

Senior Corps Work Plan SAMPLE

Work Plan Name: Food Distribution – Sample 3 (RSVP)	Work Plan ID: IAE05047
Issue Area: Health/Nutrition	Total # Stations: 10
Service Category: Food Distribution/Collection	Total # Volunteers: 20
<p>Community Need: According to the State Extension Services 2002 Report, 55 percent of Southlake County falls below the national poverty level. The Southlake Area Agency on Aging reports that seniors make up over half of that impoverished group (approximately 23,750). The findings of this report prompted the local Southlake Community Action Program and the Department of Human Services to offer packages of nutritious and affordable food to the County’s low-income population. SHARE purchases food at wholesale prices and passes the savings on to the people who purchase the SHARE units. Without volunteers, the SHARE program would not exist.</p>	
<p>Service Activity: RSVP volunteers will distribute SHARE units through a network of host sites throughout the state. RSVP volunteers will do monthly signups, collect and pay the SHARE warehouse, work at the host sites sorting and boxing each order, and work twice a year at the SHARE warehouse. The SHARE sponsor will also promote the program by engaging local media.</p>	
<p>Anticipated Input: Each of 20 RSVP volunteers will provide a minimum of 60 hours per month of volunteer service to assemble, sell, and deliver the SHARE units. Twice per year, each of eight RSVP volunteers will take their turn volunteering at the SHARE warehouse for another 40 hours of service. Seasoned RSVP volunteers will orientate new volunteers each month before the sorting of units starts. The Catholic Church Parish Center will provide space for the monthly distribution.</p>	
<p>Anticipated Accomplishments/Outputs: Participants will be enrolled and will obtain food through the SHARE program.</p>	
<p>Indicator: Number of participants purchasing SHARE units.</p>	
<p>Target: Twenty-five new participants will enroll each month; 200 participants will maintain enrollment from the prior month.</p>	
<p>How measured? SHARE Enrollment List (the SHARE coordinator keeps records of number of clients served).</p>	

Anticipated Intermediate Impact/Outcome: SHARE participants will eat more nutritious foods as part of their regular diet.

Indicator: Percent of SHARE participants who report eating a more balanced and varied (nutritious) diet.

Target: Seventy percent of SHARE participants who have been enrolled in the program for at least six months will report that they now eat a more balanced and varied diet than they did before entering the program.

How measured? SHARE Recipient Survey (administered by SHARE volunteers every six months).

Anticipated End Impact/Outcome: SHARE participants' household budget will go further to cover other necessities due to saving money on their food bills.

Indicator: Percent of participants who report that they are able to spend on other necessities, such as utilities, medical expenses, prescription drugs, and clothing, due to saving money on their food bills.

Target: Sixty-five percent of the SHARE participants will report: (1) saving money on their food bill, and (2) having money left over to spend on at least one other necessity.

How measured? SHARE Recipient Survey (administered by SHARE volunteers every six months).