

## Senior Corps Work Plan SAMPLE

<b>Work Plan Name:</b> Other Health – Transportation - Sample 2 (RSVP)	<b>Work Plan ID:</b> ALE15081
<b>Issue Area:</b> Health/Nutrition	<b>Total # Stations:</b> 1
<b>Service Category:</b> Other Health/Nutrition	<b>Total # Volunteers:</b> 12
<p><b>Community Need:</b> According to needs surveys conducted by the Area Agency on Aging that serves Crookston County, Minnesota, assistance with transportation is one of the top 10 needs of the county's older adults. As a rural county, many residents must travel substantial distances to obtain medical care, including travel to Grand Forks, North Dakota. There is no public transportation to travel outside the county, and services within the county are limited. Many elderly are no longer able to drive due to poor health, decreased vision, and related declines in driving performance. There are an estimated 1,259 persons age 60 and over, or 17.8% of this population, who have poverty level incomes. Many seniors cannot afford to pay for needed transport for medical appointments or to go to the pharmacy. To help these seniors take care of their health and remain independent, the Seniors Helping Seniors program (SHS) has asked RSVP for volunteer drivers to escort seniors to appointments.</p>	
<p><b>Service Activity:</b> RSVP volunteers at SHS will provide elderly and disabled individuals with transportation for medical appointments and to obtain prescription medications six days a week (Monday – Saturday). Services will be targeted to the elderly and disabled without transportation that cannot afford to pay for such services. Referrals will come from families, health and social service agencies.</p>	
<p><b>Anticipated Input:</b> Twelve RSVP volunteers will use their personal vehicles to drive 75 elderly and disabled persons to scheduled medical appointments or to pick up prescription medications, averaging five (5) hours of service a trip, resulting in 375 hours of service monthly and 4,500 service hours annually. In addition, volunteers will use service hours to help publicize the service. RSVP and SHS will provide recognition, and reimburse volunteers, if requested, for mileage at established rates for volunteers.</p>	

**Anticipated Accomplishments/Outputs:** Elderly and disabled citizens will receive transportation to their scheduled medical appointments.

**Indicator:**

1. Annual number of elderly and disabled persons who receive transportation services for medical appointments (unduplicated individuals)
2. Annual number of (round) trips provided by RSVP volunteers for medical appointments

**Target:**

1. Each year, 75 unduplicated elderly and disabled persons will receive transportation services for medical appointments.
2. Each year, RSVP volunteers will provide at least 150 (round) trips for medical appointments.

**How Measured?** *Transportation Roster* (keeps a record of all individuals who receive transportation to medical appointments, and a tally of how many trips each individual receives)

**Anticipated Intermediate Impact/Outcome:** Elderly and disabled provided with transportation services will be able to keep their medical appointments.

**Indicator:** Percent of elderly and disabled persons requesting transportation who are transported to all medical appointments on time

**Target:** Seventy-five (75) percent of elderly and disabled persons who request transportation to medical appointments will be transported on time every time.

**How Measured?** *Transportation Roster* (includes a check off box to show whether or not client was delivered to each medical appointment on time)

**Anticipated End Impact/Outcome:** Elderly and disabled persons who receive transportation services will report that they are able to remain independent due to these services.

**Indicator:** Percent of survey respondents who report that they are able remain independent due to RSVP transportation services (e.g., increased sense of independence, able to keep appointments and get medications on a regular basis, able to save money, etc.)

**Target:** Ninety (90) percent of survey respondents will report that they are able remain independent due to RSVP transportation services by agreeing with at least four of six survey items.

**How Measured?** *Transportation Service Client Interview* (post-survey), administered to elderly and disabled persons after they have received transportation services for at least four months