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Executive Summary

The Senior Activities Center, Inc. (SAC) is the sponsor of the Bedford/Cambria County Retired and Senior Volunteer Program. They have successfully managed the RSVP program since 1972. An estimated 520 volunteers 55 and older will serve with Bedford/Cambria County RSVP Program. Some of their activities will include food banks, soup kitchens, help with tax filing, structured exercise classes, and home delivered meal preparation. The primary focus area of this program is Healthy Futures. At the end of the three-year grant cycle, April 1, 2015-March 31, 2018, approximately 900 disabled and older adults will be able to stay in their own homes and remain independent longer. The CNCS federal investment of \$101,857.00 each year will be supplemented by a match of approximately 37%.

Strengthening Communities

Q1-Q7. RSVP of Bedford/Cambria County encompasses a two-county area of 1,700.65 square miles in South Central Pennsylvania. The US Census Bureau reports that the population of Cambria County is 140,499 with 47,795 being age fifty-five (55) and older, which is 33.2% of the population and fifteen-point five percent (15.5%) are at or under the poverty level. Bedford County has a population of 49,055 with 16,247 being age fifty-five (55) and older, which is 32.6% of the population and thirteen percent (13%) are at or under the poverty level. RSVP will reach its Primary Focus Goals and meet the National Performance Measures by placing volunteers in the following areas: The goal of Aging in Place is to help people with challenges to remain in their own homes as long as possible. The Pennsylvania Health Care Association reports an average cost of \$5,000.00 a month for nursing home care. Maintaining seniors in their own home is a lesser expense for the public.

A 2010 survey tied to the Older American Act states that 93% of home-bound elderly felt that receiving Meals on Wheels, which supplies the client with 1/3 of their daily nutritional needs, enabled them to remain in their own homes longer, 87% reported improved health. The Area Agency on Aging/Meals on Wheels Program serves an average of 900 home-bound elderly with a nutritionally balanced meal five days a week. This program depends upon RSVP volunteers to help them provide this needed service.

According to Feeding America Map the Gap, 49.0 million Americans as of 2012 lived in food insecure households with 33.1 million being adults and 15.9 million being children. The US Census Bureau reports that 28.5% of the residences in Bedford/Cambria live at or under the poverty level, with 10.32% of them being children. With the end of the American Recovery and Reinvestment Act in 2012

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resulted in the loss of \$657,587 from the Supplemental Nutrition Assistance Program in Bedford County (SNAP) and \$2,247,548 in Cambria County. As reported by Homefacts.com in March 2013, Bedford County had an unemployment rate of 10.2% and Cambria County 11.3%, while the national average was 7.6%. The high unemployment rate shows a need for RSVP to continue our partnership with other social service agencies to address the concern of food security for our low-income and elderly county residents.

The Pittsburgh Food for Families Agency reported that they serve a monthly average of 6,000 residents in Cambria County and 2,245 residents of Bedford County at six local food banks. These food banks depend upon volunteers to remain operational. Volunteers serve an average of 6-12 hours each month. They attend food safety trainings, register eligible clients, order, store food, and package boxes for distribution, clean and sanitize work area and document volunteer service hours. These food banks are an RSVP priority for recruitment of volunteers.

RSVP will also address the issue of food security by recruiting and placing volunteers at St. Vincent de Paul Family Kitchen. The kitchen serves a noon hot meal daily to those in need of food and social interaction, thus providing nutrition for both body and mind. The kitchen is all-volunteer operated and supported by churches, groups, business, and people who give food, money and their time. Volunteers serve as cooks, food preparers, servers and cleaners. The kitchen asks that volunteers serve at least 3 hours one day a week.

According to the Pennsylvania Department of Aging, 2.4 million state residents are over the age of 60. Adequate nutrition is vital for these individuals because of their vulnerability to health problems and physical/cognitive impairments. The Cambria County Area Agency on Aging provides low-income seniors sixty and older produce vouchers which help to supplement nutritional needs. RSVP will recruit and place volunteers with this program. Volunteers will determine applicants age (federal guidelines define seniors as individual who are at least sixty years of age), income eligibility (following federal poverty guidelines) and are county residents. Volunteers will serve approximately fifty hours during the duration of this program during the month of June. Approximately 2,500 low-income seniors will receive \$20.00 worth of vouchers to buy Pennsylvania fresh produce. This not only helps them with nutritional needs it also helps the economy since they buy local farm produce.

The Commodity Supplemental Food Program (CSFP) works to improve the health of low-income elderly persons at least 60 years of age and older by supplementing their diets with nutritional USDA Foods. CSFP is administrated by the Food and Nutrition Service an agency of the Department of Agriculture. An average of 579,000 people each month participate in this program. RSVP, seeing the

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need in our elderly population for food security, partnered with St. Vincent de Paul Society to provide supplemental food boxes monthly to eligible older adults. These boxes include a variety of foods, such as nonfat dry and ultra-high temperature fluid milk, juice, oats, ready to eat cereal, rice, pasta, peanut butter, dry beans, canned meat, poultry, or fish, and canned fruits and vegetables. Also we provide educational materials (supplied by Pittsburgh Food for Families) on healthier eating habits, and direct them to other agencies such as food banks, soup kitchens, Farmer's Market vouchers and Produce to People programs. We are allotted 51 boxes monthly and have a waiting list of low-income elderly registered. Volunteers will register and determine client eligibility, help with distribution and in some cases help to carry boxes to a senior's car. This monthly allotment of nutritional food and the referrals to other agencies helps this targeted group with food security.

RSVP addressing Healthy Futures will recruit volunteers to serve with the Pennsylvania Prime Time Health Program. The Prime Time Health Program, created by the Pennsylvania State Department of Aging, focuses on health promotion and disease prevention for older adults. This program trains volunteers to serve as skilled instructors in structured exercise classes two days per week. An average of 75 older adults regularly attends these exercise classes. Surveys taken by older adults attending structured exercise classes show they are maintaining, and in some cases improving, their health which help is them to remain independent longer. Prime Time Health's structured exercise program relies on trained volunteers instructors, who are committed to helping older adult maintain their health. Studies show that only ten to fifteen percent of the population over the age of 65 exercise regularly. The lack of regular exercise increases the risk of osteoporosis, depression and other health problems that causes an unnecessary loss of healthy years.

For a number of reasons the low income, elderly and disabled often experience difficulties understanding complex tax codes, making it harder for them to file their tax returns. Insufficient knowledge can place an additional financial burden on this group, as they may miss eligible credits and deductions if they try to do their tax return themselves. Or, they pay high fees to have a professional complete their taxes sometimes in excess of a hundred dollars. RSVP volunteers trained by the Internal Revenue Service (IRS) will help low-income, disabled and elderly with income tax filing, property/rent rebates and PACE applications. RSVP will recruit volunteers and the IRS will train approximately 25 volunteers to serve approximately 600 hours at scheduled sites in Bedford/Cambria counties with the Volunteer Income Tax Assistance (VITA) program. Approximately 1200 low-income, disabled and elderly residents of Bedford/Cambria will file tax returns with the service of RSVP volunteers. At an average of \$85.00 for a professional to prepare

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taxes, this service will result in a cost savings of approximately \$102,000 to this targeted group.

The National Center for Missing and Exploited Children (NCMEC) reported that 797,500 children 18 and under were reported missing in a one year period. The first three hours are the most critical when trying to locate a missing child. Often parents are distraught, emotional and are not able to offer law enforcement critical parts of evidence that might aid in the investigation of their missing child.

National Program Child Find reports that most children are abducted between the ages of four and six. RSVP in partnership with, local law enforcement, local school districts, and parents will recruit volunteers to serve at a Child Identification Program (Child ID). An average of 200 children will be processed through this program per year. Volunteers will spend between six to eight hours a day at kindergarten registration/orientation in local school districts. Volunteers will assist in the following activities: registration, recording the child's vital statistics, collecting a lock of hair for DNA, taking a photo of the child, record height and weight, and supply dental record forms for their dentist to complete. Fingerprinting will be done by local law enforcement officers. A nutritional packet is given to each child entitled the Two Bite Club including a storybook, coloring book, and certification encouraging healthy eating. This information will be given to the parents to keep in a safe place and will be available for law enforcement in case a child is abducted. In the event a child does go missing, parents will have the updated valuable information at hand for law officers. Volunteers serving with this program feel that they are doing a worthwhile service for their community. Also, almost a hundred percent of the volunteers return year after year to help with this program.

RSVP is involved in educating the public on the Pennsylvania Yellow Dot Program which was created to assist citizens in the "golden hour" of emergency care following a traffic accident when they may not be able to communicate their needs themselves. This program is a cooperative effort among Pennsylvania Department of Transportation, Department of Health and Aging, Pennsylvania State Police, the Pennsylvania Turnpike Commission, First Responders and local law enforcement.

Residents will fill out a medical information form and place it in their glove compartment and then place a yellow dot on their vehicle's rear window. This action alerts first responders to check the glove compartment for vital information to ensure they receive the medical attention they need. Some examples of the vital information contained in the pamphlet are medications the person is currently taking as well as medical the person is allergic to, as well as their doctor's and a contact person. RSVP volunteers and staff will hand out the yellow dot packet at health fairs, community gatherings, senior centers and other events.

The loss of mobility, through physical challenges or ability to drive, is a challenge to independence.

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Cambria County is fortunate to have public transportation which our volunteers utilize to reach their volunteer sites, medical appointments and shopping. Bedford County (mostly rural) does not have public transportation. RSVP volunteers serving at two sites, Love Inc. and Road to Recovery, in Bedford County provide transportation for residents of the county that have no other means of transportation to medical appointments, Doctor's visits and hospitals for needed screenings and chemotherapy.

RSVP staff will educate station supervisor on the proper procedure of documenting volunteer hours, travel reimbursement and means of data collection for National Performance Measures in Primary Focus Area. Samples of volunteers' hourly work sheets, mileage forms and job descriptions will be discussed with station supervisor on initial site visit. RSVP will use Volunteer Reporter to track volunteer hours and mileage reimbursement utilizing monthly time sheets volunteer registration forms, and annual surveys.

RSVP will focus on involvement with Veterans/Military families with our "Sock It to us Program" which donates new socks, personnel hygiene items and home baked cookies to the group Military Mothers which sends these items to our military personnel serving abroad during the holiday season; also we will place volunteers with the Veterans Outreach Center to support office staff and also veterans will be advised/educated on the availability of community outreach programs and agencies such as the Vita Tax Program, Supplemental Nutritional Assistance Program (SNAP), The Pennsylvania Farmer's Market Nutrition Program, The Salvation Army and St. Vincent de Paul Soup kitchens and local food banks where they can receive needed help and support.

As stated previously, both counties have a large population of elderly residents. RSVP will support the Bedford and Cambria Counties Area Agencies on Aging campaign of educating the public on Elder Abuse. RSVP will place flyers, provided by Area Agency on Aging, at RSVP sites stating what elder abuse is and how to report suspected abuse. We will support The Laurel Highlands Alzheimer's Foundation in their mission to hold free early Dementia/Alzheimer's screenings for the public by providing space for screenings at a RSVP site and advertise the availability of the screenings.

RSVP work plans will address community needs such as food security, healthy futures through nutrition, exercise, and transportation to care, blood collection, and poverty issues. To achieve data collection staff will document volunteer hours of service at primary focus sites by monthly volunteer sign-in sheets documented by station supervisor. RSVP will network with station supervisor to determine the target number of volunteers needed at the site. This issue will be fully addressed in work plans.

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Recruitment and Development

Q8-Q11. RSVP of Bedford/Cambria County offers diverse opportunities for volunteers age 55 and older according to their skills and abilities. Networking with RSVP stations helps us to provide quality opportunities. Under new guidelines, we had enough flexibility to accommodate volunteer's roles in the community that match their interest and skills.

A recent annual Volunteer Satisfaction Survey showed that volunteers were satisfied with the RSVP staff, assignments and stated that volunteer service keeps them active. Some comments were: "I enjoy volunteering it makes me feel good;" "RSVP staff is supportive and respected;" "Volunteering means working with good friends and making new friends."

Survey results:

Over 99.8% of volunteers stated that they felt that our program was well organized, they were well trained for service at assigned sites, received adequate support from staff, would keep volunteering with RSVP and recommend us to family and friends.

Numerous opportunities for service are available for RSVP volunteers, such as the following: Volunteers operate food banks in Bedford/Cambria County, serve with The American Red Cross, at scheduled blood mobiles, manage a public library that has no staff, knit hats gloves and mittens for children of low income families for use during the winter months, serve with The Chamber of Commerce in both counties, Community Action (Drug Awareness Program), County Treasurer's Office processing approximately 40,000 In-State and Out of State Deer License, conduct structured exercise classes through the Pennsylvania Prime Time Health program, Bedford/Cambria County Meals on wheels program which serves approximately 900 homebound elderly a hot meal three days a week and a frozen meal two days a week, Old Bedford Village which provides a hands-on educational experience on pioneer life for approximately 3,000 elementary school children in three states (Pennsylvania, Maryland and West Virginia), during the summer months, Volunteer Tax Assistance Program (VITA) which helps approximately 1,200 low income, veterans, disabled, and elderly with income tax filings, and helps older adults obtain prescription medications through the Pennsylvania PACE/PACENET Program and helps with filing applications for Pennsylvania Property Tax and Rent Rebates, USDA Supplemental Food Program, which provides a box of nutritional foods monthly to low income seniors and also educates them on healthy eating habits and food safety, Roads to Recovery, and Love Inc. which provides transportation of clients to medical appointments, The Pennsylvania Yellow Dot Program, and Children's Safety Programs, (Red Ribbon Campaign) which educates school children on the dangers of drug usage, Child Identification Program Child I.D.)

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which provides vital information for parents to keep which contains child's fingerprints, lock of hair for DNA, vital statics, photo of child to be given to local law enforcement in case of an abduction. Bedford/Cambria County RSVP has a quarterly, full page article in the Bedford Gazette newspaper and a Facebook page which highlights volunteer opportunities, special events, and programs. Each year over 400 professionally developed placemats are used at local café and restaurants advertising the RSVP Program. The Bedford County Chamber of Commerce promoted volunteering through RSVP in 2014 by awarding the John Anderson Award and making a video tap promoting RSVP on UTube and other internet sites.. But still our greatest recruitment tool still remains word of mouth. RSVP staff, RSVP volunteers, Board of Directors and Advisory Council members serve on many community boards and advisory groups, some of them are: The Salvation Army, American Red Cross, Alzheimer's Association, Area Agency on Aging, United Way, Foster Grandparent Program, Cambria and Bedford Counties Chamber of Commerce, Retired Men's Club, Young at Heart Senior Olympics, Bedford County Human Service Board, and American Cancer Society. Volunteers, staff and Advisory Council also participate in group volunteer opportunities such as: The Sock it To Us Campaign, Martin Luther King Holiday, Day of Caring and Mayor's Day. These events help to introduce RSVP to the public. RSVP staff and volunteers hold presentations and display at Senior Expos, health fairs, senior centers, churches, civic groups, and other community gatherings. This helps RSVP to cover a rural and urban two county area and reach people of all economic levels. RSVP of Bedford /Cambria County each hold a annual Recognition and Awards Luncheon for our volunteers and numerous stations such as: The Chamber of Commerce, Pennknoll Village, Donahoe Manor, VITA, ALSM, Senior Centers, and Colonial Courtyard. Also we hold an Annual Supervisor Breakfast to thank station supervisors for their support of the RSVP program.

Program Management

Q12-Q16. Program Director and RSVP staff meets with new station supervisors and explains the RSVP program and its policies, the stations responsibilities, explains volunteer hours and mileage forms, job descriptions, reviews MOU, and stresses the need for data collections. Staff also explains the requirements such as, having to be a not-for-profit or non-profit federal government agency as required, along with the requirements prohibiting religious, ethnic and political activities. Staff will meet with station supervisor at least once a year to review any issues, update MOU, and/or garner data collections. Also RSVP staff conducts an accessibility and safety check as required. New volunteers will fill out a registration form and receive training when they accept a new position, staff goes over job description, explains the importance of tracking hours, excess insurance coverage, and

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mileage reimbursement with new volunteer. At this time, we discuss with the volunteers if they are comfortable with the position requirements and inform them of the office phone number to report any problems, give them a RSVP handbook, and introduce them to other staff members.

RSVP always seeks stations which we can partner with to meet unmet identified community needs. Some of the needs we have addresses are food security, child safety, transportation, blood collection, support to military men and women, income tax filing, and The PA Department of Transportation Yellow Dot Program, The Young at Heart and Senior Olympic Games and structured exercise classes for older adults.

Some categories of stations, such as hospitals and nursing homes, are being permitted to come to a natural end thus ending the volunteer service at that site. RSVP feels that we do not want to disrupt any volunteer who has been providing a valuable service. RSVP will work with the volunteers who were placed at "Graduated Stations" to new assignments in focus areas. Through reassignment and graduating volunteers Bedford/Cambria RSVP has reached its goal of 30% limit in the community priorities work plan.

RSVP will utilize the Volunteer Reporter for the volunteer and station data collection and reporting purposes. The Program Director oversees all project performance and evaluations at multiple times during the year in addition for reporting to the Corporation for National and Community Service. The sponsor Senior Activities Center, Inc. Board of Director's and business manager are responsible for budget development and financial management. Monthly financial statements and program up-dates are provided to the Board. We are not required by Federal government to do an audit but with Wessel and Company a 1099 is submitted.

RSVP has a strong base of community funding. The Cambria County Commissioners provides office space, utilities, internet service for the Cambria County RSVP office. The Bedford County Commissioners support RSVP with a yearly \$1,500 donation and the Bedford County Area Agency on Aging which provides a yearly \$4,000 donation. Our Advisory Council is very supportive and raises money through such events as Fall Foliage and solicits local business contributions. This helps with costs for volunteer recognition events and volunteer mileage reimbursement.

Organizational Capability

Q17-Q31. Senior Activities Center of Cambria County, Inc. was incorporated in 1972 and has successfully sponsored and managed/operated the Cambria County RSVP Program for over 42 years. In 1980 they added Bedford County through a Corporation for National & Community Service grant. Our match for our current funding is approximately 37.24%. We receive support from local

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government, Advisory Council, Sponsor Agency, local business and also volunteer fund raising efforts. Sponsor's Board of Directors feels there is no question of community support for the grant. Program Director and Coordinator recently reviewed our data collection to make sure we are in compliance with federal regulations. We use the Volunteer Reporter for record keeping and for reporting to the Corporation. Staff collects and documents monthly time sheets and mileage reimbursement forms from volunteers and volunteer sites.

RSVP has three people on staff, the Project Director, Diane Cence, works full time at our Johnstown office and has over 30 years of experience with volunteer programs. A part-time Business Manager Elsie Kirkpatrick, has a Bachelor's Degree in Business/Education Accounting, and has over 25 years of experience working with older adults. Bedford County has a part-time Coordinator, Laura Border, who has an Associate Degree in Social Services and over 17 years of experience working with volunteer programs. Staff gives monthly reports to Program Director and she gives a monthly report to our Board of Directors. RSVP staff, Board of Director's, volunteers and Advisory Council members serve on many community/agency boards. Some of them are Alzheimer's Association Advisory Council, Foster Grand Parent Advisory Board, Salvation Army Board of Director's, RSVP Advisory Council, Bedford County Human Service Council, Bedford County Chamber of Commerce Committee, and the Area Agency on Aging Young at Heart Board Member, the Bedford County Food Bank Board, American Cancer Society, Bedford County Children and Youth Board, Bedford County Arts Council and Endowment, Bedford/Cambria County Senior Center Advisory Board, Bedford County Area Agency on Aging Board, Bedford County Hyndman Library, Bedford County School Boards, United Way Committee Members and Military Mothers.

The key staff position is the Program Director Diane Cence, who is responsible for program management and is the liaison with the Sponsor's Board. She is responsible for Cambria and Bedford Counties and oversees the development of stations and volunteers, and the programing within Cambria County. Elsie Kirkpatrick, Business Manager is responsible for financial management. Laura Border Coordinator for Bedford County, oversees the development of stations and volunteers. She also oversees the programing within Bedford County.

Program Director and Coordinator each seeks funds for volunteer/operational supports as well as recognition, and program expansion, specifically for their geographical area.

With regards to experience, RSVP Healthy Future Bedford/Cambria Area Agency on Aging has relied upon RSVP volunteers to support their mission of delivering 900 hot meals five days a week in both counties for over four decades. RSVP staff work with the Meals on Wheels site supervisors at senior

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centers to place RSVP volunteers with the Meals on Wheels Program.

RSVP is also involved with transportation volunteers for LOVE Inc., which provides transportation to elderly, disabled and low income persons to their medical appointments. RSVP is also involved with transportation volunteers for the Roads to Recovery program, which provides transportation to elderly, disabled and low income persons to their appointments cancer treatment. They transport as far away as Pittsburgh and Hershey area for treatment, using Agency vehicles or their own vehicles. RSVP volunteers have helped create and operate non-staff supported Food Banks in Bedford/Cambria Counties for over 30 years. RSVP volunteers assist with the Supplemental Nutritional Assist Program (SNAP), the Farmer's Market Voucher program, and St. Vincent de Paul Society. RSVP help to support the low-income and elderly in the community to obtain food security.

In Cambria County office space, utility, internet access, and storage space are provided to RSVP by the Cambria County Commissioners as an In-Kind. Bedford County pays the minimal rental fee of \$400.00 a month, and support for utility and internet accesses supplemented through the RSVP Advisory Council fund raising. The Bedford County Commissioners and the Area Agency on Aging support RSVP with a yearly donation of \$55,000 with is used for volunteer mileage reimbursement and office supplies. Meeting spaces are available in Cambria County at the Johnstown Senior Center and in Bedford County at the Courthouse at no cost to the RSVP program. RSVP is sponsored by the Cambria County Senior Activities Center, Inc. and governed by their Board of Directors which sets policies, planning and fund raising. RSVP follows the guidelines set forth by CNCS for fiscal operations and data collections. The Board maintains a personnel policy for staff and all staff received detailed job descriptions and written travel polices are in place. A bidding policy is utilized for all supplies and office equipment purchased. All invoices over \$200.00 must be approved by the Board and two Board signatures are required on all checks/payments. RSVP contracts with Keystone Payroll, Inc. for all staff payroll and tax deductions/filing. We utilize the service of OTS, Inc. for tech support when needed. They have helped us acquire computer programs through techsoup.org at a reduced cost. The Board of Directors places community members with an understanding of senior and volunteer issues, a diversity of education, ethnicity, race, age, gender, economic background, and geographic representation across the two counties.

As previously reported, an annual survey on volunteer satisfaction is done with random volunteers (20%) chosen, with results going to the Evaluation Committee which provides a report to RSVP and results are shared with Board of Directors. Any concerns are addressed by the Program Director and the Board of Directors.

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RSVP contracts with ABILA-MIP (previously Sage) for accounting services and contracts with Wessel & Company to complete the 990 and for accounting support. All purchase orders must be signed by the Program Director and Business Manager. Purchases over \$200.00 must be approved by the Board of Directors, all checks for payments must be signed by two Board Members. RSVP contracts with Keystone Payroll for staff payroll which is directly deposited to their bank of choice. CNCS State Office on their last monitoring visit found RSVP to be in compliance with federal regulations. State Program Specialist was pleased with our efforts with the Senior Nutritional Assistance Program (SNAP).

Office space, access to computers, and the use of training/meeting spaces are provided for all staff.

With support from the community the lack of program funding has not interfered with our ability to recruit and place volunteers. As previously stated we are able to generate (37.24%) more in-kind than our required match.

The funding base currently contained within the budget and volunteer, staff and community support will allow RSVP of Bedford/Cambria County to carry out the proposed programs and services.

Other

Bedford/Cambria RSVP Program and volunteers have received many awards.

Recognition from the Greater Johnstown Chamber of Commerce with a Beautification Award for our volunteer efforts in cleaning the downtown park.

We received an award from the Johnstown Business District Coalition (JBDC)/Main Street Managers Program for our help with a JBDC Marketing Survey..

Recognition from The National Alliance of Mental Illness (NAMI) for our support of their fund raising book drive.

Recognition from Cambria County Community Action/Drug Prevention Specialist for our support of the Red Ribbon Campaign.

Recognition from Memorial Medical Center/School of Nursing for our help with a 5,000 mailing for their members.

Recognition from Cambria County Emergency Shelter Facility for our clothing collection for the children.

Bedford County business collaborated with the Bedford County Chamber of Commerce to give RSVP the distinguished John Anderson Award and professional video taping played to the public promoting RSVP session in 2013. Wix Pix Production completed the Video sessions and marketing. The John Anderson Award recognizes groups with outstanding contributions to the community.

Recognition Certification from the Allegheny Headstart Program, for the crocheted Hats and

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matching mittens for the Pre-K and Headstart children.

Community Service Award by the American Cancer Society for appreciation in the fight against cancer..

Recognition Plaque Award from Bedford County Fire Department for the exemplary service to the community.

Bedford County Commissioners have historically recognized Bedford County RSVP through a Proclamation every year on Senior Corp week.

The Bedford County local hospital UPMC appreciation award for the RSVP handmade trauma dolls for each child admitted to the emergency room.

The Bedford Gazette contacts the RSVP for each award and takes photos and prints an article for each award.

PNS Amendment (if applicable)

N/A