

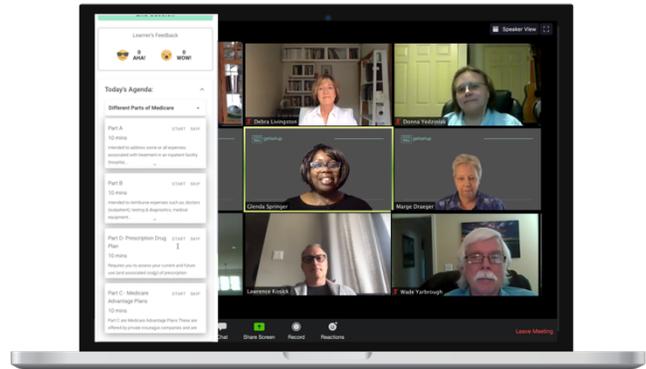
Virtual Classes for Senior Corps Grantees & Volunteers (provided in partnership with GetSetup)

Providing volunteer services virtually has become critical and to do this a level of proficiency using basic software and online tools is very helpful.

We'd like to introduce Senior Corps grantees to GetSetup (www.getsetup.io).

GetSetup is an interactive learning platform for older adults and their classes are available to our volunteers. GetSetup offers 150+ classes, all taught by retired educators (Seniors) for Seniors.

GetSetup provides small group classes over Zoom for the AARP, [YMCA](#), [Area Agencies](#) and [Senior Communities](#) and [K-12 teachers](#) around the country.



There are class options ranging from basic communication tools, health & wellness, personal enrichment and many others (see page 2 for a list of sample classes).

GetSetup Pricing (group classes)

Option 1

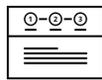
- **\$5/ user for a class.**
- If a user wants to take more than 1 class we can offer **5 classes at \$20 or 10 classes at \$30 /user** (price gets cheaper as users take more classes).
- Organizations can pick and choose classes they want to offer their members.
- Users might be in class with other Senior Corp members from different areas.
- Organizations can have a Seniors Corps branded landing page.

Option 2

- Custom class created only for your organization / group
- \$100/ class . Each class can accommodate up to 30 members
- Organizations can pick and choose classes they want to offer their members.
- Only members of your organization will be in the class

Contact GetSetup to Get Started

For more information on how to offer these classes to your volunteers **please contact Lawrence Kosick at lawrence@getsetup.io**



Sample List of Classes

(150+ to choose from)

Communication Tools and Services

[Get Started with Zoom](#) - Use Zoom to video meet with your family, friends and others

[All About Instagram](#) - Learn all about Instagram and how it is used

[Using Your iPad](#) - How to get started and make the most of your iPad

[Using Your Android Smartphone](#) - How to use and get the most from your Android smartphone

[iPhone Basics - All You Need to Know](#) - Get comfortable with your phone, it's apps, settings & more

[Getting Started With WhatsApp](#) - Learn how to start communicating with friends & family using WhatsApp

[Facebook - Is it for you?](#) - Learn all about Facebook and how it is used

[Stay Connected With Family and Friends](#) - How stay in touch with friends & family with video, chat, and more

[Get Started With Gmail](#) - Learn how to use Gmail to communicate with people anywhere, anytime

Remote Teaching

[Google Classroom](#) - How to use Classroom to teach remotely

[Use Zoom to connect with students](#) - Use Zoom to connect with students, families, and other educators

[Share your ideas using "Screencasting"](#) - Use "Screencasting" tools to share resources and demonstrate ideas

[YouTube: Record and post video online](#) - Record and post videos online with YouTube

[Google for Education : Docs and Slides](#) - Create documents and presentations with Google Docs and Slides

[How to use Google Meet](#) - Use Google Meet to connect with students and families.

Health & Wellness

[Stress Management Techniques](#) - Learn practical ways to relieve stress.

[Staying at home - Tools + Best Practices](#) - How use tech tools & apps to help cope with life in today's world

[How To Stay Calm During Stressful Times](#) - Learn to use online programs & apps that help reduce anxiety

[Great Dinners to Make in 30 Min or Less!](#) - Get tips, cooking ideas & recipes for great dinners you'll love

[GetSetup for Remote Learning](#) - Teachers shifting to remote learning are navigating a lot of challenges, including learning how to use tech.