

Senior Corps Work Plan SAMPLE

Work Plan Name: Respite – Sample 4 (SCP)	Work Plan ID: ARF07050
Issue Area: Human Needs	Total # Stations: 2
Service Category: Respite	Total # Volunteers: 50
<p>Community Need: According to the Juniper County Health Department’s 2002 needs assessment report, over 4,000 Alzheimer’s patients live in the county. The Health Department also reports that at least 30 percent of caregivers have minimal to no respite available to them. The available adult day care facilities provide a respite service to caregivers, but do not have the staff or funds to extend their services. Given the challenging nature of many Alzheimer’s patients and the length of the illness, caregivers need opportunities for respite (to maintain their own health). Given the extraordinary care requirements, caregivers have limited opportunities to access information about treatments for Alzheimer’s patients. SCP volunteers can assist the Juniper County Alzheimer’s Association meet the needs of Alzheimer’s clients and their families at little or no cost.</p>	
<p>Service Activity: SCP Volunteers will respond to this need in two important ways:</p> <ol style="list-style-type: none"> (1) They will assist with outreach activities at the Juniper County Alzheimer’s Association (JCAA). This includes assisting with mail-outs by folding, stuffing, and mailing information. Volunteers will also provide general clerical support including answering the phone, maintaining database, and responding to requests for information. Volunteers will do initial intakes with caregivers for family services. This will allow skilled personnel time for direct family support and counseling. (2) Volunteers will assist with client activities at the two JCAA Adult Day Care facilities by working directly with Alzheimer clients and helping them to participate in daily activities such as: table games, movement class, meals, hygiene, taking medication, and recreational activities. This will allow the caregivers an opportunity for respite. <p>Over the year, 50 volunteers will each work a minimum of 1,000 hours with JCAA.</p>	
<p>Anticipated Input: Fifty SCP volunteers will provide a total of 50,000 hours of service annually. A nurse and a family counselor from JCAA will provide volunteers with six hours of Alzheimer orientation and training (to better understand clients), and four hours of family support training (to better understand caregivers). Volunteers will also receive in-service training and supervision by JCAA specialists. SCP volunteers will be reimbursed for travel expenses and receive a small stipend.</p>	

Anticipated Accomplishments/Outputs: SCP volunteers will assist Alzheimer’s clients in daily activities at the JCAA Adult Day Care facilities, providing respite to caregivers.

Indicator: Number of Alzheimer’s clients assisted by volunteers at day care; number of caregivers given respite.

Target: Fifty volunteers will assist 120 Alzheimer’s clients at two JCAA day care facilities and provide 120 caregivers with a respite opportunity.

How Measured? *JCAA Day Care Client Log*

Anticipated Intermediate Impact/Outcome: Caregivers will report satisfaction with JCAA services because of the extra attention SCP volunteers were able to provide.

Indicator: Percent of respondents reporting “very satisfied” with services areas.

Target: Seventy-five percent of the caregivers will report they are “very satisfied” with at least 8 of 12 service areas that SCP volunteers assist with or provide at JCAA.

How Measured? *JCAA Caregiver Client Survey*

Anticipated End Impact/Outcome: Caregivers will credit JCAA services with helping them to keep loved ones with Alzheimer’s living at home (rather than a nursing home or other institution).

Indicator: Percent of caregivers who identify JCAA services as a contributor to being able to keep loved ones with Alzheimer s living at home.

Target: Sixty-five percent of the caregivers will report JCAA services contributed to their being able to keep loved ones with Alzheimer s living at home.

How Measured? *JCAA Caregiver Client Survey*