



## Narratives

### Executive Summary

The Yurok Tribal Wellness Court will coordinate a Yurok Tribal Youth Corps (YTYC) to carry out the Tribe's mission of improving the lives of Yurok Elders and Veterans by providing health education services, assisting with home needs, and delivering of traditional foods. The YTYC will recruit at-risk youth to provide related services under the supervision of the Yurok Tribal Court's Youth Division. The Yurok Court believes that youth participation with Elders will be integral to the restoration of a Yurok value system to enhance strong responsible communities.

### Rationale and Approach

#### a. Problem

##### Problem One: Gaps in Elder Care

The Yurok Tribe of northwestern California has the largest American Indian (AI) population in the state, with 5,579 total members and 3,488 members living within our service areas. The Yurok Reservation is a rural community whose lands include approximately 85,000 acres, 47 miles long and two miles on either side of the Klamath River, covering parts of Del Norte and Humboldt Counties. Poverty rates on parts of the Reservation are as high as 80%, with an average unemployment rate around 75%.

The Reservation is divided into two distinct geographical zones, generally known as "up-river" and "down-river". "Upriver" communities are located in Humboldt County and "Downriver" communities are located in Del Norte County. Travel between these two areas takes at least 2 ½ hours one-way over partially unpaved roads. Dually this isolates seniors and increases the complexity and expense of providing services. Additionally, due to the extreme rural area and the lack of essential services on the reservation, a significant number of Yurok families have moved to adjacent urban communities, leaving elders who remain on the reservation even more isolated.

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In 2009, an inter-agency planning team published a report entitled "Comprehensive Vision for Long-Term Elder Care" under a two-year planning grant from US Indian Health Service. The report was compiled from a survey distributed to Yuroks aged 55 and older. Some of the major findings of the study revealed

- \* of the 251 (23%) seniors that responded, 14% were disabled veterans of military service
- \* the five most common chronic diseases for Yurok Elders are high blood pressure, arthritis, diabetes, depression, and cataracts
- \* elders listed their top unmet needs as lack of transportation, need for home repair and modifications, lack of food (especially access to traditional foods), insufficient funds for medicines, and inadequate income for unexpected expenses
- \* the most desired services identified through focus groups were transportation, help with house and yard work, regular medical or social check-ups, and adequate meals.

The survey also indicated that a large portion of Elders have too few fruits and vegetables in their diet and many have an insufficient number of meals per day. This can be attributed to the lack of grocery stores on the reservation and the lack of senior transportation to grocery stores off the reservation, creating a gap in food access. There are only two small convenience stores, one on each end of the 47 mile long reservation. Healthy foods are non-existent in these stores and food in general is more expensive restricting a larger portion of the senior's from access due to limited income.

| Yurok Population 55 and Older                     | Population Size |
|---|-----------------|
| Total Elder Population                            | 1,180           |
| Elders on the Reservation                         | 171             |
| Elders in Neighboring Communities off Reservation | 622             |

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Elders Residing outside Humboldt and Del Norte Co. 387

Reference: 2010 Yurok Enrollment Data

### Problem Two: Under-served Youth

Yurok youth are affected daily by poverty, homelessness, family disruption, school failure, drug/alcohol abuse, and lack of access to their traditional cultural practices creating a sense of isolation that can overwhelm their internal resources. The 2000 US Census indicated that 32% of reservation residents over the age of twenty-five (25) did not have a high school diploma and of that number 6.1% dropped out of school by the 9th grade. Local dropout rates for American Indian students are both higher than the State and Nationwide averages, with rates as high as 27.1% in Del Norte County and 28.3% in Humboldt County (CA Department of Education 2008-2009). In November 2010, The Economic Policy Institute released a report looking at unemployment figures among American Indians. The report indicates that by the first half of 2010 slightly more than half - 51.5% of American Indians nationally were working, down from 58.3% in the first half of 2007. All though there is a lack of statistics for tribal youth, employment opportunities are even more severe for this segment of the tribal population.

The largest populated area on the Yurok Reservation is the town of Klamath. The unemployment rate in Klamath in December 2010 was 27%. This is more than double the rate for Del Norte and Humboldt Counties as well as the State of California as a whole (CA EDD 2010). The unemployment picture in the area is compounded by the fact that 24% of the adult population in Del Norte County is

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considered functionally illiterate according to the California State Association of Counties Handbook.

Poverty rates among upriver areas of the Yurok Reservation average 80%, and over 60% of the "Upriver" households do not have access to basic telephone or electricity services. Problems among the Reservation include lack of financial resources for economic development and community facilities, inadequate telecommunications and electrical infrastructure and a grossly substandard road and transportation system. These adversities limit the immediate opportunities for economic growth, access to health care and educational opportunities, reduce potential agricultural production, and limit the amount of available job opportunities for low-skilled workers.

Most employment opportunities at the Yurok Tribe currently require a high school diploma/GED, a driver's license and a good driving record due to tribal insurance carrier requirements. These prerequisites disqualify a portion of Yurok youth from working for the Yurok Tribe, the primary employer on the reservation. This inability to gain employment is a strong link to behavior that is offensive to traditional Yurok community values of responsibility for self and family.

In Northern California, almost 33% of American Indian adolescents aged 11 to 17 years have either tried marijuana, cocaine, sniffed glue, or other drugs at least once. Almost 34% of AI teens reported they have ridden in a vehicle when the driver had been drinking alcohol, compared to 19% of white teens in California (CRIHB EpiCenter, UIHS Community Health Profile. Sacramento, CA. Oct. 2009). American Indians of Humboldt and Del Norte counties were treated for meth-related ailments in Indian clinics 2,900 times in 2005, nearly 500 cases more than any county in the United States. Humboldt County ranked fourth for the number of meth encounters, with Del Norte on its heels in fifth nationwide ("Tribal Community Struggles with Meth Crisis", Medill News Service by James

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Monteleone, June 08, 2007).

Substance abuse and life skill services in Humboldt and Del Norte Counties fail to address the unique circumstances of American Indian Youth. Those who do not leave the geographical area to receive residential or outpatient treatment are routinely required to participate in adult recovery support meetings (e.g. NA, AA) as a condition of probation or drug court participation. As such, juveniles are inappropriately and regularly exposed to high-risk adults with much deeper involvement in the justice system. Likewise, there is a lack of available life skills services, employment services, and clean and sober activities for AI youth.

In Humboldt and Del Norte County, American Indian Juveniles are over-represented at each stage of the Juvenile Justice system and the issue becomes more profound as the youths progress deeper into the system. Native American youth, for example, are arrested at a rate 70% higher than White youth, have petitions filed over two and a half times more frequently and have petitions sustained at almost three and a half times as frequently as their White counterparts in Humboldt County. The Del Norte Probation reports that 27% of juveniles on formal probation are AI.

The rate of AI children entering foster care in our region is also highly disproportionate. In Del Norte County, over 20% of children entering foster care are American Indian. In Humboldt County, the rate is even higher--almost 24%, but AI children make up only 7.9% of the total child population in Del Norte County, and 8.4% in Humboldt County.

The Tribal and local County courts see Tribal youth repeatedly appearing in the juvenile correctional systems with little positive response to interventions provided by that system. Too frequently the

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eventual outcome is incarceration within the adult prison system. For others avoiding imprisonment, the cycles of poverty and family disruption continue. While the youth suffer the outcomes directly, the community continues to suffer the aggregate consequences as a whole.

### b. Solution

The academic achievements and social health of members in The Yurok Tribe Youth Corps (YTYC) will be improved as they provide needed assistance to Yurok Elders. Corp services will focus on the needs of American Indian Youth and Elders in Del Norte and Humboldt Counties with a special emphasis on the Yurok Reservation. The YTYC will consist of a 900 hour service commitment to the local Yurok Community, working in teams of five members. There will be three sets of teams: one from the upriver area, one from the city of Eureka in Humboldt County, and the third from the downriver, (Klamath/Crescent City) Del Norte County area for a total of fifteen members per annual cycle.

YTYC will coordinate with the Elder Services programs of the Social Services and Tribal Courts to seek high-need Elders/Disabled Veterans in need of assistance. The services provided to those Elders include the following:

- \* Traditional food gathering and preservation (salmon, eels, surf fish and acorns)
- \* Food/Meal preparation and delivery including traditional food
- \* Light housework and yard chores
- \* Home repair and modification
- \* Transportation to medical appointments and social events
- \* Emergency preparedness and awareness training
- \* Health education/awareness

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Traditionally, Yurok youth have developed integral relationships with Elders who are considered the teachers and mentors of Yurok knowledge and way of life. Today those relationships are compromised by modern life: social pressures, drug and alcohol use and modern forms of entertainment lure youth from their traditions, not to mention the physical distance that now so commonly separates families. YTYC will help reestablish vital relationships between young and elderly, working to mend a values system based on reciprocity and respect.

Improvements in self image and academic performance as a result of reintroducing traditional roles into youths' lives is well researched and documented, as well as the positive effects of social interactions with elderly or young children. American Indian Youth respond well when they are called upon to fill important traditional roles because these roles are often nonexistent in public institutions. In traditional Yurok society, service to the village community is more highly valued than individual pursuits of wealth or pleasure; one's wealth is defined by one's ability to take care of the family/village properly. When given the opportunity to use traditional skills such as fishing to provide for those in need in our community, sense of self worth skyrockets.

Social interaction and the ability to see oneself as a member of a community are critical components of healthy human development. Therefore, it is crucial that Yurok youth and young adults have access to age-appropriate and culturally-relevant services and activities. Gaining understanding of spiritual connectedness and each person's purpose will create healthier futures for the Yurok Community but will also support the Elder population in independently living and prolonging a healthier lifestyle.

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### c. AmeriCorps Member Selection, Training, and Supervision

The Yurok Tribal Court and Social Services Department will oversee the recruitment, training, and management of the Tribal Americorp program and its members. The Yurok Tribal Court's Programs Administrator will oversee the screening of all applicants to determine suitability and level of commitment in helping others and their community. A Criminal History background check will be performed on all members and staff and will be a cost to the Tribe and expensed thru the Indirect Cost Rate. The YTYC will accept applicants in the targeted age population of 16 to 25 including out-of-school youths, disadvantaged youth, and children of incarcerated parents. The Corp will give preference to enrolled Yurok Tribal Members, Yurok descendants, and members of other federally recognized tribes. The Tribe will not refuse to select an AmeriCorp participant if they are non-affiliated and will comply with AmeriCorp requirements for member eligibility and non-discrimination guidelines.

YTYC will be guided by a comprehensive intake process by insuring recruits are properly orientated and trained. The Programs Administrator and Youth Advocates with individual Team Leaders will facilitate training sessions to help build Corp members leadership qualities, civic engagement, self-confidence, team spirit, and self-discipline based on their identified needs and desires.

Training for Corp members will include CPR and First Aid, power tool safety, basic life skills, emergency response, team building, health education, and personal finances. Basic vocational training will be in the areas of emergency services, cooking and cleaning, agriculture, carpentry, building construction and maintenance. Workshops will be coordinated on nutrition, organic agriculture, and hands-on training at UIHS' community garden.

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Chuck Hartwick, the Yurok Emergency Services Coordinator is a Certified American Red Cross (ARC), CPR and Safe Driver instructor. Mr. Hartwick will instruct Members in such classes as ARC Disaster Sheltering & Management, Client Services, Mass Care, Damage Assessment, and ERV Driving (disaster meal delivery). Members will then be eligible to register as disaster workers with the American Red Cross and FEMA. In the event of local or out of the area disasters, the members will be trained to respond.

Additionally, members will receive training in Lay Responder, First Aid, Professional Medical Health Care, and Smith's Safe Driving Course. All training by the Yurok Emergency Services Coordinator will be provided at no charge to the program or members. Better trained members will increase their ability to provide assistance to Elders and Veterans in case of a local disaster.

YTYC Members will work directly with our Social Services Department's Elder Abuse Prevention program and be trained in elder abuse and neglect recognition and reporting.

The Programs Administrator, Elder Services Coordinator and Youth Advocates will supervise each member intensely throughout the duration of each member's service. The Tribal Court Youth Advocates will help to develop individual case plans for members in identifying necessary academic outcomes, school preparation, and academic engagement. When possible, academic goals will be attained through partnerships with local schools, as most provide opportunities for students to earn school credit by completing community service projects. The Corp Members will focus at least 100 hours on individual development and career and life goals. The Youth Advocates will oversee the case plan for each Member during their entire YTYC experience. Those Members who start the YTYC without a GED will be guided through the necessary steps and provided with resources such as study guides and preparation courses to successfully attain their GED. The Yurok Tribal Court currently

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provides monthly progress reports to the Yurok Tribal Council, the governing body of the Yurok Tribe.

The Programs Administrator and Elder Services Coordinator will provide the Council on a monthly basis updates on AmeriCorp program activities and accomplishments to insure they are informed.

The Programs Administrator, Elder Services Coordinator, and Youth Advocates will coordinate supervision using a collaborative process designed during initial planning meetings. They will agree upon guidelines and procedures that ensure the safety positive development of each of the members. The key to success in avoiding dangerous situations and encouraging positive development will be detailed documentation and reporting. Each coordinator will be briefed on the situation and behavioral history of each of the members, and will be trained as mandated reporters. The Advocates will record observations about the progress of each member, including noted improvements in ability and social interaction and risky, dangerous, or disruptive behavior. If dangerous or disruptive behavior continues with a member, there will be a collaborative effort to deal with the situation before it becomes detrimental to the group.

YTYC members will meet with the Tribal Court's Cultural Director in defining cultural engagement of members to be matched with identified cultural mentors. The following services will be offered through individual and small group sessions: traditional health and healing, Yurok language classes, cultural competencies and traditional skills, and cultural engagement. Cultural mentors along with the Wellness Court Case Manager will facilitate wellness groups for substance abuse prevention and intervention for Corp Members.

### d. Outcome: Performance Measures

The goals for the Project is to improve the independent living of Yurok Elders and Veterans and

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increase the economic opportunities of disadvantaged youth on and around the Yurok Reservation.

The Corp members will meet community needs that fall under the following AmeriCorps national objectives:

- 1) Healthy Futures
- 2) Economic Opportunity

Identified Outcomes:

- 1) 30 Yurok Elders in outlining areas of the Yurok Reservation aged 60 and older will receive regular fruits and vegetables to maintain independent living.
- 2) 30 Yurok Elders in outlining areas of the Yurok Reservation aged 60 and older will have a healthier nutritional diet plan
- 3) 45 Yurok Elders will have better access to health care services.
- 4) 45 Yurok Elders will have gained a greater knowledge of health risks, prevention activities, and available resources.
- 5) 45 Yurok Elders who are homebound and/or persons with a disability will have improved living situations.
- 6) 60 Yurok Elders will have a healthier lifestyle with assisted living through home repairs and home visits.
- 7) 7 Disadvantaged Youth will obtain a GED/diploma by the end of their member service
- 8) 7 Disadvantaged youth will have a greater educational opportunity after their member service.
- 9) 15 Economically disadvantaged youth will receive job readiness and training services.
- 10) 15 Economically disadvantaged youth will have a better opportunity of securing employment

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The YTC has identified the respective performance measure targets due to the community needs of the Yurok People and Yurok Reservation. The Reservation and local counties have high concentrations of health risks, high school dropout rates, and individuals in outlining isolated areas. The program was developed on the strong connection that Yurok Youth and Elders have with one another and how this project will be able to strengthen these connections. The Court already have an established Elder Services and Youth Programs where these will be an expansion and enhancement of current services.

The YTC currently used MicroSoft Access for database tracking for Wellness Court clients and Elder Services. The Court will develop a database for AmeriCorps participants to ensure identified outcomes are being delivered and are being attained. The Court will also use tally sheets, interview tools, questionnaires, sign-in sheets, surveys to ensure service delivery is being tracked and reported regularly.

The Programs Administrator will maintain the database and provide proper reporting on project accomplishments and services

### e. Volunteer Generation

Volunteers will be generated through coordinated events and activities and will focus on the families of the Members and Elders/Veterans served. Whole group mixers will be held for Members, Elders, and families where opportunities to sign up for volunteer activities will be presented. Activities that will involve volunteers will include but not limit to the following:

\*Clean up days, where assistance will be needed to haul garbage and debris from elders/veterans homes

\*Food delivery -- volunteers will provide needed assistance in transporting food to members to a wide

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geographical area

\*Food Gathering - volunteers will fish, gather and preserve traditional Yurok foods, such as, salmon, eels, surf fish, mussels, sea weed, fruits and vegetables, for elders/veterans.

\*Sponsored events -- elders and volunteers will need additional transportation to social mixers and cultural events such as Brush Dances, the annual Honoring Elders Gathering and doctor's appointments

Volunteers will be recognized at graduation events and Council Meetings with presentation of certificates and handmade gifts.

### f. Partnership and Collaboration

Community Stakeholders:

Parents, School officials, teachers, court appointed advocates, Indian Education advocates, Probation Officers, Truancy Officers and SARB's will all assist in placement and recruitment of members.

Partners:

1. United Indian Health Services, in attaining bi-weekly fresh organic fruits, vegetables and herbs grown in the Potawot Community Food Garden at UIHS in Humboldt County, and providing information and referrals as to Elder/Veteran appointments and needed assistance.

2. Yurok Tribe Emergency Services Coordinator will provide all medical emergency, first aid, American Red Cross courses, disaster relief training, as well as a safe driver course

3. Yurok Tribe Social Services and Education Departments will provide referral services and access to activities, services and programs.

4. Schools: Specifically College of the Redwoods, Klamath River Early College, Pacific Coast High, and Captain John Alternative school.

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### g. Sustainability

The Yurok Tribal Court has every intention of sustaining the Yurok Tribal Youth corps as a cornerstone program. It is anticipated that in subsequent years, the number of volunteers will be increased due to the success of the first year pilot project. The design of the program will be sustained by the overall goal of restoring Yurok Cultural values into our Justice and Education systems. All of our efforts in developing and raising funds for our Wellness Court will be focused toward fostering a sense of pride and commitment toward community and traditions, reestablishing misplaced roles for our youth and Elders. Close partners in the Social Services and Education Departments, as well as the local agencies will grow to value the option for American Indian Youth created by the YTYC, and will contribute to the momentum of the program by adopting the YTYC into their regular menu of options for at-risk youth.

Funding for the program will be ensured by the design and focus on cultural values and attending to our Elders and Veterans. Programs and funding that support these focus areas will also support the sustainability of the YTYC. For example, while seeking additional funding for Elder Food Distribution program, Yurok Tribe Social Services may include delivery services provided by YTYC in their budget.

Or local juvenile facilities may sponsor members in YTYC as an alternative to incarceration or community service, providing the sponsored youth meet our requirements for participation.

The YTYC will also be sustained by the leadership that emerges from the Members. When a member attains Emergency Services certification, he/she can participate in providing services during local and out of town emergency events. This experience will provide members with increased skills, in communication, inter-personal relationships, safety, travel, budgeting, and other essential life skills.

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Expansion of our services to a wider population will generate revenue and visibility in the community, further solidifying the YTYC role in the region. With increased local recognition the success of raising funds locally through solicitation or sponsored events will be viable.

### **Organizational Capability**

#### a. Organizational Background

The Yurok Tribe administers over \$20 million in federal and state grant programs annually. While the tribe has not previously administered AmeriCorps programs, our tribe has experience with the Tribal Civilian Community Corps (TCCC) in Hoopa, and various departments have sponsored projects for the TCCC, so there is a level of familiarity and appreciation for AmeriCorps program and services models.

Kim Yost, the Yurok Tribal Court Elders Advocate has managed the Foster Grandparent Program for the North Coast Opportunities, Inc. (NCO) for over fourteen (14) years. The purpose of the NCO Foster Grandparent Program is to enable low-income persons age 60 years and older to serve their community by meaningful activity with special needs children in areas such as health, education and welfare. These seniors spend 4 hours a day, 20 hours per week mentoring children. In return for their volunteerism, seniors receive a tax-free stipend, travel reimbursement, pre-service and monthly training, and recognition. The skills Kim Yost has acquired administering the NCO Foster Grandparent Program will be utilized in administering a volunteer program where youth serve elders in a reversal of roles.

Yurok Tribal Courts has experience raising funds for youth development activities such as Teen Court, Office of Juvenile Justice Delinquency Prevention (OJJDP) Mental Health Intervention Program, and California Correctional Standards Authority for Youth Advocates. These programs provide a variety

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of activities including, cultural skills, wellness plans, mental health assessments, resume preparation, truancy diversion, etc.

### b. Staffing

Chief Judge -- Abby Abinanti

Program Role: Overall Program Oversight

Chief Judge Abby Abinanti is an enrolled Yurok tribal member and has been a judicial officer at the San Francisco Superior Court for over 15 years. She has been a Yurok Tribal Court Judge since 1997, and was appointed Chief Judge in 2007 supervising all Tribal Court Programs. Chief Judge Abinanti received her Doctorate of Jurisprudence from the University Of New Mexico School of Law in 1973 and worked extensively with vulnerable populations in the area of juvenile dependency and delinquency. She has vast speaking and training experience on topics such as the Indian Child Welfare, Indian social service practices, child maltreatment, and addressing the needs of at-risk adolescents.

Tribal Court Wellness Programs Administrator-- Jessica O'Neill

Program Role: AmeriCorps Tribal Program Grant Administration

Tribal Court Wellness Programs Administrator, Jessica O'Neill has a graduate degree from the University of California Los Angeles (UCLA) in Native American Studies. Ms. O'Neill provides all grant administration duties for all Tribal Court Wellness Programs, including financial oversight, grant reporting and program closeouts.

Elder Services Coordinator -- Kim Yost

Program Role: Day-to-Day Supervision of Volunteers

Kim Yost, an enrolled Yurok Tribal Member, has been working for North Coast Opportunities (NCO)

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Foster Grandparent (FGP) Program for the past 12yrs. She was the first and only employee hired to start the program in Del Norte County. NCO is a five county wide agency, providing services in Sonoma, Lake, Mendocino, Humboldt and Del Norte Counties. The Foster Grandparent Program is a project of the Corporation for National and Community Service which umbrella's the Conservation Corp, America Corp and the Senior Corps. Currently Del Norte County has 35 FGP in the Del Norte County Schools. In 2010, Kim was hired on in the newly created position of Yurok Elder Services Coordinator. Kim is responsible for developing the overall program and service provisions for meeting the needs of Yurok Elders. She is the main point of contact for elders in the community and maintains up-to-date information about the availability of services.

### Tribal Court Youth Advocates (Advertised Positions)

The Yurok Tribal Court will hire two (2) Tribal Court Youth Advocates with grant funding provided by the State of California Correctional Standards Authority Program. The Youth Advocates will assist Kim Yost, Tribal Court Elder Advocate in providing day-to-day supervision of the Members.

### Tribal Court Cultural Director -- Chris Peters

Program Role: Cultural Trainer & Volunteer Assessment & Referrals

Chris Peters is an enrolled member of the Yurok Tribe and the Executive Director of the Seventh Generation Fund (SGF) for Indian Development. The SGF is a non-profit organization dedicated to promoting and maintaining the uniqueness of Native peoples throughout the Americas. Chris Peters has a Masters Degree in Counseling Psychology from Stanford University. Mr. Peters has been contracted by the Yurok Tribal Court in being their Cultural Director since early 2010. The Cultural Director is assigned the duty of maintaining contact with Wellness Court Clients and families in the delivery of cultural services based on interest of the individuals and need for Yurok Civic instruction as

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to the responsibilities.

Yurok Emergency Services Coordinator -- Chuck Hartwick

Program Role: Emergency Preparedness Trainer

Chuck Hartwick is currently employed as the Yurok Emergency Services Coordinator. Mr. Hartwick has been employed in the field of Emergency Services for over thirty years. He is a graduate of San Diego State University Paramedic Program. He is a FEMA Health & Safety Program & Disaster Services Responder and a high level trainer for the American Red Cross (see resume). He holds licenses as an Amateur Radio Operator, Emergency Response Driving, Emergency Response/First Response and CPR for the Medical Professional. He is certified to provide a variety of Health & Safety Courses. Mr. Hartwick volunteered with the American Red Cross on numerous federally declared disasters, including, Hurricane Katrina, Pennsylvania Floods (2004/05), San Diego Fires (2003), New York Explosion (2002) and many others.

Wellness Case Manager -- Ron Bates

Program Role: Wellbriety Group Leader

Ron Bates is a certified Alcohol and Other Drugs Counselor and has worked with youth and adults in recovery for over 15 years. He began his career at the Mendocino County Public Health Department, and has worked, more recently, as a Prevention Specialist with Yurok Social Services focusing on youth development. He has a certificate in Life Space Crisis Intervention and is also a certified Positive Indian Parenting Trainer and Strengthening Families Program Facilitator. Mr. Bates is trained in Wellbriety facilitation and is currently leading Wellbriety recovery groups for the Yurok Tribe Community Members.

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### b. Commitment of Financial and In-Kind Resources

The Yurok Tribal Court has committed adequate financial and in-kind resources from their existing program funding to support the AmeriCorps Tribal Program. A total of \$35,101 in funding for program oversight, grant administration, supervision of day-to-day volunteer activities, and training will be provided by the Tribe's Bureau of Indian Affairs Aid to Tribal Government compacted program funds. This represents a 26% match. BIA compacted funds are authorized by Federal law to be used as a non-federal tribal match.

### Cost Effectiveness and Budget Adequacy

#### a. Cost Effectiveness

A total of \$99,706 in AmeriCorps Tribal Program funds will provide fifteen (15) member volunteers and approximately 13,500 hours of volunteer service to Yurok elders and veterans during one year of program service. Each member will provide volunteer service to approximately 4 elders per week; with a total of 60 seniors receiving assistance per week. Program activities are designed around existing no or low cost community resources; salmon, eels, Potowat Community Garden produce, etc. to increase the cost effectiveness of the program.

Members will receive a nominal living allowance of \$5,700 for 900 hours of volunteer service, which is below the maximum total living allowance allowed. The maximum cost per Member Service Year (MYS) requested is \$13,294 below the maximum MSY allowed(\$13,300).

The Yurok Tribal Court has identified \$35,101 in program match from a variety of existing related tribal programs to increase the cost effectiveness of the program and maximize program benefits to members, elders and veterans from AmeriCorps Tribal Program funds.

The Yurok Tribal Court AmeriCorps program is not a multi-state applicant.

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### b. Special Circumstances

The Yurok Reservation is an extremely rural resource poor community with a high poverty rate. The Yurok Tribal Court will target members, elders and disabled veterans from within the tribal community.

### c. Budget adequacy

The Yurok Tribal Court has developed an AmeriCorps Tribal Program that relies heavily on existing tribal court resources for its overall success. On the other hand, the member resources provided by the AmeriCorps Program complement existing Tribal Court programs by providing assistance to at risk elders, veterans and youth. The existing budget provides minimal funding for program supplies and travel from AmeriCorps program funds. To offset these limited funds, the program will match youth members to at risk elders in their immediate communities to reduce travel costs and draw from existing community and tribal resources for program supplies.

## Evaluation Summary or Plan

### d. Evaluation Summary or Plan

N/A -- First Time Applicant.

The Yurok Tribal Court will complete an internal evaluation of the success of the AmeriCorps Tribal Program. The evaluation will be completed in collaboration between Abby Abinanti, Tribal Court Judge and Jennifer Pasinosky, an outside consultant. Ms. Pasinosky is a San Francisco Drug Court Coordinator and has a Master's Degree in Public Policy. She is currently under contract with the Tribal Court to provide grant writing and program evaluation activities and has a strong track record in data collection and program evaluation.

## Amendment Justification

N/A

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### Clarification Summary

The Yurok Tribe adheres to the Tribal Employment Rights Ordinance for the Tribe in acknowledging tribal hiring preferences. The Yurok Tribe will not however refuse to select an AmeriCorps participant based on race affiliation. The Tribe will comply with AmeriCorp requirements for member eligibility and not discriminate nor prohibit members.

Overall Project Oversight will be done by Chief Judge Abby Abinanti, she will ensure proper reporting to the governing body of the Tribe on program activities and accomplishments on a monthly basis. The Programs Administrator will be the project director for grant reporting, management, and tracking. The Elder Services Coordinator will be the day to day manager to ensure services are being properly carried through. The Youth Advocates will be the designated site supervisors. Providing case management, identifying Member needs and issues, and proper integrity is carried out by Members.

Criminal History Checks are done on all staff members within the Yurok Tribal Court. AmeriCorps participants will receive proper criminal history checks to include National Sex Offender Public Registry and a Statewide Criminal History check for California as well as a federal FBI check.

The grant award will have a start date for July 15, 2011. The enrollment period for AmeriCorps participants will begin no earlier than August 1, 2011.

### Continuation Changes

N/A

## Performance Measures

### SAA Characteristics

- AmeriCorps Member Population - None c       Geographic Focus - Rural  
 Geographic Focus - Urban                       Encore Program

### Priority Areas

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Economic Opportunity                 | <input type="checkbox"/> Environmental Stewardship                       |
| <i>Selected for National Measure</i> <input checked="" type="checkbox"/> | <i>Selected for National Measure</i> <input type="checkbox"/>            |
| <input type="checkbox"/> Education                                       | <input checked="" type="checkbox"/> Healthy Futures                      |
| <i>Selected for National Measure</i> <input type="checkbox"/>            | <i>Selected for National Measure</i> <input checked="" type="checkbox"/> |
| <input type="checkbox"/> Veterans and Military Families                  | <input type="checkbox"/> Other   |
| <i>Selected for National Measure</i> <input type="checkbox"/>            | <i>Selected for National Measure</i> <input type="checkbox"/>            |
| <input type="checkbox"/> Disaster Services                               |  |
| <i>Selected for National Measure</i> <input type="checkbox"/>            |  |

Grand Total of all MSYs entered for all Priority Areas      6.38

### Service Categories

GED/Dropouts

Job Preparedness/School to Work/Vocational Education/Youth ESL

## Performance Measures

### Service Categories and GED

Food Security

Independent Living - Seniors

## National Performance Measures

### Priority Area: Healthy Futures

#### Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

Members will deliver fresh fruit and vegetables from the Community Garden to Yurok Elders and Veterans

#### Result: Output

Result.

Yurok Elders will have regular fruits and vegetables to maintain independent living.

Indicator: H8: Individuals receiving independent living services.

Target :30 Yurok Elders in outlining areas of the Yurok Reservation aged 60 and older

Target Value: 30

Instruments: Tally sheets, MicroSoft Access Database

PM Statement: Yurok Elders in outlining areas of the Yurok Reservation aged 60 and older will receive regular fruits and vegetables to maintain independent living.

#### Result: Intermediate Outcome

Result.

Yurok Elders will have a healthier nutritional diet plan.

Indicator: The number who report a healthier nutritional diet.

Target :30 Yurok Elders in outlining areas of the Yurok Reservation aged 60 and older.

Target Value: 30

Instruments: Interview tool, questionnaire, MicroSoft Access database

PM Statement: Yurok Elders in outlining areas of the Yurok Reservation aged 60 and older will have a healthier nutritional diet plan.

### Priority Area: Healthy Futures

#### Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

Members will provide health education programs to Yurok Elders

#### Result: Output

Result.

Elders will receive Health Education Classes by Services Members including information on health insurance, health care access and health benefits programs

Indicator: H2: Clients to whom health information is delivered.

Target :60 Yurok Elders aged 60 and older in and around the Yurok Reservation

Target Value: 60

Instruments: Sign-in Sheets, MicroSoft Access Database

PM Statement: The Yurok Elders will have gained a greater knowledge of health risks, prevention activities, and available resources

#### Result: Intermediate Outcome

Result.

75 percent of Elders will have better access to health care services

## National Performance Measures

Result.

Indicator: Clients who report having better access to health care services

Target :45 Yurok Elders aged 60 and older in and around the Yurok Reservation

Target Value: 45

Instruments: Sign-in Sheets, MicroSoft Access Database

PM Statement: 75% of Yurok Elders aged 60 and older will report having better access to health care services.

### Priority Area: Healthy Futures

#### Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

Service Members will provide household chores, yard cleaning and/or firewood for Yurok Elders

#### Result: Output

Result.

Yurok Elders will receive home services in order for them to live a better life and live independently

Indicator: H8: Individuals receiving independent living services.

Target :60 Yurok Elders aged 60 and older who are homebound and/or persons with a disability

Target Value: 60

Instruments: Activity log, completion sheet

PM Statement: Yurok Elders will have a healthier lifestyle with assisted living through home repairs and visits

#### Result: Intermediate Outcome

Result.

Yurok Elders will have a higher number who report having an improved living situation

Indicator: Individuals who report having improved living situations

Target :45 Yurok Elders aged 60 and older who are homebound and/or persons with a disability in and around the Yurok Reservation

Target Value: 45

Instruments: Homeowner surveys, satisfaction survey/interviews

PM Statement: Yurok Elders aged 60 and older who are homebound and/or persons with a disability will have improved living situations

### Priority Area: Economic Opportunity

#### Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

Members who have not obtained their high school diploma or equivalent prior to the start of their term of services will be targeted for referrals for assistance in obtaining their diploma/GED

#### Result: Output

Result.

Members will have a high school diploma/GED by end of service year

## National Performance Measures

Result.

Indicator: O13: Members without a high school diploma prior to service.

Target :7 Disadvantaged Youth in and around the Yurok Reservation aged 16-25

Target Value: 7

Instruments: MicroSoft Access database

PM Statement: Disadvantaged Youth in and around the Yurok Reservation will have a greater opportunity after their service year after having a high school diploma/GED

### Result: Intermediate Outcome

Result.

Members will obtain a GED/diploma by end of service year

Indicator: O16: Members that obtain a GED/diploma.

Target :7 Disadvantaged Youth that enrolled in the Program

Target Value: 7

Instruments: Certificates received, MicroSoft Access database

PM Statement: Disadvantaged Youth in and around the Yurok Reservation aged 16 to 25 will obtain a GED/diploma by end of service year.

### Priority Area: Economic Opportunity

#### Strategy to Achieve Results

Briefly describe how you will achieve this result (Max 4,000 chars.)

Members will be referred to outside agencies for job training services

#### Result: Output

Result.

Members will receive job readiness and training service

Indicator: O12: Members unemployed prior to service.

Target :15 Economically disadvantaged youth in and around the Yurok Reservation aged 16 to 24

Target Value: 15

Instruments: certificates issued, hours completed, MicroSoft Access database

PM Statement: 15 Economically disadvantaged youth aged 16 to 24 will receive job readiness and training services

### Result: Intermediate Outcome

Result.

Members will have a better opportunity of securing employment

Indicator: O15: Members that secure employment.

Target :15 Economically disadvantaged youth in and around the Yurok Reservation aged 16 to 24

Target Value: 15

Instruments: Questionnaires, MicroSoft Access database

PM Statement: Economically disadvantaged youth in and around the Yurok Reservation aged 16 to 24 will have a better opportunity of securing employment

## Required Documents

**Document Name**

**Status**

Evaluation

Not Applicable

Federally Approved Indirect Cost Agreement

Not Applicable

Labor Union Concurrence

Not Applicable