

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Respite – Sample 2 (RSVP)	<b>Work Plan ID:</b> CAF07038
<b>Issue Area:</b> Human Needs	<b>Total # Stations:</b> 3
<b>Service Category:</b> Respite	<b>Total # Volunteers:</b> 9
<p><b>Community Need:</b>            In Wilson County, CO, the Valley Services Council has identified more than 210 grandparents over age 60 who are raising their own grandchildren because of abandonment by or incarceration of the child’s parents. At least 55 percent of the parents have been incarcerated because of substance abuse problems. The grandparent caregivers are in desperate need of regular, temporary relief to allow them to take care of their own needs. This RSVP program will offer respite care to caregivers over age 60 who are caring for their grandchildren.</p>	
<p><b>Service Activity:</b>            Nine RSVP volunteers, working at least 20 hours a week for 48 weeks, will be matched with at least 35 caregivers who have been identified by the Valley Services Council as meeting the criteria for the program. (Criteria are that the caregivers are over age 60, are caring for their own grandchildren between the ages of 2 and 6 years of age, and the legal parents are unavailable due to abandonment or incarceration.).</p> <p>RSVP volunteers will spend 2 – 4 hours per week with each family, performing some or all of the following tasks: light meal preparation, one-on-one contact with children through playing games, reading together, storytelling, and modeling appropriate behavior. RSVP volunteers are not expected to be disciplinarians for the children, but are expected to gently provide feedback and to model appropriate behaviors.</p>	
<p><b>Anticipated Input:</b>            Nine RSVP volunteers working at least 20 hours per week will provide at least 8,600 hours of service to at least 35 families during the program year. An initial 8-hour orientation plus monthly in-service training will be provided by the Valley Services Council. Specific training on working with children with special needs, helping children reach appropriate developmental milestones, and other special training topics as necessary, will be arranged for by the RSVP Program. Supervision will be provided by the three volunteer stations. The volunteer stations will provide one meal per day for each RSVP, along with mileage reimbursement as necessary. Volunteer stations will also provide any necessary supplies and equipment for the placement.</p>	

**Anticipated Accomplishments/Outputs:** Grandparent caregivers will receive respite care.

**Indicator:** Number of grandparent caregivers served.

**Target:** At least 35 grandparent caregivers will receive respite services for at least 6 months during the program year.

**How Measured?** RSVP Respite Services Tracking Log

**Anticipated Intermediate Impact/Outcome:** Grandparent caregivers will have more time to take care of their own needs.

**Indicator:** Percent of grandparents who report an increase in time to take care of their own needs

**Target:** At least 75 percent of grandparent caregivers who receive services for at least 6 months will report an increase in the time to take care of some of their own needs.

**How Measured?** Pre/post Grandparent Caregiver Survey given at intake and after 6 months of respite services

**Anticipated End Impact/Outcome:** Grandparent caregivers will be happier with their lives.

**Indicator:** Percent increase in life satisfaction scores.

**Target:** At least 75 percent of grandparent caregivers will report at least a 10% increase in their life satisfaction scores after receiving respite services for at least 6 months.

**How Measured?** Pre/post program developed life satisfaction scale, given at intake and again after 6 months of respite services.