

Senior Corps Work Plan SAMPLE

Work Plan Name: Delivery of Health Services – Sample 3 (RSVP)	Work Plan ID: IAE04074
Issue Area: Health/Nutrition	Total # Stations: 1
Service Category: Delivery of Health Services	Total # Volunteers: 5
<p>Community Need: Sixteen percent of Mayville County’s residents are age 65 or over, higher than the state of Iowa’s average of 14.9 percent. In addition, of the 6.5 percent of Mayville County residents living in poverty, about one-half are seniors (U.S. Census 2000). According to a 2003 study conducted by Active Citizen Iowa, at least once each month, 22 percent of Mayville seniors must choose between paying for living essentials (e.g. food, transportation, home repairs or rent, gas and electricity) or purchasing medicine. In addition, the study notes that Medicare premiums have risen 17 percent over the last year and prescription drug costs have risen four times faster than inflation.</p> <p>Mayville Medical Center, through partnerships with pharmaceutical companies, runs a program called Healthy Seniors that assists low-income seniors to receive prescription drugs at reduced cost or for free. The Healthy Seniors Program is able to keep overhead costs low and pass the savings on to clients because of reliable volunteer support.</p>	
<p>Service Activity: RSVP volunteers will assist low income seniors at the Healthy Seniors office to get the prescription drugs they need. Duties will include: answering questions and providing information over the phone, through email, and in person to “walk-in” clients; helping clients fill out forms and applications; contacting pharmaceutical companies; getting the required doctors’ signatures; processing applications and mailing prescription orders; following up with clients to make sure medicine was delivered; and assisting clients with changes in medication. RSVP volunteers will serve at the Healthy Seniors program for at least eight months.</p>	
<p>Anticipated Input: Five RSVP volunteers will each spend 8 hours per week serving at the Healthy Seniors office for a total of 1,280 volunteer hours over eight months. Mayville Medical Center will provide the office space and supplies, a two-day orientation workshop, on-going “on-the job” training, and supervision for the volunteers. RSVP will provide recognition and reimburse transportation costs.</p>	
<p>Anticipated Accomplishments/Outputs: Clients will apply for discount/no-cost medication. Indicator: Number of applications/prescription orders sent to pharmaceutical companies per month Target: At least 30 applications per month will be sent to pharmaceutical companies on behalf of clients through the Healthy Seniors Program. How Measured? <i>Health Seniors Tracking Log</i></p>	

Anticipated Intermediate Impact/Outcome: Clients will receive prescription drugs at low cost or for free.

Indicator: Percent of clients who receive low-cost or free prescription drugs

Target: Seventy-five percent of the clients who applied through the Healthy Seniors Program will receive low-cost or free prescription drugs within 30 days.

How Measured? *Healthy Seniors Tracking Log*

Anticipated End Impact/Outcome: Seniors will not have to choose between purchasing their medications and other living essentials.

Indicator: Percent of clients who report “never” or “rarely” having to choose between spending money on living essentials (e.g. food, transportation, home repairs or rent, gas and electricity) or spending money on medicine over the past three months

Target: Seventy percent of the clients who received prescriptions through the Healthy Seniors Program will report that they have not had to choose between paying for living essentials such as food or heating bills or buying medicine for the last three months.

How Measured? *Healthy Seniors Follow-up Survey* (administered four months after client enters program)