Introductions and Who is on the Call

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Who Are You and the Mentoring Mindset

▪ Over 70% of current VISTA Projects serve youth in some capacity (that’s about 500 projects around the country)!

▪ Every adult can have a mentoring mindset by being a…
  – Trusted guide or friend
  – Caring, responsible adult
  – Positive role model

▪ MENTOR works with many systems and organizations to provide training and support to adults wherever young people are
MENTOR Overview – www.mentoring.org

MENTOR’s Mission is to fuel the quality and quantity of mentoring relationships for America’s young people and to close the mentoring gap for the one in three young people growing up without this critical support.

• Nationally recognized field leader with 30 years of experience
• Demonstrated results and impact grounded in a community responsive approach
• Proven ability to help unlock new public and private dollars and engagement in mentoring
• Successful cross-sector and collective impact convener
• Member of the Social Impact 100, America’s 100 top-performing nonprofit organizations
The Need for Mentoring

One in three young people are growing up without a mentor.

This is the mentoring gap in America.

46 Million
All young people ages 8-18

22 Million
Young people with no risk factors

15 Million
Had a mentor
2.4M structured
12.6M informal

7 Million
Never had a mentor

24 Million
Young people facing risk factors

15 Million
Had a mentor
4.5M structured
10.5M informal

9 Million
Never had a mentor
The Mentoring Effect

WITH A MENTOR, AT-RISK YOUTH ARE:

55% more likely to be enrolled in college

78% more likely to volunteer regularly in their communities

130% more than twice as likely to say that they held a leadership position in a club or sports team

90% Respondents who had a mentor said they are now interested in becoming mentors

Research has consistently shown that mentoring has a positive effect in improving outcomes for young people with mentors versus those that do not.
MENTOR’s National Footprint

23 Affiliates, and growing, serve as catalysts of the local mentoring movement

http://www.mentoring.org/our-work/our-affiliates/
MENTOR’s Relationship with VISTA

- Our VISTA project seeks to improve Affiliate success to improve their organizational health as well as their impact on the thousands of mentoring programs in their communities.
- With a specific focus on integrating resources and systems into new technology and other more hands-on training and professional development supports.
- 4 VISTAs placed in our national HQ within distinct departments
- 2015-2018 Grant and 2018-2021 Grant
Tools to Align with Mentoring Best Practices
# Elements of Effective Practice

## Elements of Effective Practice for Mentoring

4th Edition

**Research-Informed and Practitioner-Approved Best Practices for Creating and Sustaining Impactful Mentoring Relationships and Strong Program Services**

<table>
<thead>
<tr>
<th>Stage</th>
<th>Time</th>
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<tbody>
<tr>
<td>Intro &amp; Setting</td>
<td>5 min</td>
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<tr>
<td>Planning &amp; Design</td>
<td>10 min</td>
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<tr>
<td>Recruitment</td>
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<td>Screening</td>
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<td>Matching</td>
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<td>Monitoring</td>
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<td>Closure</td>
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What is the National Mentoring Resource Center (NMRC)?

- Goal is to improve the **quality** and **effectiveness** of youth mentoring across the country through **increased use** of evidence-based practices and sharing practitioner innovations.

- Comprised of a **comprehensive resource center website**, a **Research Board**, and **training and technical assistance** for youth mentoring programs across the U.S.

- This project is funded through a grant from the **Office of Juvenile Justice and Delinquency Prevention (OJJDP)** and managed by MENTOR, making it available at **no-cost for programs**.

www.nationalmentoringresourcecenter.org
NMRC Website

- Evidence reviews
- Program reviews
- Research Board-reviewed resources
- Practitioner blog
- Other tools and resources, including the Measurement Guidance Toolkit
- Content rotates monthly
- Research Podcast!
- Sign up for our e-newsletter to find out more!
NMRC Technical Assistance

Receive guidance and consultation to:

- Develop high-quality mentor training materials
- Improve mentor recruitment and screening plans
- Assess program performance
- Improve match support processes
- Customize your program to specific youth and family needs
Collaborative Mentoring Webinar Series

- Join us for a new webinar each month focused on strengthening mentoring practice, sharing new resources, and helping the field put research into practice.

- Register for our upcoming webinar, held on the third Thursday of each month, or view past webinars [here](#).
Mentoring Connector

http://www.mentoring.org/program-resources/mentoring-connector/
Noteworthy MENTOR Resources and Publications

- Social Emotional Learning Guide
- Mentoring Youth Impacted by Opioid Use and Misuse
- Supplements to the Elements of Effective Practice for Mentoring
  - LGBTQ, E-mentoring, STEM, Workplace Mentoring
- Masculinity Guide
- Youth Purpose Guide
- College and Career Readiness

Stay tuned for new resource launches in 2020!
Q & A