

Senior Corps Work Plan SAMPLE

Work Plan Name: Adult Day Care – Sample 1 (SCP)	Work Plan ID: MOF02080
Issue Area: Human Needs	Total # Stations: 3
Service Category: Adult Day Care	Total # Volunteers: 30
<p>Community Need: There are three adult day care centers in Bobcat County that serve 600 seniors. These centers provide a safe and stimulating environment, daytime meals, opportunities for socialization, and full-time nurses and geriatric specialists on staff. The supervisors at all three Bobcat Adult Day Care Centers consistently report that about one third of new adult day care clients tend to be withdrawn, exhibit difficulty adjusting to the adult day care setting, and are reluctant to participate in Center activities. It is essential that new clients adjust to the adult day care setting so that they can experience the full benefits of Center activities. The Centers already operate at maximum capacity, so Center personnel have little time to provide one-on-one support to these clients to help them adjust to the adult day care setting. Extra attention and encouragement from volunteers can ease this adjustment and promote participation and socialization.</p>	
<p>Service Activity: Thirty Senior Companions will serve at three Bobcat Adult Day Care Centers four days per week, visiting one-on-one with new clients and with other clients who need additional attention. Activities will include escorting clients to social activities and encouraging participation and socialization, including assisting the client with starting activities and introducing the client to others.</p>	
<p>Anticipated Input:</p> <ul style="list-style-type: none"> • Thirty Senior Companions will each serve at one of the three Bobcat Adult Day Care Centers (an average of ten Senior Companions per site). Each Senior Companion will serve approximately four hours per day for a minimum of 16 hours per week. Senior Companions serve for 50 weeks each year (24,000 total volunteer hours per year). • Four Center staff will provide Senior Companions with 16 hours of pre-service training covering Center policies and expectations, basic procedures, and ethical issues. Senior Companions will also receive at least four hours of quarterly in-service training on specific topics related to client needs and health issues. • Three Center supervisors (one at each site) will identify newcomers and regular clients in need of social contact and match them with a Senior Companion. These Center supervisors will also provide daily support and feedback to Senior Companions. 	

Anticipated Accomplishments/Outputs: Identified adult day care clients will receive one-on-one attention from Senior Companions.

Indicator: Number of clients receiving one-on-one attention from a Senior Companion for at least two hours, three times a week, for at least six weeks

Target: Sixty clients will receive one-on-one attention from a Senior Companion (two hours, three times a week, for at least six weeks).

How Measured: *Bobcat Adult Day Care Center Log*, completed daily by Center staff, with assistance from Senior Companions

Anticipated Intermediate Impact/Outcome: Clients receiving one-on-one attention from Senior Companions will be relaxed and comfortable within the adult day care setting.

Indicator: Percent of clients receiving one-on-one attention from Senior Companions who Center supervisors characterize as generally relaxed and comfortable in the adult day care setting

Target: Center supervisors will characterize at least 65 percent of clients receiving one-on-one attention from Senior Companions for at least two weeks as generally relaxed and comfortable in the adult day care setting.

How Measured: *Adult Day Care Center Supervisor Survey*, completed after a client has received one-on-one attention for at least six weeks

Anticipated End Impact/Outcome: Clients who receive one-on-one attention from a Senior Companion will increase socialization.

Indicator: Percent of clients receiving one-on-one attention who participate regularly in group activities and who form friendships with other clients.

Target: Center supervisors will report that 65 percent of the clients receiving one-on-one attention from Senior Companions for at least six weeks are participating regularly in group activities and have formed friendships with other clients.

How Measured: *Adult Day Care Center Supervisor Survey*, completed after a client has received one-on-one attention for at least six weeks