

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Other Health – Transportation – Sample 3 (SCP)	<b>Work Plan ID:</b> IAE15082
<b>Issue Area:</b> Health/Nutrition	<b>Total # Stations:</b> 1
<b>Service Category:</b> Other Health/Nutrition	<b>Total # Volunteers:</b> 14
<p><b>Community Need:</b>  Approximately 11,000 seniors live in Swallow County. The 2002 Area Agency on Aging “Gap in Services Report” estimates that 30 percent of Swallow County seniors, many of whom are frail elderly, are without sufficient transportation. This leaves isolated elderly residents unable to meet their own basic health needs including shopping for groceries, filling prescriptions, and getting to doctor appointments. Senior Companions can assist this population to maintain their independent living by providing transportation and an escort to necessary appointments.</p>	
<p><b>Service Activity:</b>  Senior Companions, serving with the Swallow County Area Agency on Aging, will provide regular transportation for frail seniors identified by the Agency. Senior Companions will arrange transportation and escort 2-3 seniors to doctor appointments, assisting them with errands such as shopping for food and filling medications, driving them to the senior center, etc.</p>	
<p><b>Anticipated Input:</b>  Fourteen Senior Companions will each serve at 12-15 hours weekly for 48 weeks, for a total of 8,064 volunteer hours. Senior Companions will provide their own vehicles and have the option to request reimbursement for mileage. In addition, the Agency will provide two wheelchair-access vans and driver training. Senior Companions will also receive forty hours of pre-service orientation and training, and four hours of in-service training each month from the Senior Companion Program.</p>	
<p><b>Anticipated Accomplishments/Outputs:</b> Frail seniors will receive weekly scheduled transportation assistance from Senior Companions.</p>	
<p><b>Indicator:</b> Number of clients served, number of weeks of service received per client</p>	
<p><b>Target:</b> 40 clients will receive transportation assistance for at least thirty weeks of the year.</p>	
<p><b>How Measured?</b> <i>Transportation Log and Summary Sheet</i></p>	

**Anticipated Intermediate Impact/Outcome:** Frail seniors will report that the program has helped meet their transportation needs.

**Indicator:** Percent of clients who report they have been helped on a regular basis in meeting their transportation needs (e.g. keeping doctors appointments, filling prescriptions and/or shopping for groceries)

**Target:** Seventy (70) percent of Senior Companion clients will report they have been helped with at least two transportation needs on a regular basis.

**How measured?** *Client Transportation Survey*

**Anticipated End Impact/Outcome:** Frail seniors will report they are better able to remain living at home because their transportation needs are met.

**Indicator:** Percent of clients who report increased confidence in their ability to remain living at home because of the transportation support they receive

**Target:** Seventy (70) percent of clients will report that they are more confident in their ability to remain living on their own due, in part, to the transportation support they have received.

**How Measured?** *Client Transportation Survey*