

Senior Corps Work Plan SAMPLE

Work Plan Name: Food Distribution – Sample 7 (RSVP)	Work Plan ID: IAE05083
Issue Area: Health/Nutrition	Total # Stations: 3
Service Category: Food Distribution/Collection	Total # Volunteers: 30
<p>Community Need: According to the 2000 United States census, the median household income in Monarch County is \$31,000, compared to \$42,000 in the U.S. Twelve percent (12%) of families in Monarch County are at or below the poverty level, compared to the U.S. average of 9.2%. Helping Hand, a longstanding nonprofit that deals with hunger issues statewide, estimated that 18.5% of families with children in Monarch County experienced food insecurity during the last year, compared with 16% in the U.S (U.S. Department of Agriculture, July 2003). According to Helping Hand records, over 3,200 people were served at three Monarch County food pantries in 2004. With this assistance, these residents were able to obtain healthy and nutritious food, and in some cases, use the money saved to pay other necessary bills. RSVP volunteers are a vital part of the overall operation of the Helping Hand food pantries.</p>	
<p>Service Activity: RSVP volunteers will serve at three Monarch County Helping Hand food pantries, where food packages are given to individuals and families in need who meet agency guidelines. RSVP volunteers will each serve up to 60 hours per month in one or more of the following capacities: interviewing and registering clients, purchasing and collecting food, and sorting, stocking, packing and distributing food packages.</p>	
<p>Anticipated Input: Thirty RSVP volunteers will serve a total of 1,800 hours over the year. Helping Hand staff will train all RSVP volunteers on site. The duration of the training will be determined based on the job to be performed (usually between 4-8 hours). Helping Hand staff will also provide supervision, feedback and recognition.</p>	
<p>Anticipated Accomplishments/Outputs: Low income and needy individuals/families will receive groceries.</p> <p>Indicator: Number of clients enrolled at Helping Hand who receive groceries 1-4 times per month.</p> <p>Target: 375 individuals/families will receive groceries 1-4 times each month from Helping Hand food pantries for at least three months.</p> <p>How Measured? <i>Food Distribution Log</i></p>	

Anticipated Intermediate Impact/Outcome: Individuals or families who receive monthly assistance from the food pantries will have their basic food needs met.

Indicator: Percent of Helping Hand clients who report that the food pantry packages helped them to meet their basic food needs

Target: Fifty-five percent (55%) of the clients receiving assistance from the Helping Hand food pantries will indicate that the food packages helped them to meet the basic food needs for themselves and/or their families.

How Measured? *Client/Recipient Survey*, to be distributed after three months of assistance.

Anticipated End Impact/Outcome: Individuals or families who receive assistance from the food pantries will report eating healthier food.

Indicator: Percent of Helping Hand clients who report eating healthier food since receiving assistance.

Target: Fifty-five percent (55%) of the clients receiving assistance from the Helping Hand food pantries will report that they are eating healthier food (e.g. more fruits and vegetables, milk for children).

How Measured? *Client/Recipient Survey*, to be distributed after three months of assistance.