This document explains specific performance measure instructions for the Senior Corps SCP program. It contains the menu of available service activities and output and outcome measures, with additional information on how to use each of them. This document should be used in tandem with the Notice of Funding Opportunity or Invitation to Apply.

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1. **Primary Focus Area:** The Senior Companion Program Primary Focus Area is Healthy Futures, Aging in Place.

2. **Work Plans:** All unduplicated SCP volunteers* must be placed in work plans. Work plans must meet the maximum cost per unduplicated volunteer in outcome assignments requirement below. Work plans may include some combination of national performance measures and other community priorities.

3. **National Performance Measures.** Every national performance measure output must be paired with a single outcome. For each work plan, applicants must select one output and one of the associated outcomes. While beneficiaries may receive benefits associated with more than one available outcome, select only one outcome for each beneficiary served. “Other Community Priorities” work plans are not considered national performance measures.

4. **Other Community Priorities.** A work plan consisting of “Other Community Priorities” may be created by the grantee to address community activities not captured in national performance measures.

5. **Maximum Cost per Unduplicated Volunteer in Outcome Assignments.** For every $6,000 in annual base federal funding, at least one unduplicated SCP volunteer* must be placed in work plans that result in national performance measure outcomes in the Healthy Futures, Aging in Place focus area.

6. **Rounding Unduplicated Volunteers in Outcome Assignments.** Common arithmetic rules should be used to determine how to round unduplicated volunteers in outcome-based work plans. Grantees should round to nearest whole number. For example, an SCP grantee with $98,000 in federal funding would require 16.3 unduplicated volunteers in work plans that result in national performance measure outcomes. Since 16.3 is less than 16.5, this would be rounded down to 16 unduplicated volunteers in work plans that result in national performance measure outcomes. In contrast, a grantee with $100,000 in federal funding (16.6 volunteers in outcome based work plans) would round up and require 17 unduplicated volunteers in work plans that result in national performance measures outcomes.

* Unduplicated SCP Volunteers: Each volunteer can only be counted once even if they are assigned to more than one service activity. The volunteer should be counted in the area where he/she will make the most impact – in terms of the focus area, the type of service, or the scope of service (such as the greatest number of hours served).
Complete List of SCP National Performance Measures

These selection rules specify allowable output/outcome pairings for National Performance Measures. Applicants must follow these selection rules when using National Performance Measures. Applicants may not select any National Performance Measures that may appear in eGrants if they are not present on this list. Please see the NOFO/Invitation to Apply for additional information about application requirements.

Applicants who experience issues finding the appropriate measures in the Performance Measure Module of eGrants, should select the category title, “Outcome Work Plans”. For the Other Community Priorities measure, applicants should select the “Output Only Work Plans” category. More detailed instructions are included in Volume 2 of the Senior Corps Grant Application Instructions.

Focus Area: Healthy Futures

<table>
<thead>
<tr>
<th>Objective</th>
<th>Selection Rules</th>
<th>Service Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aging in Place</td>
<td>H4A: Number of individuals served H9A: Number of individuals who report having increased social support or improved capacity for independent living H14: Number of caregivers of older adults and individuals with disabilities who reported having increased social support</td>
<td>Companionship Nutrition/Food Support Legal Services Transportation Medical Services Opioid/Drug Intervention Elder Justice: Fraud and Scam Prevention Respite Services</td>
</tr>
<tr>
<td>Access to Care</td>
<td>H4A: Number of individuals served H15A: Number of individuals with developmental disabilities receiving services that promote integration and inclusion (for legacy programming only) H17: Number of individuals with increased health knowledge H18: Number of individuals reporting a change in behavior or intent to change behavior to improve their health H19: Number of individuals with improved health H20: Number of individuals with improved access to medical care</td>
<td>Outreach Education/Training Referrals Medical Services Counseling/Coaching Opioid/Drug Intervention Disability Inclusion</td>
</tr>
</tbody>
</table>

Other Community Priorities

<table>
<thead>
<tr>
<th>Objective</th>
<th>Selection Rules</th>
<th>Service Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other</td>
<td>SC1: Grantee met their target for community priority activity (Yes/No)</td>
<td>N/A</td>
</tr>
</tbody>
</table>
Healthy Futures Focus Area

Focus Area Notes:

- These performance measures are intended to measure the impact of activities that meet health needs within communities including access to care, aging in place, and addressing childhood obesity.
- These activities must be carried out by National Service Participants or by volunteers directly recruited and/or supported by National Service Participants.
- All individuals counted under these measures must be program beneficiaries, not National Service Participants.

Applicants that select output H4A may select outcome H9A, H14, or H15A.

<table>
<thead>
<tr>
<th>H4A (output)</th>
<th>Number of individuals served</th>
</tr>
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</table>
| **Definition of Key Terms** | **Individuals:** recipients of CNCS-supported services related to improving health-related outcomes  
**Served:** substantive engagement of individuals with a specific health-related goal in mind. Cannot consist solely of mass dissemination of information such as email blasts, social media posts, or distributing pamphlets. |
| **How to Measure/Collect Data** | Tracking mechanism that ensures an unduplicated count of individuals who have received services |

<table>
<thead>
<tr>
<th>H9A (outcome)</th>
<th>Number of individuals who report having increased social support or improved capacity for independent living</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Definition of Key Terms</strong></td>
<td><strong>Individuals:</strong> those reported in H4A</td>
</tr>
</tbody>
</table>
| **How to Measure/Collect Data** | Survey, interview, caseworker assessment, or other instrument capable of measuring changes in social support or perceived social support and/or independent living capacity at the individual beneficiary level. When possible, pre-post assessments should be utilized.  
CNCS is providing a mandatory survey instrument for the Senior Companion Program: Senior Corps Independent Living Survey. |

<table>
<thead>
<tr>
<th>H14 (outcome)</th>
<th>H14: Number of caregivers of older adults and individuals with disabilities who reported having increased social support</th>
</tr>
</thead>
</table>
| **Definition of Key Terms** | **Individuals:** those reported in H4A  
**Older Adults:** Individual age 65 or older  
**Respite Services:** Services that provide temporary relief from the stresses of caregiving by providing short term assistance to and adult who is the primary caregiver for another person.  
**Social ties/perceived social support:** Relationships with other people and or the belief that these people will offer (or have offered) effective help during times of needs. |
| **How to Measure/Collect Data** | Programs should collect data for this measure from surveys, interview, caseworker assessment, or other instrument capable of measuring changes in food security at the individual beneficiary level. When possible, pre-post assessments should be utilized.  
CNCS is providing a mandatory survey instrument for the Senior Companion Program: Senior Corps Respite Care Performance Measure Survey. |
**H15A (outcome)**  
H15A Number of individuals with developmental disabilities receiving services that promote integration and inclusion

**NOTE**  
Senior Corps applicants may only select this measure if they have historically supported programming in this area.

**Definition of Key Terms**  
*Individuals*: those reported in H4A

**How to Measure/Collect Data**  
Survey, interview, caseworker assessment, or other instrument capable of measuring changes in social support or perceived social support and/or independent living capacity at the individual beneficiary level. When possible, pre-post assessments should be utilized.

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**Other Community Priorities**

**Notes:**

- Community Priority Service Activities ensure that SCP programs can continue to engage in appropriate service activities that may not necessarily lead to national performance measures outcomes but do support the intent of the authorizing legislation.
- This work plan is designed to ensure that an activity supported by appropriated funds is represented in the grant application while minimizing data collection burden.
- These activities must be carried out by National Service Participants or by volunteers directly recruited and/or supported by National Service Participants.
- All individuals counted under these measures must be program beneficiaries, not National Service Participants.

**SC1 (output)**  
Yes/ No met all Applicant-Determined Community Priority Service Activity Targets

**Definition of Key Terms**  
*Community Priority Service Activity:*  
1. Service activity conducted by SCP volunteers that may not necessarily lead to national performance measures but:  
   a. Provides opportunities for senior service to meet unmet local and state needs;  
   b. Empowers people 55 years of age or older to contribute to their communities through service, enhance the lives of those who serve and those whom they serve, and provide communities with valuable services; and  
   c. Provides opportunities for people 55 years of age or older to share their knowledge, experiences, abilities, and skills for the betterment of their communities and themselves.  
2. Community priority service activities shall not include any prohibited activities.

**Applicant-Determined Community Priority Service Activity Targets:** Target goals for Community Priority Service Activity that are identified by the program. Unlike national performance measure outputs, these targets are not reported to CNCS. Instead, grantees will report yes/no that they have achieved the target goals for all their Community Priority Service Activities.
## Change Log

This table lists all changes made to this document since September 2018.

<table>
<thead>
<tr>
<th>Date</th>
<th>Change(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>October 2018</strong></td>
<td>• The Appendix now provides clarification on how grantees should properly round unduplicated volunteers in National Performance Measure Work Plans.</td>
</tr>
<tr>
<td></td>
<td>• Minor edits were made to the Other Community Priority notes.</td>
</tr>
<tr>
<td><strong>September 2019</strong></td>
<td>• A few cosmetic updates were made to the document</td>
</tr>
<tr>
<td></td>
<td>• Instructions on what to select, should performance measure options be missing in eGrants were added (pg. 3)</td>
</tr>
<tr>
<td></td>
<td>• A link to the Senior Corps Independent Living and Respite Care Performance Measure Surveys were added to measures H9A and H14 (pg. 4)</td>
</tr>
</tbody>
</table>