Evidence Based Programs Overview
For 2016 Senior Corps Admin Renewals
March 7, 2016
Today’s session

• What is evidence-based programming (and how related to performance measures?)

• What do I need to know going in?

• What do I need to consider?
What is evidence based programming?

• **Evidence-based** = rigorous scientific study has demonstrated positive outcomes that can be attributed to an intervention and *not* to extraneous factors.

• **Programming / programs** = consistently delivered activities with clearly defined linkages between core components and expected outcomes for an identified population.
Work plans and performance measures

performance measures = ability to characterize *what* is happening
“evidence-based” = increase confidence about what caused a result
Rigorous research studies...

...systematically eliminate alternative explanations for why changes happen...

...and (eventually) promote the refinement and improvement of models
Evidence-based programs funding

• Can propose new service activities

AND/OR

• expansion / enhancement of current service activities

All information regarding the evidence-based funding request should be located in the final, "Other" section of the application narrative.
Evidence-based program funding increment

- Engaging volunteers in an evidence-based service activities
  - recruitment
  - supervision, etc.

- Costs associated with the implementation and monitoring of specific evidence-based programming
  - data collection
  - program evaluation
  - program outreach
  - consulting fees
  - training fees
• Evidence-based = rigorous scientific study has demonstrated positive outcomes that can be attributed to an intervention and not to extraneous factors

• Programming / programs = consistently delivered activities with clearly defined linkages between core components and expected outcomes for an identified population
Important components of program model

- amount of contact or service ("dosage")
- characteristics of service recipients/communities
- Ingredients for effective delivery
  - training of providers/support volunteers
  - standards of practice
  - monitoring of service provision
EBP proposal content

- Identified evidence-based program features
- Supporting research
- Explanation of modifications to evidence-based model
- Methods for monitoring “fidelity” and/or partnerships with researchers
- Performance measures, targets
- Anticipated costs in requested categories…
Where to find Appendix C


• Email [Evidencebased@cns.gov](mailto: Evidencebased@cns.gov)
I. Background
   – Definition of “evidence based programs”, and
   – Why we are promoting them

II. A. RSVP ONLY
    - to be covered on call Wednesday, March 16, 2016- 1:00 p.m. ET - RSVP Performance Measures Overview
III. B. Opportunity for increased funding

– Who and how much
– What funding can be used for
– INSTRUCTIONS FOR REQUEST (UPDATED)

All information regarding the evidence-based funding request should be located in the final, “Other” section of the application narrative.
### Eligible evidence-based programs

<table>
<thead>
<tr>
<th>Agency</th>
<th>Name of registry, web address, and description</th>
<th>Acceptable rating and how to find/filter for it</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration for Community Living (U.S. Dept. of Health and Human Services)</td>
<td>Aging and Disability Evidence-Based Programs and Practices <a href="http://www.acl.gov/Programs/CPE/OPE">www.acl.gov/Programs/CPE/OPE</a> &lt;br&gt;Description: Contact and study information for a dozen programs that can be readily replicated.</td>
<td>All models listed on this page</td>
</tr>
<tr>
<td>Substance Abuse and Mental Health Services Administration (U.S. Dept. of Health and Human Services)</td>
<td>National Registry of Evidence Based Programs <a href="http://www.nrepp.samhsa.gov">www.nrepp.samhsa.gov</a> &lt;br&gt;Description: Rates 350+ substance abuse and mental health interventions. Most designed for professional delivery, but could be supported by RSVP volunteers.</td>
<td>Newly reviewed: must be “Promising” or “Effective” for desired outcome. Legacy: must be rated 3+ for desired outcome. Enter keyword and click “Search Now.” Search results are divided into two lists depending on when</td>
</tr>
<tr>
<td>National Institute of Justice (U.S. Department of Justice)</td>
<td>CrimeSolutions.gov <a href="http://www.crimesolutions.gov">www.crimesolutions.gov</a> &lt;br&gt;Description: Summarizes and rates evidence for 350+ programs for criminal justice outcomes.</td>
<td>Programs must be rated “Promising” or “Effective.” Search by keyword and filter by any criteria.</td>
</tr>
</tbody>
</table>
What if?

You/partner already run a program based on research findings but the program is not listed in Table 1 of Appendix C?

Include as much information as possible about related supporting research.
What if?

The registries in Table 1 Appendix C don’t cover the program area most needed in my community?

Table 2 provides registries that rate studies, but not the program models.
What if?

• Email Evidencebased@cns.gov

QUESTIONS?