

PART I - FACE SHEET

| APPLICATION FOR FEDERAL ASSISTANCE | | 1. TYPE OF SUBMISSION: Application <input checked="" type="checkbox"/> Non-Construction | | | | | | | | | | | | | | |
|---|---|--|--------------|--------------|----------|---------|----------|--------------|----------|---------|-------------------|---------|-----------------|----------------------|--|--|
| Modified Standard Form 424 (Rev.02/07 to confirm to the Corporation's eGrants System) | | | | | | | | | | | | | | | | |
| 2a. DATE SUBMITTED TO CORPORATION FOR NATIONAL AND COMMUNITY SERVICE (CNCS): 10/18/12 | 3. DATE RECEIVED BY STATE: | STATE APPLICATION IDENTIFIER: | | | | | | | | | | | | | | |
| 2b. APPLICATION ID: 13SR143903 | 4. DATE RECEIVED BY FEDERAL AGENCY: 10/18/12 | FEDERAL IDENTIFIER: | | | | | | | | | | | | | | |
| 5. APPLICATION INFORMATION | | | | | | | | | | | | | | | | |
| LEGAL NAME: Federation Employment and Guidance Service, Inc. DUNS NUMBER: 040074502 | NAME AND CONTACT INFORMATION FOR PROJECT DIRECTOR OR OTHER PERSON TO BE CONTACTED ON MATTERS INVOLVING THIS APPLICATION (give area codes): NAME: Kathy Rosenthal | | | | | | | | | | | | | | | |
| ADDRESS (give street address, city, state, zip code and county): 315 Hudson Street New York NY 10013 - 1009 County: New York | TELEPHONE NUMBER: (516) 496-7550 FAX NUMBER: (516) 496-9156 INTERNET E-MAIL ADDRESS: krosenthal@fegs.org | | | | | | | | | | | | | | | |
| 6. EMPLOYER IDENTIFICATION NUMBER (EIN): 131624000 | 7. TYPE OF APPLICANT: 7a. Non-Profit 7b. Community-Based Organization | | | | | | | | | | | | | | | |
| 8. TYPE OF APPLICATION (Check appropriate box). <input checked="" type="checkbox"/> NEW <input type="checkbox"/> NEW/PREVIOUS GRANTEE <input type="checkbox"/> CONTINUATION <input type="checkbox"/> AMENDMENT If Amendment, enter appropriate letter(s) in box(es): <input type="text"/> <input type="text"/> A. AUGMENTATION B. BUDGET REVISION C. NO COST EXTENSION D. OTHER (specify below): | 9. NAME OF FEDERAL AGENCY: Corporation for National and Community Service | | | | | | | | | | | | | | | |
| 10a. CATALOG OF FEDERAL DOMESTIC ASSISTANCE NUMBER: 94.002 10b. TITLE: Retired and Senior Volunteer Program | 11.a. DESCRIPTIVE TITLE OF APPLICANT'S PROJECT: FEGS Senior Source -RSVP Nassau County | | | | | | | | | | | | | | | |
| 12. AREAS AFFECTED BY PROJECT (List Cities, Counties, States, etc): FEGS proposes to serve Nassau County of Long Island. NEW YORK Opportunity #18 | 11.b. CNCS PROGRAM INITIATIVE (IF ANY): | | | | | | | | | | | | | | | |
| 13. PROPOSED PROJECT: START DATE: 04/01/13 END DATE: 03/31/16 | 14. CONGRESSIONAL DISTRICT OF: a.Applicant <input type="text" value="NY 008"/> b.Program <input type="text" value="NY 008"/> | | | | | | | | | | | | | | | |
| 15. ESTIMATED FUNDING: Year #: 1 | 16. IS APPLICATION SUBJECT TO REVIEW BY STATE EXECUTIVE ORDER 12372 PROCESS? <input type="checkbox"/> YES. THIS PREAPPLICATION/APPLICATION WAS MADE AVAILABLE TO THE STATE EXECUTIVE ORDER 12372 PROCESS FOR REVIEW ON: DATE: <input checked="" type="checkbox"/> NO. PROGRAM IS NOT COVERED BY E.O. 12372 | | | | | | | | | | | | | | | |
| <table border="1" style="width: 100%; border-collapse: collapse; font-size: small;"> <tr> <td style="width: 20%;">a. FEDERAL</td> <td style="text-align: right;">\$ 104,379.00</td> </tr> <tr> <td>b. APPLICANT</td> <td style="text-align: right;">\$ 13,403.00</td> </tr> <tr> <td>c. STATE</td> <td style="text-align: right;">\$ 0.00</td> </tr> <tr> <td>d. LOCAL</td> <td style="text-align: right;">\$ 13,403.00</td> </tr> <tr> <td>e. OTHER</td> <td style="text-align: right;">\$ 0.00</td> </tr> <tr> <td>f. PROGRAM INCOME</td> <td style="text-align: right;">\$ 0.00</td> </tr> <tr> <td>g. TOTAL</td> <td style="text-align: right;">\$ 117,782.00</td> </tr> </table> | a. FEDERAL | \$ 104,379.00 | b. APPLICANT | \$ 13,403.00 | c. STATE | \$ 0.00 | d. LOCAL | \$ 13,403.00 | e. OTHER | \$ 0.00 | f. PROGRAM INCOME | \$ 0.00 | g. TOTAL | \$ 117,782.00 | 17. IS THE APPLICANT DELINQUENT ON ANY FEDERAL DEBT? <input type="checkbox"/> YES if "Yes," attach an explanation. <input checked="" type="checkbox"/> NO | |
| a. FEDERAL | \$ 104,379.00 | | | | | | | | | | | | | | | |
| b. APPLICANT | \$ 13,403.00 | | | | | | | | | | | | | | | |
| c. STATE | \$ 0.00 | | | | | | | | | | | | | | | |
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| e. OTHER | \$ 0.00 | | | | | | | | | | | | | | | |
| f. PROGRAM INCOME | \$ 0.00 | | | | | | | | | | | | | | | |
| g. TOTAL | \$ 117,782.00 | | | | | | | | | | | | | | | |
| 18. TO THE BEST OF MY KNOWLEDGE AND BELIEF, ALL DATA IN THIS APPLICATION/PREAPPLICATION ARE TRUE AND CORRECT, THE DOCUMENT HAS BEEN DULY AUTHORIZED BY THE GOVERNING BODY OF THE APPLICANT AND THE APPLICANT WILL COMPLY WITH THE ATTACHED ASSURANCES IF THE ASSISTANCE IS AWARDED. | | | | | | | | | | | | | | | | |
| a. TYPED NAME OF AUTHORIZED REPRESENTATIVE: Kathy Rosenthal | b. TITLE: | c. TELEPHONE NUMBER: (516) 496-7550 | | | | | | | | | | | | | | |
| d. SIGNATURE OF AUTHORIZED REPRESENTATIVE: | | e. DATE SIGNED: 10/18/12 | | | | | | | | | | | | | | |

Narratives

Executive Summary

FEGS is pleased to submit this Senior Corps application to develop Senior Source, a robust RSVP program in Nassau County, Long Island (LI). Through Senior Source, FEGS will engage 429 senior citizens as volunteers to help mitigate financial and other challenges facing older adults aging in place and others coping with disabilities and economic distress. FEGS will work in partnership with other community-based organizations to develop and implement volunteer initiatives that are designed to increase access to services; provide education around health issues and financial literacy; provide transportation to and from needed services and appointments; offer companionship in person and via technology; facilitate caregiver respite; obtain and provide donated food, clothing and other needed items to pantries and directly to those in need; and build community.

FEGS provides an extensive and integrated network of social and health services to 100,000 individuals annually across the NY metropolitan region, including approximately 25,000 on LI. Included among the populations served are 20,000 seniors that are engaged in programs designed to help them live as independently as possible, manage their health and other challenges, obtain employment, improve their access to benefits and services, increase community engagement and reduce social isolation.

FEGS leverages the resources, expertise and human capital of 4,000 volunteers annually in support of these and other critical initiatives across the agency. On LI, last year alone, 1,200 volunteers met the needs of more than 8,000 individuals in need. Our volunteer corps is diverse and includes retired and working seniors, school-aged students, retired war veterans, people with developmental disabilities, parents and their children, and other groups. FEGS has a robust infrastructure for delivering and supporting volunteer services and for managing a project of this size and scope. The agency also has

Narratives

extensive relationships with other community based organizations that will be leveraged to develop and run multiple volunteer stations across Nassau County. The proposed Senior Corps program will build on and substantially expand FECS' efforts to engage seniors in volunteer initiatives that serve seniors and others with the goals of helping to mitigate hunger, improve financial literacy and stability, decrease social isolation, and reduce barriers to accessing services and care, and more.

Strengthening Communities

FECS will engage & mobilize seniors of Nassau County in volunteer service projects that benefit residents of Nassau. Nassau is aging exponentially. According to the NYS Office for the Aging, the overall population of Nassau is predicted to decrease by 2.6% between 2000-2015, while the over-60 & over-85 populations are expected to increase by 11% and 65% respectively. By 2015, one in eight Nassau residents will be age 85 or older.

Seniors desire to remain as independent as possible in the homes & communities they helped to build. That said, this population faces multiple challenges including difficulty maintaining homes & property; severe dearth of public transport when they can no longer drive; social isolation; & difficulty keeping up with the cost of living in one of the most expensive regions in the Country. Elderly Nassau residents are often "house rich and cash poor," owning homes that cost an excessive amount to maintain, which many on fixed incomes are unable to afford.

Furthermore, the sluggish economy has left many Nassau residents across the age span coping with financial challenges & crises. As reported in 2011 by the Wall Street Journal, while the median household income on Nassau is \$91,000, there are more than 15,000 people on welfare, a 73% increase since 2007. A recent study coordinated by LI's emergency food organizations reported that nearly 65,000 adults & children seek emergency food assistance in Nassau & Suffolk Counties weekly.

Narratives

The LI Coalition for the Homeless reported that 40,000 homeless are on LI & a Feeding America study found that as many as 284,000 Long Islanders are at risk of going to bed hungry daily--a 20% increase since 2006.

FEGS will recruit, train, supervise & deploy seniors to meet the financial & related challenges of seniors aging in place & others coping with disabilities & economic distress. The projects developed will engage volunteers in activities that help to increase access to services; provide education around health issues & financial literacy; provide transport to/from needed services & appointments; offer companionship in person/via technology; facilitate respite to caregivers; obtain and provide donated food, clothing and other needed items to food pantries and directly to individuals and families in need; and build community.

As noted above, FEGS operates a range of integrated health and human services programs across LI, including significant volunteer initiatives in Nassau & across LI that engage nearly 1,200 volunteers in providing a range of services and supports to approximately 8,000 individuals in need. FEGS operates Neighborhood Naturally Occurring Retirement Communities (NNORC) programs, which serve seniors & engage them as volunteers to help guide program development, fundraising, evaluation & volunteers efforts. FEGS operates five food pantries across LI (three in Nassau) that served 12,000 people last year. FEGS obtains food donations from a variety of sources including foundations, individuals and volunteers. In addition, FEGS provides a range of mental health, employment and other family support programs on Long Island. The proposed Senior Source program will operate within the context of these programs and be fully supported by the agency's robust infrastructure. FEGS will also leverage & build on the relationships it has forged with numerous community based organizations, government agencies, houses of worship, school districts,

Narratives

local businesses, health care providers & more to strengthen the Senior Source program. We will use these linkages to raise awareness about Senior Source, recruit the proposed number of volunteers & meet the identified outputs and outcomes primarily under the Healthy Futures priority area. Senior Source will address issues around Aging In Place, Access to Care, Obesity & Food, Financial Literacy & other emerging community priorities.

Recruitment and Development

FEGS has extensive experience creating meaningful volunteer opportunities that attract and engage a diverse group of individuals to help meet the myriad and complex needs of those in the community. As noted above, FEGS recruits more than 4,000 volunteers annually. Our volunteer corps is highly diverse, including seniors, youth, individuals with developmental disabilities, parents with their children, retired war veterans, working professionals, local business groups, school groups, congregants from houses of worship, girl and boy scouts, local business and employers, etc. FEGS will continue to engage a diverse population of volunteers for Senior Source.

FEGS offers many different short and long term opportunities for volunteers, including direct involvement with clients (companionship, friendly visiting, respite, mentoring), administrative activities, food and clothing drives, etc. We work with each applicant to identify his/her skills, experience, interests and time availability in order to identify and match them to volunteer opportunities that will meet a community need, be gratifying for the volunteer and will lead to continued engagement by the volunteer.

This Senior Corps grant will leverage and enable FEGS to build upon our existing volunteer programming and infrastructure. The protocols and tools for recruiting, screening, training and supervising volunteers that we currently use will be refined as necessary to meet the proposed

Narratives

objectives of the RSVP program. FECS' significant infrastructure in the area of Quality Assurance and Corporate Compliance will ensure that the program complies with all RSVP regulations.

FECS' existing locations as well as other CBO sites will be used as volunteer stations where volunteers will be recruited and deployed.

FECS has significant experience hosting volunteer recognition events and will create an event that will specially feature the Senior Source initiative. FECS regularly recognizes the importance and impact of volunteers in agency communications such as annual reports, e-news articles, press releases, social networking, and other venues.

It has been our experience that the best strategy for volunteer recruitment and retention is the work we do to match volunteers' interests, skills and availability with opportunities that are the right fit. This helps to ensure that their experiences as volunteers are meaningful, which is in turn the most effective way for keeping them engaged.

Program Management

Senior Source will be coordinated daily by a project manager to be hired & supervised by the existing LI Volunteer Coordinator. The LI staff that manage volunteer efforts work in concert with staff & a larger infrastructure within the agency to coordinate activities across the organization & the region. This new person will be charged with coordinating Senior Source - recruiting, screening & deploying 429 senior volunteers to engage in outlined program activities. She/he will identify volunteers & connect them with projects that match their interests, time & travel needs; supervise & support volunteers; coordinate small & large scale events fostering group participation; track & document volunteer demographics, hours & type of service in a database that will aggregate data & program

Narratives

outcomes. S/he will be responsible for ensuring that recipients of Senior Source services complete surveys, enabling us to measure program impact. FEGS Quality Assurance team will research & identify evidence informed survey instruments to measure outcomes & impact. Program performance will be measured monthly. Quality assurance, quality improvement & compliance are fully integrated into the fabric of FEGS' programs; this essential component of our infrastructure ensures that program & business operations are administered ethically, with integrity and high quality standards, & in compliance with all funding sources, regulatory oversight agencies & applicable laws.

The project manager will report to FEGS' LI volunteer coordinator & will interface with the managers of FEGS programs that serve & engage seniors such as Neighborhood NORC & other aging in place programs; individuals dealing with life-limiting illness; the unemployed, underemployed and those with issues of food insecurity & economic distress; those with developmental disabilities, mental health issues, and those coping with HIV/AIDS. Together these individuals & the programs they run will help to identify volunteers & individuals in need of assistance.

FEGS maintains strong relationships across the region in the health & human services sector & beyond; relationships that will help to distinguish needs, volunteers & engagement opportunities. The project manager will leverage these existing relationships to identify volunteer stations that provide additional volunteer opportunities. Examples of organizations with whom we have established relationships that will be targeted as community partners and/or serve in an advisory capacity include: the LI Volunteer Center, RSVP of Suffolk, Health and Welfare Council of LI, United Way of LI, Jewish Association of Services for the Aged (JASA), Retired War Veterans, National MS Society, AHRC, ACLD, UCP of Nassau, Millneck School for the Deaf, Sunrise Camp for children with cancer and their siblings, Horseability -- a therapeutic riding program, houses of worship, public & private

Narratives

schools throughout Nassau County, and many more. Formal MOUs will be developed to specifically define the roles, responsibilities & processes for engaging and supervising RSVP volunteers at these stations.

FEGS has significant financial capacity, experience and resources to meet fully the fiscal management & reporting requirements of Corporation for National and Community Service, & provide high quality, outcome-driven services to clients. FEGS' comprehensive financial systems & infrastructure manages thousands of transactions with significant financial planning and controls across a broad spectrum of health and human service programs.

FEGS has built its existing infrastructure of volunteer services with discrete grants as well as funding from other grants that include volunteer activities as a program component. We have also accessed funding through the generosity of individual donors who give both time & money toward volunteer operations. We will continue to work to leverage new & ongoing funding to support Senior Source indefinitely.

Organizational Capability

Since its founding in 1934, FEGS has been committed to providing quality programs that help individuals overcome the varied barriers/challenges that lead to economic distress -- challenges such as workplace discrimination, chronic or sudden poverty, disabilities, serious health conditions, etc. The agency has decades of experience effectively engaging volunteers in mission-critical work which ensures we are well-qualified to provide RSVP services.

Across the agency, FEGS engages more than 4,000 volunteers annually, providing significant experience in operating volunteer-driven initiatives that vastly enhance the professional services

Narratives

delivered to more than 100,000 individuals per year. On LI alone, in the last year nearly 1,200 volunteers played a variety of roles in assisting and making a difference in the lives of more than 8,000 individuals in need. Senior Source will benefit from FECS' existing infrastructure and significantly build on our current capacity to engage senior volunteers to address and mitigate entrenched and growing issues such as poverty and hunger, social isolation for those aging in place and/or dealing with increased frailty and illness, and more.

As detailed above, a program manager will be hired to coordinate daily operations of the project. She/he will report to the LI volunteer coordinator who is supervised by the assistant vice president for Family Services. FECS' Family Services Division has been creating and managing meaningful volunteer opportunities across Nassau County and Long Island for nearly two decades. LI volunteer activities are coordinated with volunteer programming across the agency.

The organization has a successful track record of operating major, high-volume contracts from city, state and federal funding sources, and we have developed the infrastructure, systems, processes and administrative controls necessary to comply with all government rules and regulations. As a federal government contractor, the organization is experienced in producing A-133 audits annually, and has well-developed financial systems and controls in place to record revenues and costs on a program by program basis. Actual program performance milestones and costs are compared to planned budgets and monitored through variance and other financial reports on a monthly basis. Our annual, audited financial statements have received positive results, unqualified opinions and clean management letters for over 30 years.

FECS has a highly-developed infrastructure that supports functions including facilities and real estate

Narratives

management, purchasing, risk management, quality assurance, HR, IT, and other services to facilitate program operations, support staff, provide quality service delivery and achieve successful outcomes. FEGS' Board of Directors provides essential corporate governance and operational oversight. The Board exercises its fiduciary and governance responsibilities through sixteen governance, fiscal, administrative and program committees, including an Executive Committee, that meet regularly to review our operations in these respective areas. In addition, many FEGS programs establish and run community advisory groups that help inform and address specific issue areas. Examples include, parent advisory groups for the mentally ill and /or developmentally disabled individuals served by the Agency; consumers that have HIV/AIDS; seniors who are served in our NNORC programs; clergy who are gatekeepers in community based programs that meet the needs of their congregants; et. al.

FEGS greatly appreciates the time and talents volunteers contribute to our programs. However, it is not possible to reimburse volunteers for all of the out-of-pocket expenses that they might incur, such as travel expenses.

As previously noted, FEGS has an organization-wide Quality and Corporate Compliance Department that monitors contract compliance, ethical conduct, participant and staff incidents, organization risk and other key functions.

Other

N/A

PNS Amendment (if applicable)

N/A