



Appendix B.

Version 2019.1 (March 2019)

**Corporation for National and Community Service
Senior Corps**

**Senior Companion Program (SCP) National Performance Measures Instructions
References and Authorities, Definitions, Suggestions regarding Data Collection, and
Additional Notes**

Additional measurement and data collection resources may be found at:

<http://www.nationalservice.gov/resources>

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SCP Performance Measure Requirements

Measured in Unduplicated Volunteers*

1. **Primary Focus Area:** Healthy Futures, Aging in Place, is the Senior Companion Program Primary Focus Area.
2. **Work Plans:** All unduplicated SCP volunteers* must be placed in work plans. Work plans must meet the maximum cost per unduplicated volunteer in outcome assignments requirement below. Work plans may include some combination of national performance measures and other community priorities.
3. **National Performance Measures.** Every national performance measure output must be paired with a single outcome. For each work plan, applicants must select one output and one of the associated outcomes. While beneficiaries may receive benefits associated with more than one available outcome, select only one outcome for each beneficiary served. “Other Community Priorities” work plans are not considered national performance measures.
4. **Other Community Priorities.** A work plan consisting of “Other Community Priorities” may be created by the grantee to address community activities not captured in national performance measures.
5. **Maximum Cost per Unduplicated Volunteer in Outcome Assignments.** For every \$6,000 in annual base federal funding, at least one unduplicated SCP volunteer* must be placed in work plans that result in national performance measure outcomes in the Healthy Futures, Aging in Place focus area.
6. **Rounding Unduplicated Volunteers in Outcome Assignments.** Common arithmetic rules should be used to determine how to round unduplicated volunteers in outcome-based work plans. Grantees should round to the nearest whole number. For example, an SCP grantee with \$98,000 in federal funding would require 16.3 unduplicated volunteers in work plans that result in national performance measure outcomes. Since 16.3 is less than 16.5, this would be rounded down to 16 unduplicated volunteers in work plans that result in national performance measure outcomes. In contrast, a grantee with \$100,000 in federal funding (16.6 volunteers in outcome-based work plans) would round up and require 17 unduplicated volunteers in work plans that result in national performance measures outcomes.

* *Unduplicated SCP Volunteers:* Each volunteer can only be counted once even if they are assigned to more than one service activity. The volunteer should be counted in the area where he/she will make the most impact – in terms of the focus area, the type of service, or the scope of service (such as the most number of hours served).

Complete List of SCP Performance Measures

These selection rules specify allowable output/outcome pairings for National Performance Measures. Applicants must follow these selection rules when using National Performance Measures. Applicants may not select any National Performance Measures that may appear in eGrants if they are not present on this list. Please see the NOFO/ Invitation to Apply for additional information about application requirements.

Focus Area: Healthy Futures

Objective	Selection Rules		Service Activity
	Outputs	Outcomes	
Aging in Place	H4A: Number of individuals served	H9A: Number of individuals who report having increased social support or improved capacity for independent living H14: Number of caregivers of older adults and individuals with disabilities who reported having increased social support	Companionship Nutrition/Food Support Legal Services Transportation Medical Services Opioid/Drug Intervention Elder Justice: Fraud and Scam Prevention Respite Services
Access to Care	H4A: Number of individuals served	H15A: Number of individuals with developmental disabilities receiving services that promote integration and inclusion (for legacy programming only)	Outreach Education/Training Referrals Medical Services Counseling/Coaching Opioid/Drug Intervention Disability Inclusion

Other Community Priorities

Objective	Selection Rules		Service Activity
	Outputs	Outcomes	
Other	SC1: Grantee met their target for community priority activity (Yes/No)	None	N/A

Healthy Futures Focus Area

Focus Area Notes

- These performance measures are intended to measure the impact of activities that meet the aging in place health needs within communities.
- These activities must be carried out by National Service Participants or by volunteers directly recruited and/or supported by National Service Participants.
- All individuals counted under these measures must be program beneficiaries, not National Service Participants.

Applicants that select output H4A may select outcome H9A, H14, or H15A.

H4A (output)	Number of individuals served
Definition of Key Terms	<p>Individuals: recipients of CNCS-supported services related to improving health-related Outcomes</p> <p>Served: substantive engagement of individuals with a specific health-related goal in mind. Cannot consist solely of mass dissemination of information such as email blasts, social media posts, or distributing pamphlets.</p>
How to Measure/Collect Data	Tracking mechanism that ensures an unduplicated count of individuals who have received Services.

H9A (outcome)	Number of individuals who report having increased social support or improved capacity for independent living
Definition of Key Terms	<p>Individuals: those reported in H4A</p> <p>Independent Living: Individuals live in a private residence (home, apartment, mobile home, etc. rather than in an assisted living facility, nursing home, or group home.</p>
How to Measure/Collect Data	<p>CNCS is providing a mandatory survey instrument for the Senior Companion Program- Senior Corps Independent Living Performance Measure Survey. You can find this survey, plus extensive resources to help with its use, at https://www.nationalservice.gov/resources/scp-surveys.</p> <p>Programs should collect data for this measure with the Senior Corps Independent Living Performance Measure Survey completed by older adults/ individuals with disabilities who received companionship services or a survey of a family member or caseworker for those unable to respond to a survey themselves.</p>

H14 (outcome)	Number of caregivers of older adults and individuals with disabilities who reported having increased social support
Definition of Key Terms	<p>Individuals: those reported in H4A</p> <p>Older Adults: Individual age 65 or older</p> <p>Respite Services: Services that provide temporary relief from the stresses of caregiving by providing short term assistance to an adult who is the primary caregiver for another person.</p> <p>Social ties/perceived social support: Relationships with other people and/or the belief that these people will offer (or have offered) effective help during times of needs.</p>

How to Measure/ Collect Data	<p>CNCS is providing a mandatory survey instrument for the Senior Companion Program- Senior Corps Respite Care Performance Measure Survey. You can find this survey, plus extensive resources to help with its use, at https://www.nationalservice.gov/resources/scp-surveys.</p> <p>Programs should collect data for this measure with the Senior Corps Respite Care Performance Measure Survey completed by caregivers of older adults/ individuals with disabilities who received companionship services.</p>
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H15A (outcome)	Number of individuals with developmental disabilities receiving services that promote integration and inclusion (for legacy programs only)
NOTE	Senior Corps applicants may only select this measure if they have historically supported programming in this area.
Definition of Key Terms	Individuals: those reported in H4A
How to Measure/ Collect Data	Survey, interview, caseworker assessment, or other instrument capable of measuring changes in social support or perceived social support and/or independent living capacity at the individual beneficiary level. When possible, pre-post assessments should be utilized.

Other Community Priorities

Notes

- Community Priority Service Activities ensure that SCP programs can continue to engage in appropriate service activities that may not necessarily lead to national performance measures outcomes, but do support the intent of the authorizing legislation.
- This work plan is designed to ensure that an activity supported by appropriated funds is represented in the grant application while minimizing data collection burden.
- These activities must be carried out by National Service Participants or by volunteers directly recruited and/or supported by National Service Participants.
- All individuals counted under these measures must be program beneficiaries, not National Service Participants.

SC1 (output)	Yes/ No met all Applicant-Determined Community Priority Service Activity Targets
Definition of Key Terms	<p>Community Priority Service Activity:</p> <ol style="list-style-type: none"> 1. Service activity conducted by SCP volunteers that may not necessarily lead to national performance measures but: <ol style="list-style-type: none"> a. Provides opportunities for senior service to meet unmet local and state needs; b. Empowers people 55 years of age or older to contribute to their communities through service, enhance the lives of those who serve and those whom they serve, and provide communities with valuable services; and c. Provides opportunities for people 55 years of age or older to share their knowledge, experiences, abilities, and skills for the betterment of their communities and themselves. 2. Community priority service activities shall not include any prohibited activities. <p>Applicant- Determined Community Priority Service Activity Targets: Target goals for Community Priority Service Activity that are identified by the program. Unlike national performance measure outputs, these targets are not reported to CNCS. Instead, grantees will report yes/no that they have achieved the target goals for all their Community Priority Service Activities.</p>