

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Substance Abuse – Sample 1 (RSVP)	<b>Work Plan ID:</b> MAE17034
<b>Issue Area:</b> Health/Nutrition	<b>Total # Stations:</b> 1
<b>Service Category:</b> Substance Abuse	<b>Total # Volunteers:</b> 6
<p><b>Community Need:</b></p> <p>The Drug Rehabilitation Center offers a variety of support services to help individuals remain drug-free, raise healthy children, work towards self-sufficiency, and ultimately lead a better life. Of the 250 clients served each year by the Center Drug Rehabilitation Program, 150 of them are parents, many of whom are raising children in single-parent households. Due to the lack of affordable child care services, it is difficult for these parents to participate fully in the substance abuse treatment programs offered by the Center. Without child care services, parents are more likely to drop out before completing treatment. According to County records, 50 percent of parents in substance abuse treatment programs that do not offer child care drop out before fully completing these programs, compared to only 26% enrolled programs that do offer child care. Additionally, children exposed to substance abuse in the home are at-risk for substance abuse themselves, as well as other forms of anti-social behavior. To protect against these risks, these children need exposure to a secure, nurturing, drug-free environment. The child care offered by the Center offers such exposure. In addition, the provision of this service affords parents the opportunity to seek and fully participate in the Center’s substance abuse support services.</p>	
<p><b>Service Activity:</b></p> <p>RSVP volunteers, under the supervision of the Site Supervisor, will provide care and enrichment to children while parents receive individualized, uninterrupted substance abuse counseling and support. The service of RSVP volunteers will help reduce parents’ barriers to effective treatment, allowing them to participate more confidently in Center programs; and provide a safe, drug-free environment for their children. Six RSVP volunteers will work with the staff at the Center Drug Rehabilitation Program to serve children and infants individually or in small groups, to provide enrichment, affection, guidance, and emotional support. Activities will include reading aloud, talking with children, and guided play. RSVP volunteers will also document attendance and concerns about the children/families.</p>	
<p><b>Anticipated Input:</b></p> <p>Six RSVP volunteers will each serve a minimum of 15 hours per week at the Center for 50 weeks per year (total annual service hours = 4,500). RSVP volunteers will receive training from the Center’s Program Director, in monthly two-hour, in-service sessions, that will include presentations and discussions on preschool reading levels, as well as, age-appropriate reading materials and social skills. The training will include guest speaker presentations from child psychologists and other specialists. Among other topics, these presentations will focus on strategies that encourage attention and interaction between child and volunteer. When possible, RSVP volunteers will attend additional workshops, focusing on children of special needs or children at risk. The RSVP program will provide recognition and travel reimbursement.</p>	

**Anticipated Accomplishments/Outputs:** Children will receive child care; their parents will participate in Center programs.

**Indicator:** Number of children receiving child care; number of parents participating in Center programs

**Target:** Two hundred children receive child care; 150 parents participate in Center programs.

**How Measured?** *Attendance Log*, completed daily by RSVP volunteers

**Anticipated Intermediate Impact/Outcome:** Parents receiving Center services are better able to focus on their own treatment because they do not need to worry about the quality of their children's care.

**Indicator:** Percent of parents receiving treatment and counseling services who (1) are satisfied with the quality of child care services; and (2) report they are better able to focus on treatment because they know their children are safe

**Target:** Ninety percent of parents receiving treatment and counseling services will report that knowing their children are receiving good child care has contributed to their ability to focus on their own treatment needs.

**How Measured?** *Parent Survey*, completed after four months

**Anticipated End Impact/Outcome:** Parents are able to complete the Center's programs.

**Indicator:** Percent of parent participants whose children are receiving child care that are able to complete the Center's programs.

**Target:** Sixty percent of parent participants with children in the Center's child care are able to complete the Center's treatment and counseling programs.

**How Measured?** Program participation records