

Agenda

Workshop/Training Title: How is my Driving? Warning Signs and Alternatives

Location: Greenville Community Center, Room 14

Date: August 30, 2010

Time: 10:00 am – 12:00 pm

Facilitator: Rose Chan, Volunteer Coordinator

Expected Number of Participants: 18-20

Activity (Outline)	Estimated time	Method	Resources (speaker, materials, handouts)
Welcome	5 min.	Facilitator explains her role and background with program.	PowerPoint slide 1 Coffee and snacks
Learning objectives: Participants will: <ol style="list-style-type: none"> 1. Understand how aging can affect driving ability 2. Identify warning signs that driving may not be safe 3. Understand local transportation alternatives and how they work 	5 min.	Provide overview and housekeeping.	PowerPoint slide 2
Warm-up and introductions Ice-breaker: Stand up if you ... (e.g. speak more than one language; have grandchildren, can do the cha-cha-cha)	15 min.	Go around the room for introductions – name, where you are from, and your best driving tip.	N/A
Content- Older Drivers: myths and realities Main points: Aging eventually causes slowdown in reflexes and response time (possible side effects of medications; hearing and vision impairment; memory and concentration). Warning signs that driver should stop driving	20 min.	Lecture and large group discussion Callout: What are some things you have seen or experienced, or heard about regarding elderly drivers that concerned you?	PowerPoint slides 3-5 Blackboard or chart for writing Warning signs checklist (handouts)

Using the Independent Living Curriculum and Planning Volunteer Training
TRAINING AGENDA SAMPLE

Activity (Outline)	Estimated time	Method	Resources (speaker, materials, handouts)
<p>Exercise: “How is my Driving?” Problem-solving scenarios –people in different situations who must soon give up driving (in groups of 3-4)</p> <p>Objective: To reinforce information covered on warning signs but also help participants empathize with older drivers; to start thinking of driving alternatives and how to ease a difficult transition.</p>	15 min.	Small group discussions	PowerPoint slides 6 Exercise Worksheet Blackboard or chart for writing
<p>Break: 11:00 – 11:15am</p>	15 min.		
<p>Exercise Debrief</p>	15 min.	Large group discussion: Ask each small group to share ideas and note on blackboard.	Blackboard or chart for writing
<p>Content: Local Transportation Options</p> <p>Main points: Greenville’s public transportation system and how it works Local volunteer transportation programs and how they work</p>	15 min.	Call out: What are the alternative transportation options in this area? Would you recommend them to a friend? Why or why not? (note options on blackboard, then show slide 7)	PowerPoint slides 7-8 Blackboard or chart for writing
<p>Closing Discuss how to find more information (local transportation websites and phone numbers; national resources such as National Institute on Aging, AARP Driver Safety Program, Aging Parents and Elder Care)</p>	10 min.	Point out recommended resources	PowerPoint slide 9 Resource Handout
<p>Training Evaluation/Feedback</p>	5 min.	Explain purpose and asks one participant to collect them.	Feedback form (anonymous)