improve or maintain their health status.

**How Measured?** *Client Evaluation Form* distributed annually to clients

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**Anticipated End Impact/Outcome:** Clients who receive transportation to their medical appointments are assisted in their ability to remain independent.

**Indicator:** Percent of clients who report (“yes, somewhat” or “yes, very much”) that the transportation service helped them remain independent (i.e. residing at home or otherwise able to take care of themselves).

**Target:** Seventy percent of seniors surveyed will report that the transportation service has contributed to their ability to remain independent.

**How Measured?** *Client Evaluation Form* distributed annually to clients