

PART I - FACE SHEET

APPLICATION FOR FEDERAL ASSISTANCE		1. TYPE OF SUBMISSION: Application <input checked="" type="checkbox"/> Non-Construction
Modified Standard Form 424 (Rev.02/07 to confirm to the Corporation's eGrants System)		
2a. DATE SUBMITTED TO CORPORATION FOR NATIONAL AND COMMUNITY SERVICE (CNCS): 10/18/12	3. DATE RECEIVED BY STATE:	STATE APPLICATION IDENTIFIER:
2b. APPLICATION ID: 13SR143131	4. DATE RECEIVED BY FEDERAL AGENCY: 10/18/12	FEDERAL IDENTIFIER:
5. APPLICATION INFORMATION		
LEGAL NAME: Finney County RSVP Inc. DUNS NUMBER: 004711839	NAME AND CONTACT INFORMATION FOR PROJECT DIRECTOR OR OTHER PERSON TO BE CONTACTED ON MATTERS INVOLVING THIS APPLICATION (give area codes): NAME: Marty J. Dinkel TELEPHONE NUMBER: (620) 275-5566 FAX NUMBER: (620) 275-2285 INTERNET E-MAIL ADDRESS: finneycountyrsvp@sbcglobal.net	
ADDRESS (give street address, city, state, zip code and county): 907 N Tenth St Garden City KS 67846 - 5209 County: Finney		
6. EMPLOYER IDENTIFICATION NUMBER (EIN): 481087089	7. TYPE OF APPLICANT: 7a. Non-Profit 7b.	
8. TYPE OF APPLICATION (Check appropriate box). <input checked="" type="checkbox"/> NEW <input type="checkbox"/> NEW/PREVIOUS GRANTEE <input type="checkbox"/> CONTINUATION <input type="checkbox"/> AMENDMENT If Amendment, enter appropriate letter(s) in box(es): <input type="text"/> <input type="text"/> A. AUGMENTATION B. BUDGET REVISION C. NO COST EXTENSION D. OTHER (specify below):		9. NAME OF FEDERAL AGENCY: Corporation for National and Community Service
10a. CATALOG OF FEDERAL DOMESTIC ASSISTANCE NUMBER: 94.002 10b. TITLE: Retired and Senior Volunteer Program	11.a. DESCRIPTIVE TITLE OF APPLICANT'S PROJECT: Finney County RSVP 11.b. CNCS PROGRAM INITIATIVE (IF ANY):	
12. AREAS AFFECTED BY PROJECT (List Cities, Counties, States, etc): Garden City, Holcomb, Pierceville, Finney County, Kansas.		
13. PROPOSED PROJECT: START DATE: 07/01/13 END DATE: 06/30/15		14. CONGRESSIONAL DISTRICT OF: a.Applicant <input type="text" value="KS 001"/> b.Program <input type="text" value="KS 001"/>
15. ESTIMATED FUNDING: Year #: 1		16. IS APPLICATION SUBJECT TO REVIEW BY STATE EXECUTIVE ORDER 12372 PROCESS? <input type="checkbox"/> YES. THIS PREAPPLICATION/APPLICATION WAS MADE AVAILABLE TO THE STATE EXECUTIVE ORDER 12372 PROCESS FOR REVIEW ON: DATE: <input checked="" type="checkbox"/> NO. PROGRAM IS NOT COVERED BY E.O. 12372
a. FEDERAL	\$ 35,373.00	17. IS THE APPLICANT DELINQUENT ON ANY FEDERAL DEBT? <input type="checkbox"/> YES if "Yes," attach an explanation. <input checked="" type="checkbox"/> NO
b. APPLICANT	\$ 53,422.00	
c. STATE	\$ 0.00	
d. LOCAL	\$ 41,450.00	
e. OTHER	\$ 11,972.00	
f. PROGRAM INCOME	\$ 0.00	
g. TOTAL	\$ 88,795.00	
18. TO THE BEST OF MY KNOWLEDGE AND BELIEF, ALL DATA IN THIS APPLICATION/PREAPPLICATION ARE TRUE AND CORRECT, THE DOCUMENT HAS BEEN DULY AUTHORIZED BY THE GOVERNING BODY OF THE APPLICANT AND THE APPLICANT WILL COMPLY WITH THE ATTACHED ASSURANCES IF THE ASSISTANCE IS AWARDED.		
a. TYPED NAME OF AUTHORIZED REPRESENTATIVE: Janice Parks	b. TITLE:	c. TELEPHONE NUMBER: (620) 272-6950
d. SIGNATURE OF AUTHORIZED REPRESENTATIVE:		e. DATE SIGNED: 10/18/12

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Executive Summary

Finney County RSVP, Inc. Board of Directors is the sponsor for Finney County RSVP, Inc. Our program was founded in 1975 to promote volunteerism for individuals 55 and over. The program continues to be a vital part of the community providing services to non-profit, public & health agencies.

Our mission statement is: To strengthen & form partnerships in the community, providing a pool of volunteer resources that address crucial needs. Enabling individuals 55 and older to remain active in their community through meaningful service.

212 volunteers will be serve 38 CNCS supported site stations throughout Finney County. Federal funding level is \$35,373 for 2013 -- 2014. Non-federal funding level is \$53,422.

Our focus will be on the following service categories: Healthy Futures, Economic Opportunity and Capacity Building.

Community needs that will be addressed are:

Provide support to local nutrition sites, tax counseling and capacity building.

Outcomes are based on research-based methods, including surveys & site station records. Confirmation of needs is obtained from the Kansas Census, State Standard test results, Communities that Care, USD 457 Website, IRS and the AARP Foundation.

Anticipated outcomes: Providing nutritious meals to the elderly, homebound & low income families

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and making social contact. Provide tax counseling to non-English speaking, elderly & low to moderate income families. Assist community partners with capacity building.

Strengthening Communities

Finney County is a micropolitan community located deep in Southwest Kansas. It is one of the five poorest counties out of 105 in Kansas per an extensive 2004 survey study by Kansas State University researchers. About 27 to 30 percent of Kansas families share the burden of not being able to make ends meet. However, in Finney County that number is anywhere from 43 to 47 percent of families. According to City of Garden City Human Resource Director 40,998 individuals live in Finney County. It is the second largest county in land area in Kansas; consisting of 1,302 square miles with more than 1,200 miles of maintained roadway. Finney County is the largest county in Western Kansas. In recent years the Census found that Finney County, is one of six counties across the nation that became a majority-minority county.

Finney County's economy consists mainly of farming, ranching and some manufacturing. Wheat, corn and milo (grain sorghum) are the primary crops along with soybeans, sunflower, alfalfa (hay) and other feed crops for humans and animals.

A small community caught up in a new round of industrialization, the opening of the world's largest meat packing plant sparked a decade of rapid growth and profound social change. During this period, our community grew faster than any other community in Kansas. The work attracted immigrants and influenced the community response to them. It turned the community of long-term Anglos and Mexican Americans into a diverse town that includes Southeast Asians and East Central African (Somali) refugees in addition to new immigrants from Mexico and Central America. Garden City faced rapidly increasing demands on housing, social services, education and other community services. The makeup of our community is 67.43% Hispanic and other ethnic minority groups. Thirty-two

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(32.57%) is not Hispanic/Latino. Twenty-one (18%) of the community is 64 and older or disabled. 71.27% of our children live in economically/disadvantaged households as reported by Garden City Unified School District (USD) 457. 20.90 % of the families in Finney County are below poverty level as reported by Kansas Kids Count data as opposed to 17% state wide.

We have a long standing relationship with the Community Service Council comprised of 60-plus non-profit, health, educational, human service, and public service agencies. The Council meets on a monthly basis to evaluate their agencies needs and challenges. Discussion among participating agencies identifies likely collaborations and appropriate pooled resources while problem solving challenges to improve the lives of families in our community. RSVP plays a vital role in keeping the Community Service Council vibrant and useful for agencies by reminding members of meetings with monthly calls and providing other clerical support for program and professional development. RSVP also distributes the Finney County Resource Guide, which has been in print, with annual updates, for 18 years. The services offered by RSVP not only increase efforts of the 60-plus partnering agencies, they tap into an often ignored resource, our senior citizens. Finney County RSVP also plays a role in the Finney County Community Health Coalition, a 36-member organization that addresses quality-of-life issues across the life span. RSVP Volunteers keep members abreast of meetings and special events.

A recent community needs assessment for Finney County (2012), was completed by Debra Bolton PhD, Kansas State University. It was called the Community Assessment Process (CAP). The study, which reached 10% of the population, garnered general demographics, which greatly illustrated a diverse mix of those living in Finney County, a majority-minority community. We learned about health, well-being, insurance status, social/medical needs, and about relationships of and within the community. Interestingly, senior citizens figured prominently in those represented in the mostly random, multi-lingual survey. The greatest surprise was that 32% of our respondents were widowed,

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which indicated risk for social isolation. About 11% of our senior population has a college or graduate degree, which means that the majority (89%) either has a high school diploma or did not graduate high school. That indicates further risk for seniors, because that majority entered its senior years with lower income, which means they were less likely to have health insurance, less likely to have access to primary care health provider, and more likely to live isolated lives. Another indicator of risk for our senior population is level of community involvement. In general, we noted that as age increases, community participation decreases unless there are organized activities, such as volunteer opportunities, in which to be involved. Volunteer opportunities are essential in contributing to longevity and to the general assurance of life purpose. In their extensive studies on social capital (community engagement and social relationships), professors Robert Putnam (Harvard) and Rodney Hero (University of California, Berkeley) both discovered that decreased social engagement and community involvement in senior citizens contributed to their decreased cognitive acuity and an increase in mental health issues along with increased physical ailments (2007). The CAP study confirmed that we have a senior population at-risk of mental health issues, cognitive dysfunction, and physical failures unless there are preventative measures in place. When asked about needs to live better lives, 25% of respondents, aged 55-98, said they need senior services. When RSVP coordinates community volunteer opportunities, they provide activities that contribute to the mental, physical, and social well-being of seniors. At the same time, the senior volunteers provide community agencies with valuable human capital, which helps the sites, reach their service goals.

RSVP will partner with site stations that have identified needs in our primary focus areas/community needs. Focus areas/community needs that have been identified through agencies are health & nutrition, economic opportunities and capacity building.

Volunteers will provide service in outcome based measures by: delivering meals/food five days a week to 120 homebound/elderly. Provide 200 hours a month answering the local abuse hotline. They will

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provide health counseling, review current plans and check options available to 70 clients. Prepare 600 tax returns for clients. Help 11 agencies with capacity building.

As the global economic crisis continues to deepen, more local non-profit and public agencies will have to rely further on the assistance of volunteers to help meet their needs, accomplish their goals and further their missions. Volunteers provide human capital to community organizations while drawing on the talents of a vibrant senior workforce.

Recruitment and Development

Finney County RSVP strives to form new and strengthen established partnerships in the community. Offering individuals, 55 years and older, a chance to enhance their lives through volunteerism. We provide volunteers the opportunity to learn new skills by placing them in rewarding and challenging volunteer positions. We are careful to match the volunteer's talents and interests with specific workplace requirements. We challenge the volunteers to try new volunteer jobs to enhance their volunteer experience. Volunteers have the opportunity to develop leadership skills through trainings/workshops provided at volunteer site stations on a continual basis. Most importantly, volunteers share their life-long skills and knowledge with others in the community. Volunteers enhance their quality of life by just volunteering. Research has found that volunteering provides older adults greater benefits than younger volunteers. These benefits include; improved physical and mental health and greater life satisfaction. Evidence indicates that volunteering has a positive effect on social psychological factors, such as a personal sense of purpose and accomplishment, and enhances a person's social networks to buffer stress and reduce disease risk.

Our main volunteer recruitment tool is word of mouth. However, through trainings and seminars provided to staff at workshops/conferences we are always exploring new ways to recruit additional volunteers and retain current members. Other recruitment occurs by: PSAs in the local newspaper, through promotional presentations about RSVP for various organizations, agencies and businesses

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throughout the county, information booths at community events, and by attending events for diverse ethnic groups: Juneteenth (African-American celebration), TET (Chinese New Year), Mexican Fiesta, Beef Empire Days, Cinco de Mayo, and Marketfest. In addition, we place brochures in medical facilities, libraries, pharmacies, local businesses and other places throughout town. Members are recognized on their birthdays and at various times throughout the year.

Keeping the volunteers informed and updated helps with retention. Making the volunteers aware of the service needs in their community allows for continued involvement. Volunteers report through surveys that recognition events and assignments that place them in leadership roles give them the sense of belonging and ownership of the program.

Community volunteers and RSVP volunteers will be recognized annually for their continued commitment to service. The recognition will include a theme, entertainment and a meal. Volunteers will be recognized for their accomplishments throughout the year.

Training and technical assistance is provided to RSVP staff, volunteers, site station supervisors and any other interested parties. Initial training is provided upon enrollment of the program. Site stations provide on-going training to volunteers and site stations supervisors.

We are housed in the Senior Center of Finney County. The Senior Center has a computer lab in collaboration with the City of Garden City and G.C. Community College. They provide computer classes and tech support to volunteers and all other interested community members.

Community partnerships are selected with community need, outcomes and impact in mind and a willingness to collaborate. Memorandums of Understandings are signed with all site stations specifying the community needs and placement of volunteers in areas of need. Memorandums of Understandings are updated and changed as the need requires, otherwise they are updated every three years. Staff makes site station visits monthly, making sure needs, on the part of the site station and the volunteer, are being met, and to see if there are additional needs, questions or concerns.

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We have no incumbent grants that would interfere with the graduation or transformation of site stations or volunteers.

Program Management

The main operation of the program is overseen by the RSVP Board of Directors.

The Board of Directors evaluates the staff yearly to assess project performance and set new goals.

Volunteer evaluations are done yearly to assess the performance of volunteers, address any concerns and listen to their opinions. Evaluations are a key to illustrate program effectiveness to ensure a high quality project.

The RSVP staff manages data through performance measure tools; surveys, timesheets and site records. We use Volunteer Reporter software to track volunteer data. The reports and statistics we generate with Volunteer Reporter coincide with the needed documentation for reporting on grants.

The software company provides regular upgrades and has reliable technical support.

The RSVP Board of Directors is responsible for making contact to secure in-kind donations/sponsorships with local businesses, funders and foundations to help with the expansion and sustainability of the program. Contact by the Board of Directors is made through letters, face-to-face meetings, and follow up phone calls with an emphasis on businesses that serve senior clientele. With the economy downturn and the rising cost of rent & utilities the Senior Center (FCCA) is a great resource for continued in-kind office space and in-kind utilities. In addition we obtain 33% of our cash funding from Finney County Committee on Aging (FCCA). We "Live United" in Finney County! Through our efforts and outcome driven goals, we continue to be a United Way Agency receiving approximately 19% of our cash funding from them. The IRS provides training and certification to volunteers who help with the tax program. In addition they provide the tax program "Taxwise" for volunteers to use.

Through the Finney County Attorney's diversion program we receive donations throughout the year.

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The Senior Quilters continue to support our program with donations to help keep technical equipment updated.

Our Community Participation Group conducted a Community Stakeholder Survey. The findings of the survey follow; the makeup of the C.P.G. consists of Clergymen, Health Care Providers, Higher Education, Faith Based, State & Local Government, Retired Local & Federal Government and Agriculture. The Community Participation Group (C.P.G.) participates in the RSVP project by: serving on boards, committee's, participating in community events, providing direction, support and assistance in all avenues of the program. The C.P.G. provides support to the RSVP project by: participating in programs & events, promoting the RSVP project to others in the community, providing advice, seeking additional partnerships and helping with recruitment. The C.P.G. recognizes the need to be more involved in the area of fundraising. C.P.G. wants to make note of our many other strong partnerships. Our Volunteers assist local, county, and state government by helping with community events, sitting on advisory boards of various departments, promoting the public value of tax-supported senior programs, and, of course, paying their own taxes. Our Volunteers help social service organizations by assisting with enrollments, recruitment, and distribution of the Finney County Resource Guide, a booklet with easy access contact information. Volunteers stay very active in various Faith-based entities, serving on church boards, helping with mailings and other distribution of information, assisting with home bound members, and organizing family supports such as meals and funeral courtesies. Some of our Volunteers are trained in disaster training such as storm watcher's and activating "calling trees" when there are cancellations or changes because of threatening weather. Kansas State University (KSU) Research and Extension experiment station uses Volunteers to set up agricultural experiments as well as assist the social scientist with gathering community data for other research. Another environmental organization is Kansas Department of Wildlife and Parks' (KDWP) Bison Range. We have two Volunteers who give tours and serve on the

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advisory board of KDWP's 3600 acre, Sandsage ecosystem/bison range. The projects of KSU and KDWP are on-going, and the assistance from Volunteers is invaluable, according to site-station liaisons. There is an internationally renowned and active, ophthalmology (eye specialists) surgery center (private organization). The three eye surgeons rely on Volunteers to make popcorn, provide courtesy pre-care, and sit with recovering patients. This relationship has been active for more than 20 years. Finally, our Volunteers remain connected to the community through programs and projects that contribute to quality of life beside health care, nutrition, and education. We have Volunteers who are part of the Second Friday Cinema; the Arts Council's showing of classic and foreign films. Some even work toward beautification of the community such as decorating trees at the park for the holidays, housing repair projects, and leaves/or snow removal. C.P.G. recognizes that while we receive funds/donations from Federal, Finney County Committee on Aging, United Way, Business Owners and In-Kind donations we could always use additional funding to help accomplish our mission and goals. C.P.G. and the RSVP project typically communicate various times throughout the month. Meeting at least once monthly and corresponding via e-mail and telephone as needed. The C.P.G. finds the RSVP projects Mission statement serves as their written plan and marketing tool. Presentations are given to Faith Based organizations, Educators, Local & National Businesses, Health agencies, Local Government, Senior organizations and Non-Profit Agencies. The RSVP project has strong ties with local media. They have the ability to send an e-mail or pick up the phone and have a reporter covering their events. PSA's are on the radio according to need. Direct recipients of services provided by RSVP volunteers are: the community as a whole, volunteers, site stations, and persons served such as; patients and families of Health Care providers and students being mentored. C.P.G. found the impact for recipients of the RSVP project two fold; it shows someone cares for them and their needs and it gives the volunteer a sense of belonging to a greater need than their own. In addition they find RSVP's involvement in the community extremely important to the recipients by:

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saving them money, providing resources and helping meet the needs of their clients. The RSVP project acts as a leader in meeting needs by: providing programs, placement of volunteers as requested by site stations and providing leadership roles to volunteers. The focus areas of need are identified through surveys, boards, committees, group discussions, and site station requests. Volunteer surveys reviewed by C.P.G. found RSVP volunteers are very satisfied with their placements and experiences. In addition, the volunteers strongly agreed volunteering helps them remain active and healthy, it allowed them the opportunity to learn new skills, meet needs and they felt RSVP is a vital part of the community. The RSVP volunteers overall satisfaction of the project is high and they would recommend RSVP to others. C.P.G. found the community feels RSVP is a valuable partner/resource and provides a priceless service.

Organizational Capability

Finney County RSVP started out as a satellite program in 1974. Shortly thereafter in 1975 we stabilized and were able to operate on our own. In 1991 we became self-incorporated and have continued to stay strong in the community. Thus showing the success of the program and the continued support and need from the community.

The RSVP project director, Marty Dinkel is full time and has primary responsibility for the project. She has served in this position for almost 15 years and served as assistant director for 1 year. She has 15 years experience successfully managing impact based programs as well as working with senior and community volunteers. Marty grew up in Finney County and raised her family here. She has been involved in her community through Girl Scouts, Boy Scouts of America, Jaycees, and Served on the Garden City Cultural Relations Board (10 yrs.), March of Dimes Board (5 yrs.), Family Crisis Services Board (6 yrs) and State of KS Blue Cross Blue Shield Advisory Board (3 yrs.) and currently serves on the Meals on Wheels Committee. The Recruitment Coordinator/Office Manager, Annette Elliott, assists the Project Director in all avenues of the project along with bookkeeping, payroll and volunteer

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data entry. Annette has been in this position for 5 ½ years. Annette also grew up in Finney County, is married and has three children. She serves on Edith Scheuerman Elementary PTO. She and her husband are very involved with sports in the community, serving youth from elementary to high school ages. Both staff members have strong ties to the community. There are no plans to hire additional staff at this time.

Our program uses Quicken Finance Software to manage all financial records. All funds received are kept separate to insure that monies are being expended according to guidelines of our grants. The director of the program has been working with federal grants for 15 years. She and the Board of Directors work closely on the management of the federal grant. Office insurance is purchased to cover property, vehicles and liability insurance. In addition workman's comp insurance is purchased to cover employees. The rate for insurance is based on a percentage of salaries paid out.

Under the direction of staff and the Board of Directors the program has expanded in the community. The involvement of seniors has increased in areas outside of their regular assignments such as starting Community Service Clubs in the elementary schools, tax service and mentoring/tutoring.

Our program has been in Finney County for 37 years. We are housed in the Senior Center of Finney County. We have been at this location since 1979. We are provided office space of 16' x 28', work space of 22' x 22' and a sufficient storage area in the basement. Utilities are paid by the Senior Center. We have our own office furniture, file cabinets, computer and phone system, copier and storage cabinets for supplies. The Board of Directors and staff continue to ensure that office equipment is kept updated as needed. Purchases for needed supplies & equipment are made after price checking has been done and approved by two board members and the director. We do not anticipate any unusual/new expenses for the coming year.

The Board of Directors/Advisory Council provides support to personnel. Staff and volunteers are reimbursed for mileage upon request with proper documentation. Mileage is paid at the rate of .32 per